

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 14-14 50 Free							
1	27.21	L	F	Giuliana Vyncke	14	TUKS TSH	29/11/2024 Mpumalanga Championships 2024
2	28.00	L S	F	Christina Orchard	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
3	28.09	L S	F	Cassidy Dewart	14	CA EKU	05/12/2024 EGA Summer Championships
4	28.23	L	F	Sienna Gous	14	INFA NMA	31/01/2025 Infinity Gala 2025
5	28.46	L	F	Zuria Venter	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
6	28.57	L S	F	Izibelle Van Der Wath	14	KNYA EDD	05/12/2024 Western Cape LC-A Championship 2024
7	28.58	L	P	Katelyn Kruger	14	MDOL JHB	29/11/2024 CGA Championships 2024
8	28.66	L	F	Camilla Heuer	14	USC BUF	31/01/2025 Infinity Gala 2025
9	28.87	L	F	Jemmah Roman	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
10	29.04	L S	F	Riziki Magotsi	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
11	29.06	L S	F	Arabella Bayly	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
12	29.12	L	F	Emma Pretorius	14	BLOT MAN	04/12/2024 Free State Champs 2024
13	29.17	L S	F	Simonè Gerber	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
14	29.19	L	F	Emily Higgins	14	CA EKU	26/10/2024 Summer 3 Delville
15*	29.24	L	P	Kaia Lin	14	WATR JHB	29/11/2024 CGA Championships 2024
15*	29.24	L S	F	Sadie Roberts	14	ASA ILD	02/07/2024 Prestige Tournament 2024
17	29.28	L S	P	Arabelle Grütter	14	ROA EDD	05/12/2024 Western Cape LC-A Championship 2024
18	29.30	L	F	Paige Meeser	14	CA EKU	01/02/2025 EGA Last Chance Gala
19	29.32	L	F	Bellame Mostert	14	PEAS NMA	13/12/2024 NMBA Championships 2024
20	29.41	L	F	Maya Mgcina	14	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
21	29.43	L	F	Isabel Kuhn	14	PEAS NMA	15/06/2024 PEA Winter Gala 2024
22	29.47	L	P	Lily Solomon	14	WATR JHB	29/11/2024 CGA Championships 2024
23	29.49	L	F	Jade Van Vuuren	14	WATR JHB	29/11/2024 CGA Championships 2024
24	29.53	L	P	Danielle Bam	14	VRC TSH	29/11/2024 CGA Championships 2024
25	29.54	L S	P	Kate Douglas	14	BAS EKU	05/12/2024 EGA Summer Championships
26	29.56	L	F	Ella Jv Rensburg	14	SS MPD	29/11/2024 Limpopo Champs 2024
27	29.58	L	F	Isabelle Welgemoed	14	BLSS MAN	25/10/2024 Neptunes Gala
28	29.59	L	P	Gemma Walters	14	DORE JHB	29/11/2024 CGA Championships 2024
29	29.62	L	F	Caitlin Crowther	14	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
30	29.64	L S	F	Rachel Sheard	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
31	29.71	L S	F	Caitlin Evans	14	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
32	29.73	L	F	Milan Ferreira	14	TASC MPD	29/11/2024 Limpopo Champs 2024
33	29.80	L S	P	Mikalla Laubscher	14	ASAC CPT	05/12/2024 Western Cape LC-A Championship 2024
34	29.81	L	F	Minette Van Zyl	14	INFA NMA	03/08/2024 2nd A League Gala 2024
35	29.83	L	F	Odette Upton	14	HSBV SKD	01/02/2025 Limpopo School Champs & Limpopo AG
36	29.91	L	F	Beané Noeth	14	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
37	30.22	L	F	Kristen Billett	14	ELEC TSH	13/09/2024 NTS September Age Group 2024
38	30.23	L	F	Amore Oosthuizen	14	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
39	30.26	L	F	Megan Jansen	14	UNIU EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
40	30.30	L	F	Inneke Liebenberg	14	POTC KKD	07/12/2024 NWS Championships 2024
41	30.34	L	F	Eliecia Chivandire	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
42	30.38	L	F	Arne' Dreyer	14	STAQ CED	09/11/2024 Winelands SL4
43	30.42	L	F	Ella Van der Vyver	14	ASA ILD	07/12/2024 Stingrays Champs 2024
44	30.43	L S	P	Zora Melka	14	TUKS TSH	05/12/2024 EGA Summer Championships
45	30.45	L	F	Eva Wildman	14	MAKO EKU	12/10/2024 EGA Summer 2
46	30.48	L	F	Riley Gouws	14	ASA ILD	25/01/2025 uShaka Champs 2025
47	30.53	L	F	Kacey Hughes	14	STSC KCD	09/11/2024 KCDA Age Goup 2 2024
48	30.55	L	F	Caitlin Rossiter	14	HREF BPD	07/12/2024 NWS Championships 2024
49	30.56	L	F	Kirsty Koegelenberg	14	BLUO UGD	07/12/2024 Stingrays Champs 2024
50	30.62	L	P	Shalem Mashingaidze	14	WATR JHB	29/11/2024 CGA Championships 2024
51	30.64	L	F	Katya O'Brien	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
52	30.66	L	F	Eleni vd Merwe	14	TUKS TSH	13/09/2024 NTS September Age Group 2024
53	30.73	L	P	Caitlin Knight	14	WATR JHB	29/11/2024 CGA Championships 2024
54	30.74	L	F	Mila Fourie	14	MATL KKD	07/12/2024 NWS Championships 2024
55	30.78	L	P	Alexandra Hodgson-Jervis	14	AA JHB	29/11/2024 CGA Championships 2024
56	30.82	L	F	Sharni-Marie Watson	14	HPS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
57	30.94	L	F	Sabella Serdyn	14	INFA NMA	13/12/2024 NMBA Championships 2024
58	30.99	L	F	Meandri De Vos	14	BLOT MAN	04/12/2024 Free State Champs 2024

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	Time	P/F/S	Name	Age/Yr			
59*	31.00	L	F	Jhuliana Lamprecht	14	CA EKU	12/10/2024 EGA Summer 2
59*	31.00	L	F	Aryana Cloete-Hopkins	14	SSISA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
61	31.01	L	F	Marion Alala	14	TUKS TSH	07/12/2024 NCSA INVITATIONAL SWIMMING
62*	31.04	L	F	Ella-Mae Henning	14	VRC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
62*	31.04	L	F	Lizelle Venter	14	TUKS TSH	13/09/2024 NTS September Age Group 2024
64*	31.05	L	F	Dedre Engelbrecht	14	RBOT BPD	10/01/2025 2024 Grand Prix Invitation Swimming
64*	31.05	L	F	Zané Grobler	14	FISH EDD	17/08/2024 Madibaz Swim Meet 2024
66	31.06	L	P	Indigo Woodburn	14	MDOL JHB	29/11/2024 CGA Championships 2024
67	31.09	L	F	Deryn Filday	14	RSA	04/10/2024 Curro AquaElite Gala
68	31.14	L	F	Dayna Van Niekerk	14	BLNE MAN	04/12/2024 Free State Champs 2024
69	31.19	L S	P	Logan Riley	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
70	31.20	L	P	Taylor Kassebaum	14	AA JHB	29/11/2024 CGA Championships 2024
71	31.25	L	F	Hailey Blewett	14	HREF BPD	07/12/2024 NWS Championships 2024
72	31.32	L	P	Kapitolina Xaba	14	SASE JHB	29/11/2024 CGA Championships 2024
73*	31.35	L	F	Suri Cloete	14	RFA TSH	07/12/2024 NWS Championships 2024
73*	31.35	L	P	Emma Gallant Da Silva	14	MDOL JHB	29/11/2024 CGA Championships 2024
75	31.37	L	F	Minke Bester	14	POTC KKD	09/11/2024 NWS Age Group 1 & 2 2024
76	31.40	L	P	Jessica Miller	14	CRSC JHB	29/11/2024 CGA Championships 2024
77	31.47	L	P	Tuduetso Onyadile	14	BLSS MAN	04/12/2024 Free State Champs 2024
78	31.50	L S	P	Madison Smith	14	CA EKU	05/12/2024 EGA Summer Championships
79	31.51	L	F	Emma Lee Vd Westhuizen	14	HSBV SKD	08/10/2024 Limpopo Top 8 - High Schools
80*	31.52	L S	F	Isla Leiper	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
80*	31.52	L S	F	Cara Visser	14	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
82	31.53	L	F	Marny Du Plessis	14	SS MPD	29/11/2024 Limpopo Champs 2024
83	31.58	L	F	Minette Swartz	14	NHS EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
84	31.62	L	P	Kerryn Kotze	14	RACE JHB	29/11/2024 CGA Championships 2024
85	31.63	L	P	Rachel Fairweather	14	WATR JHB	29/11/2024 CGA Championships 2024
86	31.66	L	P	Anna Cloete	14	QUES JHB	29/11/2024 CGA Championships 2024
87*	31.67	L S	P	Nia O'Carroll	14	STAQ CED	05/12/2024 Western Cape LC-A Championship 2024
87*	31.67	L	F	Macayla Lamprecht	14	CA EKU	12/10/2024 EGA Summer 2
89	31.69	L S	P	Micah Marx	14	CA EKU	05/12/2024 EGA Summer Championships
90	31.71	L S	P	Erin Lewis	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
91*	31.74	L S	P	Lenè Basson	14	TGA WCD	05/12/2024 Western Cape LC-A Championship 2024
91*	31.74	L	P	Taylor Reichman-Israelsohn	14	WATR JHB	29/11/2024 CGA Championships 2024
93	31.75	L	P	Therese Van den Berg	14	CRSC JHB	29/11/2024 CGA Championships 2024
94	31.77	L	P	Shayla Whyte	14	MDOL JHB	29/11/2024 CGA Championships 2024
95*	31.79	L S	F	Miya Krog	14	SAAW CPT	02/11/2024 CTA A & B CHAMPS 2024
95*	31.79	L	F	Jeane Smith	14	VRC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
97	31.91	L S	F	Lily Otterbach	14	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
98	31.92	L	F	Zoey Faircliff	14	OHAN ILD	25/01/2025 uShaka Champs 2025
99	31.95	L	F	Lehane Lategan	14	FAAC	05/10/2024 FLAMINGO GALA OCT 2024
100	32.00	L	F	Maré Coetzee	14	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
101	32.05	L	P	Marguerite Cockeran	14	DRGN EKU	29/11/2024 CGA Championships 2024
102	32.10	L	F	Acaylia Holman	14	VINE CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
103	32.12	L	P	Kirsten Pirow	14	WATR JHB	29/11/2024 CGA Championships 2024
104*	32.13	L	P	Lillee Evans	14	RACE JHB	29/11/2024 CGA Championships 2024
104*	32.13	L	F	Ange Dore	14	RSA	04/10/2024 Curro AquaElite Gala
106	32.15	L	F	Emma Nolan	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
107	32.16	L	P	Madison Harper	14	KNYA EDD	15/06/2024 PEA Winter Gala 2024
108	32.19	L	F	Maya Meyer	14	BULS MAN	25/10/2024 Neptunes Gala
109*	32.21	L S	F	Rachel Smith	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
109*	32.21	L	F	Willow Hunter	14	BULS MAN	09/11/2024 Bull Sharks Gala
109*	32.21	L S	P	Kyla Schäfer	14	KNYA EDD	05/12/2024 Western Cape LC-A Championship 2024
112	32.22	L	F	Mieke Griffiths	14	HTSM NG	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
113	32.23	L	F	Tanita Packery	14	USC BUF	22/11/2024 BCA Long Course Championships 2024
114	32.24	L S	F	Takalani Mudau	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
115	32.28	L S	P	Chelsea-Jean Botha	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
116	32.30	L S	F	Kirsten Myers	14	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
117*	32.31	L S	P	Gabriella Goncalves	14	SOUL EKU	05/12/2024 EGA Summer Championships

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	Time	P/F/S	Name	Age/Yr			
117*	32.31 L	P	Noa Mansill	14	WSS LLD	04/12/2024	Free State Champs 2024
119	32.33 L	F	Kayden O'connor	14	PEAS NMA	16/11/2024	5th A League Gala 2024
120	32.35 L	F	Milnie Du Toit	14	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
121	32.37 L	F	Summer du Plessis	14	BLOT MAN	09/11/2024	Bull Sharks Gala
122	32.38 L S	F	Amber Leibbrandt	14	SEAL UMD	02/07/2024	Prestige Tournament 2024
123*	32.40 L	F	Emily Watson	14	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
123*	32.40 L	F	Jessica Matthysen	14	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
125	32.41 L S	F	Cailyn Clowes	14	PSCP UMD	02/07/2024	Prestige Tournament 2024
126	32.43 L	P	Paige Van Niekerk	14	PER JHB	29/11/2024	CGA Championships 2024
127	32.49 L	F	Shane Swarts	14	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024
128*	32.54 L	P	Anabella Borges	14	SWIM1 JHB	29/11/2024	CGA Championships 2024
128*	32.54 L S	P	Leah Boardman	14	CA EKU	05/12/2024	EGA Summer Championships
130*	32.55 L	F	Marina Cussons	14	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
130*	32.55 L	P	Christa de Beer	14	POTC KKD	07/12/2024	NWS Championships 2024
132	32.56 L	F	Menincke Genis	14	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
133	32.72 L S	P	Victoria Bulhakova	14	SWIFT EKU	05/12/2024	EGA Summer Championships
134	32.73 L	F	Zoe Janse van Vuuren	14	CSA EZD	29/11/2024	Mpumalanga Championships 2024
135	32.77 L S	F	Lexi Schou	14	SFSC CPT	02/11/2024	CTA A & B CHAMPS 2024
136	32.81 L S	F	Juanè Burger	14	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
137	32.84 L	F	Holly McAfee	14	FISH EDD	31/01/2025	Infinity Gala 2025
138	32.87 L	P	Cecilia Breedt	14	DORE JHB	29/11/2024	CGA Championships 2024
139	32.89 L	F	Anieke Prinsloo	14	BETH FDD	25/10/2024	Neptunes Gala
140	32.90 L	F	Mia Janse van Rensburg	14	CUR EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
141	33.03 L	P	Keira Palmer	14	CRSC JHB	29/11/2024	CGA Championships 2024
142	33.05 L	F	Tiffany Prins	14	KALS	05/10/2024	FLAMINGO GALA OCT 2024
143	33.06 L	F	Helena Rookan-Smith	14	LATE GED	09/11/2024	Winelands SL4
144	33.07 L	F	Marlo Lensing	14	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
145	33.09 L	P	Lechelle Rossouw	14	BLNE MAN	04/12/2024	Free State Champs 2024
146	33.14 L	F	Dune Haasbroek	14	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
147	33.19 L	F	Dylan Van Vuuren	14	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024
148	33.29 L	F	Brogan Torrie	14	RSA	04/10/2024	Curro AquaElite Gala
149	33.32 L S	F	Sophia Wener	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
150*	33.35 L	F	Chloe Struwig	14	OHAN ILD	25/01/2025	uShaka Champs 2025
150*	33.35 L S	P	Erin van der Linde	14	SOUL EKU	05/12/2024	EGA Summer Championships
152	33.37 L	F	Paityn Wilson	14	BEST NMA	31/01/2025	Infinity Gala 2025
153	33.39 L	F	Alwande Hlatshwayo	14	USH KCD	26/10/2024	Froggies Aquatics Championships 2024
154	33.40 L	P	Clarisse Barnard	14	BLSS MAN	04/12/2024	Free State Champs 2024
155	33.45 L S	F	Jasmine Goldman	14	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
156	33.49 L	P	Suné Coetzee	14	POTC KKD	07/12/2024	NWS Championships 2024
157	33.54 L	F	Lirese Meintjes	14	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
158	33.59 L	F	Hyzel Hutchison	14	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
159	33.61 L	F	Kara Barnard	14	TRALI MAN	19/10/2024	Pelicans Gala 2
160	33.63 L	P	Shelby Trollip	14	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
161	33.71 L S	F	Sarah Sykes	14	PSCP UMD	02/07/2024	Prestige Tournament 2024
162	33.72 L	P	Ella-Jane Johnson	14	AAS JHB	29/11/2024	CGA Championships 2024
163	33.74 L	F	Margit Mihalik	14	RFA TSH	07/12/2024	NWS Championships 2024
164	33.75 L S	F	Aeshah Hendricks	14	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024
165	33.79 L S	F	Chloe Damons	14	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET
166	33.82 L	F	Marubini Matumba	14	JAQ EKU	12/10/2024	EGA Summer 2
167	33.84 L S	F	Sanaa Talip	14	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024
168	33.91 L	P	Isabella Dos Santos	14	PER JHB	29/11/2024	CGA Championships 2024
169	33.92 L	F	Kasia Morris	KN	VASA EKU	12/10/2024	EGA Summer 2
170	33.94 L	F	April Allam	14	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
171	34.00 L	F	Genevieve Agudo	14	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
172*	34.03 L S	F	Erin Lewin	14	UWCA CPT	02/11/2024	CTA A & B CHAMPS 2024
172*	34.03 L	P	Melinda Dippenaar	14	BS LLD	04/12/2024	Free State Champs 2024
174	34.04 L	F	Ella Maurice	14	RSA	04/10/2024	Curro AquaElite Gala
175	34.15 L	P	Anri Maree	14	BS LLD	04/12/2024	Free State Champs 2024
176	34.20 L	F	Yolanda Noble	14	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala

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177	34.25	L	P	Huei-Ing Chen	14	DORE JHB	29/11/2024 CGA Championships 2024
178	34.29	L	F	Emma Clouston	14	HAAG JTD	07/12/2024 Uthukela District Age Group Gala
179	34.31	L	F	Arike Juul	14	WELL CED	09/11/2024 Winelands SL4
180	34.32	L	F	Taylor Tredoux	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
181	34.33	L	F	Talitha Schuch	14	LEGC ETH	01/02/2025 KCDA Age Group 4 2024
182	34.35	L	F	Leahtilia van Rensburg	14	VREDE TMD	19/10/2024 Pelicans Gala 2
183	34.38	L	F	Alri Venter	14	PHS CCD	08/10/2024 Limpopo Top 8 - High Schools
184*	34.40	L	F	Leani Mitchell	14	NWUC KKD	23/11/2024 NWS Age Group 3 + 4 2024
184*	34.40	L	P	Anje Stoltz	14	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
186	34.41	L	P	Tamsyn Thomson	14	BULS MAN	04/12/2024 Free State Champs 2024
187	34.43	L	F	Kayden Mauer	14	USC BUF	22/11/2024 BCA Long Course Championships 2024
188	34.45	L S	P	Skyla Reddy	14	SWIFT EKU	05/12/2024 EGA Summer Championships
189	34.49	L S	F	Jasmine Hirshovitz	14	ASAC CPT	21/09/2024 CTA INVITATIONAL LC MEET
190	34.50	L	F	Lurette du Toit	14	BLOT MAN	24/08/2024 Kovsie Gala 2
191	34.55	L	F	Maria Davids	14	AQUA BUF	22/11/2024 BCA Long Course Championships 2024
192*	34.59	L	F	Robynn Coetzer	14	RBOT BPD	07/12/2024 NWS Championships 2024
192*	34.59	L	F	Anchen (Jnr) Jv Rensburg	14	TUKS TSH	13/09/2024 NTS September Age Group 2024
194	34.65	L	F	Taaliah Williams	14	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
195	34.66	L S	F	Sade Santos	14	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
196	34.67	L	F	Miane Van Veelen	14	TASC MPD	09/11/2024 Limpopo Age Group 5
197	34.70	L	F	Samantha Gwamure	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
198	34.73	L	F	Jaunike Olivier	14	AQUA JTD	11/01/2025 Uthukela District Age Group Gala
199	34.74	L	F	Johane Human	14	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
200	34.75	L	F	Mienke Vd Bank	14	CUHE OBD	17/10/2024 43rd Freda Barnard Invitational Gala
201	34.89	L	F	Awet Nsibirwa	14	DDA TSH	01/02/2025 EGA Last Chance Gala
202	34.93	L	F	Luca Alexander	14	MARL CPT	17/10/2024 43rd Freda Barnard Invitational Gala
203	35.02	L	F	Danique Hefer	14	ELRAS WBD	12/10/2024 Limpopo Age Group 4
204	35.09	L	F	Leandri Haasbroek	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
205	35.22	L S	P	Kitana Govender	14	BEAV ETH	02/07/2024 Prestige Tournament 2024
206	35.24	L	F	Chloe Coetsee	14	ROB EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
207	35.25	L	P	Janke Steenkamp	14	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
208	35.26	L S	P	Drishti Rawjee	14	MAKO EKU	05/12/2024 EGA Summer Championships
209	35.27	L	F	Chanri Pretorius	14	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
210*	35.28	L	F	Buhlebemvelo Mdluli	14	WSTV ETH	25/01/2025 uShaka Champs 2025
210*	35.28	L	F	Nicalhe Marshall	14	ROB EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
212	35.33	L S	P	Emma Bartholomew	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
213	35.47	L	F	Lesedi Mashabela	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
214	35.55	L	F	Juliette Leher	14	HSTAN MP	08/10/2024 Limpopo Top 8 - High Schools
215	35.62	L	F	Jayne Roebuck	14	CA EKU	26/10/2024 Summer 3 Delville
216	35.66	L	F	Nenekazi Taole	14	SWIFT EKU	01/02/2025 EGA Last Chance Gala
217	35.68	L	F	Maria Erhard	14	CA EKU	26/10/2024 Summer 3 Delville
218	35.69	L S	F	Sabrina Oaten	14	SFSC CPT	02/11/2024 CTA A & B CHAMPS 2024
219	35.70	L S	P	Isabella September	14	TUKS TSH	05/12/2024 EGA Summer Championships
220	35.80	L	F	Ane' Claassen	14	TUKS TSH	13/09/2024 NTS September Age Group 2024
221*	35.92	L	F	Mamello Mabuza	14	ESP EKU	01/02/2025 EGA Last Chance Gala
221*	35.92	L S	P	Ashleigh Goncalves	14	CA EKU	05/12/2024 EGA Summer Championships
223	36.09	L	F	Rerapetse Ramohale	14	RBOT BPD	23/11/2024 NWS Age Group 3 + 4 2024
224	36.11	L	F	Layla Cronin	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
225	36.14	L	P	Bianca Rayfield	14	SASE JHB	29/11/2024 CGA Championships 2024
226	36.18	L	P	Liyema Mabhele	14	PER JHB	29/11/2024 CGA Championships 2024
227	36.21	L	P	Johandri Pool	14	BLSS MAN	04/12/2024 Free State Champs 2024
228	36.24	L S	F	Giselle Engelbrecht	14	HTSA CPT	02/11/2024 CTA A & B CHAMPS 2024
229	36.29	L	F	Emilia de Freitas	14	MAKO EKU	12/10/2024 EGA Summer 2
230	36.30	L	F	Nolene Badenhorst	14	LALE CED	09/11/2024 Winelands SL4
231	36.34	L	F	Gabriella Oelofse	14	TNDER FDD	27/09/2024 Seals Gala 2
232	36.38	L	F	Hailey Hinze	14	UNI EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
233	36.39	L	F	Rethabile Ncube	14	TUKS TSH	13/09/2024 NTS September Age Group 2024
234	36.40	L	P	Elizma Jacobs	14	RBUR BPD	07/12/2024 NWS Championships 2024
235	36.51	L	F	Zoe Mills	14	DESA NMA	14/09/2024 3rd A League Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236	36.58 L	F	Karla Lemmer	14	USH KCD	09/11/2024	KCDA Age Goup 2 2024
237*	36.63 L	F	Lulu Salie	14	LALE CED	09/11/2024	Winelands SL4
237*	36.63 L S	P	Thenysia Padmanathan	14	SOUL EKU	05/12/2024	EGA Summer Championships
239	36.65 L	F	Limay Schutte	14	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
240	36.67 L	P	Mika Fourie	14	NWUC KKD	07/12/2024	NWS Championships 2024
241	36.70 L	P	Carli Coetzee	14	QUES JHB	29/11/2024	CGA Championships 2024
242	36.73 L S	P	Carla Van der Merwe	14	PSCP UMD	02/07/2024	Prestige Tournament 2024
243	36.80 L S	P	Mpho Mwanza	14	ESP EKU	05/12/2024	EGA Summer Championships
244	36.83 L	P	Zahra Bawa	14	ATLA JHB	29/11/2024	CGA Championships 2024
245	36.88 L	F	Stella Combrink	14	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
246	36.96 L S	P	Mikal Newete	14	CA EKU	05/12/2024	EGA Summer Championships
247	37.02 L	F	Leruschke Van Heerden	14	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
248	37.12 L	F	Kiara Wood	14	RSA	04/10/2024	Curro AquaElite Gala
249	37.16 L S	F	Hannaan Mia	14	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
250	37.20 L	F	Elle Van der Ahee	14	MHS NGD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
251	37.39 L	P	Lisa Getye	14	AQUA BUF	15/06/2024	PEA Winter Gala 2024
252	37.40 L	P	Kelsey-Lee Wagner	14	AA JHB	29/11/2024	CGA Championships 2024
253	37.50 L	P	Boipelo Onyadile	14	BLSS MAN	04/12/2024	Free State Champs 2024
254	37.56 L	F	Shiloh Paulse	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
255	37.88 L	F	Victoria Hofheld	14	CA EKU	26/10/2024	Summer 3 Delville
256	37.90 L	F	Taylin Van Wyk	14	PENC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
257	38.36 L S	P	Oratilwe Mooko	14	PGAC EKU	05/12/2024	EGA Summer Championships
258	38.43 L	F	Milé Claassens	14	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
259	38.53 L	P	Lintle Ramone	14	MATL KKD	07/12/2024	NWS Championships 2024
260	38.54 L	F	Abi Daniel	14	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
261	38.55 L	F	Diëm Peens	14	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
262	38.58 L	F	Lelanie Marais	14	LAD UTD	07/12/2024	Uthukela District Age Group Gala
263	38.59 L	F	Ella Odendaal	14	VREDE TMD	15/11/2024	Valsrivier Gala 2024
264	38.79 L	F	Monique Le Roux	14	KALA	15/11/2024	AGE GROUP 2 KATHU 2024
265	38.80 L	F	Gerda Clarke	14	DESA NMA	31/01/2025	Infinity Gala 2025
266	38.83 L S	F	Lo-Marie Rossouw	14	XCEL CPT	21/09/2024	CTA INVITATIONAL LC MEET
267	38.85 L	F	Mine Joubert	14	BETH FDD	27/09/2024	Seals Gala 2
268*	38.98 L S	P	Melissa Beasley	14	H2O EKU	05/12/2024	EGA Summer Championships
268*	38.98 L	F	Anika Le Roux	14	HSS MP	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
270	39.10 L	F	Roshelle Van Niekerk	14	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
271	39.11 L	F	Sarona Boiteto	14	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
272	39.40 L	P	Oresiametse Sekonya	14	MATL KKD	07/12/2024	NWS Championships 2024
273	39.68 L	F	Nikkie Klink	14	JAQ EKU	12/10/2024	EGA Summer 2
274	39.72 L	P	Zahiyah Khan	14	BLSS MAN	04/12/2024	Free State Champs 2024
275	39.82 L	F	Gite-Mari Malherbe	14	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
276	39.85 L S	F	Tiana Ziervogel	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
277	39.97 L	F	Alexi Schuch	14	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
278	40.21 L S	P	Thobeka Khumalo	14	JAQ EKU	05/12/2024	EGA Summer Championships
279	40.27 L	F	Tina-Marie Nel	14	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
280	40.77 L	F	Bianca Benade	14	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
281	41.43 L S	F	Keona Carpenter	14	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
282	42.20 L S	P	Boitshupo Mthembu	14	USHAK EKU	05/12/2024	EGA Summer Championships
283	42.36 L	F	Melisca Krige	14	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
284	42.90 L	F	Siphiwayinkosi Mnisi	14	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
285	43.30 L	F	Skylor Smith	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
286	43.33 L	F	Jacqueline Pieterse	14	FSE KCD	07/12/2024	Stingrays Champs 2024
287	44.40 L	F	Larona Tihasi	14	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
288	44.89 L	F	Reneilwe Masanabo	14	ATTE TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
289	44.98 L	F	Robyn Belcham	14	HURA CPT	09/11/2024	Swartland Prestige Gala 2024
290	45.10 L	F	Takira Petersen	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
291	46.30 L	F	Lutendo Mphelo	14	BLSS MAN	27/09/2024	Seals Gala 2
292	47.06 L	F	Angelique Nkambule	14	PENC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
293	53.35 L	F	Lekeshia Cameron	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
294	56.27 L	F	Anuschka Swanepoel	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
295	1:15.38 L	F	Usenathi Segone	14	BLNE MAN	09/11/2024	Bull Sharks Gala	
Women 14-14 100 Free								
1	1:00.48 L	P	Giuliana Vyncke	14	TUKS FSH	29/11/2024	Mpumalanga Championships 2024	
2	1:00.71 L	F	Sienna Gous	14	INFA NMA	31/01/2025	Infinity Gala 2025	
3	1:01.24 L	F	Zuria Venter	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7	
4	1:01.57 L	F	Kato' van Niekerk	14	TUKS FSH	13/09/2024	NTS September Age Group 2024	
5	1:01.80 L	F	Camilla Heuer	14	USC BUF	31/01/2025	Infinity Gala 2025	
6	1:02.26 L	F	Arabelle Grütter	14	ROA EDD	15/06/2024	PEA Winter Gala 2024	
7	1:02.41 L	F	Maya Mgcina	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7	
8	1:02.42 L	F	Caitlin Evans	14	CTA CPT	11/01/2025	EDEN INTER DISTRICT PRESTIGE	
9	1:02.54 L	F	Bellame Mostert	14	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
10	1:02.71 L	F	Emily Higgins	14	CA ECU	05/12/2024	EGA Summer Championships	
11	1:03.02 L	F	Izibelle Van Der Wath	14	KNYA EDD	31/01/2025	Infinity Gala 2025	
12	1:03.27 L	F	Kaia Lin	14	WATR JHB	29/11/2024	CGA Championships 2024	
13	1:03.28 L	F	Lily Solomon	14	WATR JHB	29/11/2024	CGA Championships 2024	
14	1:03.30 L	F	Christina Orchard	14	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
15	1:03.44 L	F	Cassidy Dewart	14	CA ECU	05/12/2024	EGA Summer Championships	
16*	1:03.45 L	F	Cara Visser	14	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024	
16*	1:03.45 L	F	Sadie Roberts	14	ASA ILD	02/07/2024	Prestige Tournament 2024	
18	1:03.78 L	F	Emma Pretorius	14	BLOT MAN	11/10/2024	Otters Prestige Gala 2024	
19	1:03.93 L	F	Darina Milanova	14	PAC FSH	13/09/2024	NTS September Age Group 2024	
20	1:04.08 L	F	Katelyn Kruger	14	MDOL JHB	29/11/2024	CGA Championships 2024	
21	1:04.15 L	F	Isabel Kuhn	14	PEAS NMA	16/11/2024	5th A League Gala 2024	
22	1:04.18 L	F	Paige Meeser	14	CA ECU	01/02/2025	EGA Last Chance Gala	
23	1:04.28 L	F	Kacey Hughes	14	STSC KCD	25/01/2025	uShaka Champs 2025	
24	1:04.43 L	F	Jemmah Roman	14	INFA NMA	31/01/2025	Infinity Gala 2025	
25	1:04.46 L	P	Caitlin Crowther	14	TUKS FSH	05/12/2024	EGA Summer Championships	
26	1:04.68 L	P	Mikalla Laubscher	14	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024	
27	1:04.76 L	P	Simonè Gerber	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
28	1:04.98 L	F	Minette Van Zyl	14	INFA NMA	16/11/2024	5th A League Gala 2024	
29	1:05.13 L	P	Anieka Louw	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
30	1:05.18 L	F	Sharni-Marie Watson	14	HPS FSH	13/09/2024	NTS September Age Group 2024	
31	1:05.29 L	F	Kate Douglas	14	BAS ECU	01/02/2025	EGA Last Chance Gala	
32	1:05.33 L	F	Danielle Bam	14	VRC FSH	29/11/2024	CGA Championships 2024	
33	1:05.58 L	F	Reese Noble	14	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024	
34	1:05.59 L	F	Jade Van Vuuren	14	WATR JHB	29/11/2024	CGA Championships 2024	
35	1:05.62 L	F	Beané Noeth	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
36	1:05.66 L	F	Milan Ferreira	14	TASC MPD	29/11/2024	Limpopo Champs 2024	
37	1:05.77 L	F	Kirsty Koegelenberg	14	BLUO UGD	07/12/2024	Stingrays Champs 2024	
38*	1:05.83 L	F	Caitlin Rossiter	14	HREF BPD	07/12/2024	NWS Championships 2024	
38*	1:05.83 L	F	Odetta Upton	14	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo AG	
40	1:05.90 L	F	Ella Jv Rensburg	14	SS MPD	29/11/2024	Limpopo Champs 2024	
41	1:05.99 L	F	Katya O'Brien	14	MDOL JHB	29/11/2024	CGA Championships 2024	
42	1:06.11 L	F	Riziki Magotsi	14	CTA CPT	11/01/2025	EDEN INTER DISTRICT PRESTIGE	
43	1:06.13 L	F	Kerryn Kotze	14	RACE JHB	29/11/2024	CGA Championships 2024	
44	1:06.17 L	F	Sabella Serdyn	14	INFA NMA	13/12/2024	NMBA Championships 2024	
45	1:06.19 L	P	Shalem Mashingaidze	14	WATR JHB	29/11/2024	CGA Championships 2024	
46	1:06.31 L	F	Minke Bester	14	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024	
47	1:06.32 L	P	Caitlin Knight	14	WATR JHB	29/11/2024	CGA Championships 2024	
48	1:06.41 L	F	Ella Van der Vyver	14	ASA ILD	25/01/2025	uShaka Champs 2025	
49	1:06.42 L	F	Nikita Govind	14	TRAZ FSH	13/09/2024	NTS September Age Group 2024	
50	1:06.55 L	F	Isabelle Welgemoed	14	BLSS MAN	04/12/2024	Free State Champs 2024	
51	1:06.88 L	F	Rachel Sheard	14	SEAL UMD	02/07/2024	Prestige Tournament 2024	
52	1:07.00 L	P	Zané Grobler	14	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024	
53*	1:07.11 L	F	Riley Gouws	14	ASA ILD	25/01/2025	uShaka Champs 2025	
53*	1:07.11 L	F	Inneke Liebenberg	14	POTC KKD	07/12/2024	NWS Championships 2024	
55	1:07.28 L	F	Deryn Filday	14	RSA	04/10/2024	Curro AquaElite Gala	
56	1:07.41 L	P	Kirsten Pirow	14	WATR JHB	29/11/2024	CGA Championships 2024	
57	1:07.42 L	F	Nia O'Carroll	14	STAQ CED	09/11/2024	Winelands SL4	

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
58	1:07.46	L	P	Amore Oosthuizen	14	CSA EZD	29/11/2024 Mpumalanga Championships 2024
59	1:07.49	L	F	Micah Marx	14	CA EKU	12/10/2024 EGA Summer 2
60	1:07.62	L	P	Mila Fourie	14	MATL KKD	07/12/2024 NWS Championships 2024
61	1:07.66	L	F	Acaylia Holman	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
62*	1:07.72	L	F	Macayla Lamprecht	14	CA EKU	01/02/2025 EGA Last Chance Gala
62*	1:07.72	L	P	Logan Riley	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
64	1:07.74	L	F	Dedre Engelbrecht	14	RBOT BPD	07/12/2024 NWS Championships 2024
65	1:07.83	L	F	Emily Watson	14	ELEC TSH	13/09/2024 NTS September Age Group 2024
66	1:07.91	L	P	Indigo Woodburn	14	MDOL JHB	29/11/2024 CGA Championships 2024
67	1:07.95	L	F	Ankia Avenant	14	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
68	1:07.97	L	F	Zora Melka	14	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
69	1:08.06	L	F	Katie Van Wyk	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
70*	1:08.20	L	P	Rachel Fairweather	14	WATR JHB	29/11/2024 CGA Championships 2024
70*	1:08.20	L	F	Ella-Mae Henning	14	VRC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
72	1:08.24	L	F	Marion Alala	14	TUKS TSH	07/12/2024 NCSA INVITATIONAL SWIMMING
73	1:08.35	L	F	Suri Cloete	14	RFA TSH	07/12/2024 NWS Championships 2024
74	1:08.40	L	F	Taylor Kassebaum	14	AA JHB	10/01/2025 2024 Grand Prix Invitation Swimming
75	1:08.54	L	P	Kapitolina Xaba	14	SASE JHB	29/11/2024 CGA Championships 2024
76*	1:08.59	L	P	Madison Smith	14	CA EKU	05/12/2024 EGA Summer Championships
76*	1:08.59	L	F	Ange Dore	14	RSA	04/10/2024 Curro AquaElite Gala
78	1:08.66	L	P	Jeane Smith	14	VRC TSH	05/12/2024 EGA Summer Championships
79	1:08.76	L	P	Hailey Blewett	14	HREF BPD	07/12/2024 NWS Championships 2024
80	1:08.85	L	F	Lily Otterbach	14	TYGE CPT	09/11/2024 Winelands SL4
81	1:08.86	L	F	Lehane Lategan	14	FAAC	05/10/2024 FLAMINGO GALA OCT 2024
82	1:08.92	L	P	Madison Thirsk	14	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
83	1:09.02	L	F	Tatiana Thomatos	14	QUIC CPT	09/11/2024 Swartland Prestige Gala 2024
84	1:09.15	L	F	Summer du Plessis	14	BLOT MAN	10/08/2024 Kovsies Gala 1
85	1:09.27	L	P	Lillee Evans	14	RACE JHB	29/11/2024 CGA Championships 2024
86	1:09.28	L	F	Megan Jansen	14	UNI U EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
87	1:09.37	L	P	Noa Mansill	14	WSS LLD	04/12/2024 Free State Champs 2024
88	1:09.43	L	F	Maria Barreiros	14	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
89	1:09.50	L	F	Lenè Basson	14	TGA WCD	21/09/2024 CTA INVITATIONAL LC MEET
90	1:09.57	L	F	Gemma Goelst	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
91	1:09.63	L	F	Zoey Faircliff	14	OHAN ILD	25/01/2025 uShaka Champs 2025
92	1:09.69	L	F	Isla Leiper	14	LEGC ETH	01/02/2025 KCDA Age Group 4 2024
93	1:09.82	L	F	Scarlett Friis	14	KLOO ETH	14/06/2024 AQZ Winter Warmer 2024
94	1:09.87	L	P	Minette Swartz	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
95*	1:09.88	L	F	Lechelle Rossouw	14	BLNE MAN	13/12/2024 NMBA Championships 2024
95*	1:09.88	L	P	Emma Gallant Da Silva	14	MDOL JHB	29/11/2024 CGA Championships 2024
97	1:09.99	L	P	Jessica Miller	14	CRSC JHB	29/11/2024 CGA Championships 2024
98	1:10.30	L	F	Luna Messiter-Tooze	14	SLAQ CPT	02/11/2024 CTA A & B CHAMPS 2024
99	1:10.31	L	F	Nika Saayman	14	PLAY CED	17/10/2024 43rd Freda Barnard Invitational Gala
100*	1:10.34	L	F	Chelsea-Jean Botha	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
100*	1:10.34	L	F	Dayna Van Niekerk	14	BLNE MAN	04/12/2024 Free State Champs 2024
102	1:10.41	L	F	Eva Wildman	14	MAKO EKU	12/10/2024 EGA Summer 2
103	1:10.42	L	P	Anabella Borges	14	SWIM1 JHB	29/11/2024 CGA Championships 2024
104	1:10.45	L	F	Annabelle Van Rensburg	14	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
105	1:10.48	L	P	Therese Van den Berg	14	CRSC JHB	29/11/2024 CGA Championships 2024
106	1:10.50	L	P	Emma Nolan	14	MDOL JHB	29/11/2024 CGA Championships 2024
107	1:10.61	L	P	Megan Mayhew	14	WATR JHB	29/11/2024 CGA Championships 2024
108	1:10.66	L	F	Kyla Schäfer	14	KNYA EDD	31/01/2025 Infinity Gala 2025
109	1:10.71	L	F	Leila Smit	14	CSC TSH	13/09/2024 NTS September Age Group 2024
110	1:10.88	L	F	Juanè Burger	14	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
111	1:10.98	L	P	Marguerite Cockeran	14	DRGN EKU	29/11/2024 CGA Championships 2024
112	1:11.04	L	P	Madison Harper	14	KNYA EDD	05/12/2024 Western Cape LC-A Championship 2024
113	1:11.08	L	P	Evalyn Brown	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
114	1:11.09	L	F	Kayden O'connor	14	PEAS NMA	17/08/2024 Madibaz Swim Meet 2024
115	1:11.19	L	F	Maya Meyer	14	BULS MAN	11/10/2024 Otters Prestige Gala 2024
116	1:11.22	L	P	Erin van der Linde	14	SOUL EKU	05/12/2024 EGA Summer Championships

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
117	1:11.30	L	F	Miya Krog	14	SAAW	CPT 02/11/2024 CTA A & B CHAMPS 2024
118	1:11.38	L	F	Riley Prinsloo	14	ELEC	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
119	1:11.43	L	F	Tanita Packery	14	USC	BUF 22/11/2024 BCA Long Course Championships 2024
120	1:11.57	L	F	Riley Girodo	14	RSA	04/10/2024 Curro AquaElite Gala
121	1:11.58	L	F	Sienna Kidgell	14	AZON	ETH 14/06/2024 AQZ Winter Warmer 2024
122	1:11.60	L	F	Amy Walton	14	AZON	ETH 14/06/2024 AQZ Winter Warmer 2024
123	1:11.62	L	F	Zoe Janse van Vuuren	14	CSA	EZD 29/11/2024 Mpumalanga Championships 2024
124	1:11.67	L	F	Kristen Mans	14	TUKS	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
125	1:11.69	L	F	Mieke Griffiths	14	UNI	EZD 29/11/2024 Mpumalanga Championships 2024
126	1:11.88	L	F	Kirsten Myers	14	SSISA	CPT 02/11/2024 CTA A & B CHAMPS 2024
127	1:12.00	L	P	Tuduetso Onyadile	14	BLSS	MAN 04/12/2024 Free State Champs 2024
128	1:12.16	L	P	Taylor Reichman-Israelsohn	14	WATR	JHB 29/11/2024 CGA Championships 2024
129	1:12.18	L	F	Jo Otto	14	ELEC	FSH 13/09/2024 NTS September Age Group 2024
130	1:12.20	L	F	Meandri De Vos	14	BLOT	MAN 11/10/2024 Otters Prestige Gala 2024
131	1:12.26	L	F	Takalani Mudau	14	VINE	CPT 02/11/2024 CTA A & B CHAMPS 2024
132	1:12.29	L	F	Nadia Van Schalkwyk	14	EXP	FSH 01/02/2025 EGA Last Chance Gala
133	1:12.30	L	F	Victoria Bulhakova	14	SWIFT	EKU 12/10/2024 EGA Summer 2
134	1:12.32	L	P	Leah Boardman	14	CA	EKU 05/12/2024 EGA Summer Championships
135	1:12.45	L	F	Rachel Smith	14	LEGC	ETH 01/02/2025 KCDA Age Group 4 2024
136	1:12.46	L	P	Shayla Whyte	14	MDOL	JHB 29/11/2024 CGA Championships 2024
137	1:12.47	L	P	Anna Cloete	14	QUES	JHB 29/11/2024 CGA Championships 2024
138	1:12.56	L	P	Keira Palmer	14	CRSC	JHB 29/11/2024 CGA Championships 2024
139	1:12.63	L	P	Marina Cussons	14	UNI	EZD 29/11/2024 Mpumalanga Championships 2024
140	1:12.66	L	F	Tiffany Prins	14	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
141	1:12.75	L	P	Cailyn Clowes	14	PSCP	UMD 02/07/2024 Prestige Tournament 2024
142	1:12.76	L	P	Jhuliana Lamprecht	14	CA	EKU 05/12/2024 EGA Summer Championships
143	1:12.87	L	F	Mia Du Plessis	14	TUKS	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
144	1:12.89	L	F	Marny Du Plessis	14	HMER	MP 01/02/2025 Limpopo School Champs & Limpopo AG
145	1:12.96	L	P	Amber Leibbrandt	14	SEAL	UMD 02/07/2024 Prestige Tournament 2024
146	1:13.01	L	P	Christa de Beer	14	POTC	KKD 07/12/2024 NWS Championships 2024
147	1:13.08	L	P	Paige Van Niekerk	14	PER	JHB 29/11/2024 CGA Championships 2024
148	1:13.19	L	F	Gabriella Goncalves	14	SOUL	EKU 12/10/2024 EGA Summer 2
149	1:13.38	L	P	Cecilia Breedt	14	DORE	JHB 29/11/2024 CGA Championships 2024
150	1:13.39	L	F	Menincke Genis	14	UNI	EZD 10/01/2025 2024 Grand Prix Invitation Swimming
151	1:13.41	L	F	Dylan Van Vuuren	14	ANAX	CPT 09/11/2024 Swartland Prestige Gala 2024
152	1:13.59	L	P	Robynn Coetzer	14	RBOT	BPD 07/12/2024 NWS Championships 2024
153	1:14.00	L	P	Anieke Prinsloo	14	BETH	FDD 04/12/2024 Free State Champs 2024
154	1:14.01	L	P	Ella-Jane Johnson	14	AAS	JHB 29/11/2024 CGA Championships 2024
155	1:14.21	L	F	Marlo Lensing	14	UPSK	ZMD 05/10/2024 FLAMINGO GALA OCT 2024
156	1:14.25	L	P	Alexa Heldsinger	14	SSISA	CPT 05/12/2024 Western Cape LC-A Championship 2024
157	1:14.28	L	F	Silizwe Giyose	14	USC	BUF 13/07/2024 1st A League Gala 2024
158	1:14.30	L	P	Kara Barnard	14	TRALI	MAN 04/12/2024 Free State Champs 2024
159	1:14.31	L	F	Chloe Damons	14	SSISA	CPT 21/09/2024 CTA INVITATIONAL LC MEET
160	1:14.32	L	F	Taaliah Williams	14	MANT	CPT 02/11/2024 CTA A & B CHAMPS 2024
161	1:14.33	L	F	Hyzel Hutchison	14	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
162	1:14.41	L	F	Maré Coetzee	14	POTC	KKD 23/11/2024 NWS Age Group 3 + 4 2024
163*	1:14.53	L	F	Emmelize Loots	14	TYGE	CPT 02/11/2024 CTA A & B CHAMPS 2024
163*	1:14.53	L	F	Jessica Matthysen	14	CSA	EZD 29/11/2024 Mpumalanga Championships 2024
165	1:14.57	L	P	Suné Coetzee	14	POTC	KKD 07/12/2024 NWS Championships 2024
166	1:14.61	L	F	Jasmine Goldman	14	VINE	CPT 21/09/2024 CTA INVITATIONAL LC MEET
167	1:14.67	L	P	Shelby Trollip	14	UNIU	EZD 29/11/2024 Mpumalanga Championships 2024
168	1:14.78	L	F	Alri Venter	14	POLSC	CCD 29/11/2024 Limpopo Champs 2024
169	1:14.79	L	F	Kasia Morris	KN	VASA	EKU 12/10/2024 EGA Summer 2
170	1:14.84	L	P	Kyra Home	14	AA	JHB 29/11/2024 CGA Championships 2024
171	1:14.92	L	F	Kaylee Myburgh	14	PAC	FSH 13/09/2024 NTS September Age Group 2024
172	1:14.93	L	P	Huei-Ing Chen	14	DORE	JHB 29/11/2024 CGA Championships 2024
173	1:15.14	L	F	Chloe Struwig	14	OHAN	ILD 25/01/2025 uShaka Champs 2025
174	1:15.16	L	F	Emma Fourie	14	BLMA	CPT 17/10/2024 43rd Freda Barnard Invitational Gala
175	1:15.19	L	F	Brogan Torrie	14	AZON	ETH 25/01/2025 uShaka Champs 2025

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
176	1:15.23	L	F	Elin Huang	14	PAC TSH	13/09/2024 NTS September Age Group 2024
177	1:15.34	L	F	Erin Lewin	14	UWCA CPT	02/11/2024 CTA A & B CHAMPS 2024
178	1:15.35	L	F	Sanaa Talip	14	WALM CPT	02/11/2024 CTA A & B CHAMPS 2024
179	1:15.40	L	F	Emily Crozier	14	FAAC	19/10/2024 NCASA AGE GROUP 1 KBY 2024
180	1:15.51	L	P	Erin Lewis	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
181	1:15.60	L	F	Leané Swanepoel	14	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
182	1:15.64	L	P	Clarisse Barnard	14	BLSS MAN	04/12/2024 Free State Champs 2024
183	1:15.71	L	F	Holly McAfee	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
184	1:15.85	L	F	Kayden Mauer	14	USC BUF	13/12/2024 NMBA Championships 2024
185	1:16.12	L	F	Aeshah Hendricks	14	WALM CPT	02/11/2024 CTA A & B CHAMPS 2024
186	1:16.15	L	F	April Allam	14	NWUC KKD	23/11/2024 NWS Age Group 3 + 4 2024
187	1:16.24	L	F	Dune Haasbroek	14	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
188	1:16.28	L	F	Anri Maree	14	BS LLD	25/10/2024 Neptunes Gala
189	1:16.33	L	F	Alwande Hlatshwayo	14	USH KCD	09/11/2024 KCDA Age Goup 2 2024
190	1:16.36	L	P	Lurette du Toit	14	BLOT MAN	04/12/2024 Free State Champs 2024
191	1:16.40	L	P	Mienke Vd Bank	14	CUHE OBD	05/12/2024 Western Cape LC-A Championship 2024
192	1:16.45	L	F	Ava Lambropoulos	14	TRAZ TSH	13/09/2024 NTS September Age Group 2024
193	1:16.47	L	F	Lexi Schou	14	SFSC CPT	21/09/2024 CTA INVITATIONAL LC MEET
194	1:16.51	L	F	Buhlebemvelo Mdluli	14	WSTV ETH	25/01/2025 uShaka Champs 2025
195	1:16.55	L	F	Mila Volschenk	14	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
196	1:16.70	L	F	Giselle Engelbrecht	14	HTSA CPT	02/11/2024 CTA A & B CHAMPS 2024
197	1:16.75	L	P	Anje Stoltz	14	UNIUI EZD	29/11/2024 Mpumalanga Championships 2024
198	1:16.77	L	P	Vyasti Lachman	14	WATR JHB	29/11/2024 CGA Championships 2024
199	1:16.92	L	F	Ashleigh Goncalves	14	CA EKU	01/02/2025 EGA Last Chance Gala
200	1:16.95	L	F	Chara De Wit	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
201	1:17.00	L	F	Leani Mitchell	14	NWUC KKD	23/11/2024 NWS Age Group 3 + 4 2024
202	1:17.15	L	F	Leahtilia van Rensburg	14	VREDE TMD	15/11/2024 Valsrivier Gala 2024
203	1:17.16	L	F	Anchen (Jnr) Jv Rensburg	14	TUKS TSH	13/09/2024 NTS September Age Group 2024
204	1:17.17	L	F	Shane Swarts	14	PSA ZLD	26/10/2024 Froggies Aquatics Championships 2024
205	1:17.29	L	F	Luca Alexander	14	MARL CPT	02/11/2024 CTA A & B CHAMPS 2024
206	1:17.36	L	F	Yolanda Noble	14	ROA EDD	17/10/2024 43rd Freda Barnard Invitational Gala
207	1:17.46	L	F	Baylynn De Vos	14	TINC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
208	1:17.55	L	F	Arike Juul	14	WELL CED	09/11/2024 Winelands SL4
209	1:17.65	L	F	Danique Hefer	14	ELRAS WBD	29/11/2024 Limpopo Champs 2024
210	1:17.77	L	F	Zoe Mills	14	DESA NMA	14/09/2024 3rd A League Gala 2024
211	1:17.81	L	P	Johandri Pool	14	BLSS MAN	04/12/2024 Free State Champs 2024
212	1:17.92	L	F	Skyla Reddy	14	SWIFT EKU	12/10/2024 EGA Summer 2
213	1:17.93	L	F	Paityn Wilson	14	BEST NMA	13/12/2024 NMBA Championships 2024
214	1:18.01	L	F	Jeandré Lodewyks	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
215	1:18.15	L	F	Miane Van Veelen	14	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
216	1:18.38	L	F	Anouk Atkinson	14	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
217	1:18.39	L	F	Taylor Tredoux	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
218	1:18.51	L	F	Susara Putter	14	TRAZ TSH	13/09/2024 NTS September Age Group 2024
219	1:18.60	L	F	Marubini Matumba	14	JAQ EKU	12/10/2024 EGA Summer 2
220	1:18.66	L	F	Johane Human	14	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
221	1:18.68	L	P	Willow Hunter	14	BULS MAN	04/12/2024 Free State Champs 2024
222	1:18.71	L	F	Gabrielle Wagner	14	SSISA CPT	21/09/2024 CTA INVITATIONAL LC MEET
223	1:18.87	L	F	Emma Clouston	14	HAAG UTD	11/01/2025 Uthukela District Age Group Gala
224	1:18.93	L	F	Mikaela Johst	14	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
225	1:18.98	L	F	Gabriela Sa	14	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
226	1:19.09	L	P	Melinda Dippenaar	14	BS LLD	04/12/2024 Free State Champs 2024
227	1:19.14	L	F	Kellan Lynch	14	XCEL CPT	21/09/2024 CTA INVITATIONAL LC MEET
228*	1:19.22	L	F	Jasmine Hirshovitz	14	ASAC CPT	21/09/2024 CTA INVITATIONAL LC MEET
228*	1:19.22	L	F	Sade Santos	14	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
230	1:19.42	L	P	Maria Erhard	14	CA EKU	05/12/2024 EGA Summer Championships
231	1:19.48	L	P	Isabella Dos Santos	14	PER JHB	29/11/2024 CGA Championships 2024
232	1:19.57	L	P	Elme Swanepoel	14	BETH FDD	04/12/2024 Free State Champs 2024
233	1:19.77	L	F	Kelsey-Lee Wagner	14	AA JHB	01/02/2025 EGA Last Chance Gala
234*	1:19.86	L	F	Jessie Ludick	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
234*	1:19.86 L	F	Lo-Marie Rossouw	14	XCEL CPT	02/11/2024	CTA A & B CHAMPS 2024
236	1:19.88 L	P	Zahra Bawa	14	ATLA JHB	29/11/2024	CGA Championships 2024
237	1:19.95 L	F	Gabriella Oelofse	14	TNDER FDD	27/09/2024	Seals Gala 2
238	1:20.30 L	P	Mika Fourie	14	NWUC KKD	07/12/2024	NWS Championships 2024
239	1:20.49 L	F	Mia-Ann Van der Westhuizen	14	LALE CED	09/11/2024	Winelands SL4
240	1:20.50 L	F	Karla Lemmer	14	USH KCD	23/11/2024	KCDA Age Group Gala 3
241	1:20.55 L	F	Mieke De Witt	14	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
242	1:20.72 L	F	Elizma Jacobs	14	RBUR BPD	09/11/2024	NWS Age Group 1 & 2 2024
243	1:20.92 L	P	Neha Pillay	14	KLOO ETH	02/07/2024	Prestige Tournament 2024
244	1:20.95 L	F	Leandri Haasbroek	14	TUKS TSH	13/09/2024	NTS September Age Group 2024
245	1:21.01 L	P	Rerapetse Ramohale	14	RBOT BPD	07/12/2024	NWS Championships 2024
246	1:21.10 L	F	Maria Davids	14	AQUA BUF	22/11/2024	BCA Long Course Championships 2024
247	1:21.19 L	P	Tamsyn Thomson	14	BULS MAN	04/12/2024	Free State Champs 2024
248	1:21.26 L	F	Lirese Meintjes	14	TASC MPD	09/11/2024	Limpopo Age Group 5
249	1:21.30 L	P	Liyema Mabhele	14	PER JHB	29/11/2024	CGA Championships 2024
250	1:21.46 L	P	Emma Bartholomew	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
251	1:21.56 L	F	Drishti Rawjee	14	MAKO EKU	12/10/2024	EGA Summer 2
252	1:21.62 L	F	Hannaan Mia	14	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
253	1:21.66 L	P	Nenekazi Taole	14	SWIFT EKU	05/12/2024	EGA Summer Championships
254	1:21.81 L	P	Thenysia Padmanathan	14	SOUL EKU	05/12/2024	EGA Summer Championships
255*	1:21.91 L	P	Bianca Rayfield	14	SASE JHB	29/11/2024	CGA Championships 2024
255*	1:21.91 L	F	Liesel De Witt	14	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
257	1:21.94 L	P	Kitana Govender	14	BEAV ETH	02/07/2024	Prestige Tournament 2024
258	1:22.20 L	F	Lesedi Mashabela	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
259	1:22.25 L	P	Carli Coetzee	14	QUES JHB	29/11/2024	CGA Championships 2024
260	1:22.73 L	P	Mamello Mabuza	14	ESP EKU	05/12/2024	EGA Summer Championships
261	1:22.89 L	F	Paige Rich	14	RSA	04/10/2024	Curro AquaElite Gala
262	1:22.90 L	P	Boipelo Onyadile	14	BLSS MAN	04/12/2024	Free State Champs 2024
263	1:23.75 L	F	Stella Combrink	14	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
264	1:23.94 L	F	Luné Fouche	14	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
265	1:24.01 L	F	Diëm Peens	14	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
266	1:24.25 L	F	Sabrina Oaten	14	SFSC CPT	21/09/2024	CTA INVITATIONAL LC MEET
267	1:24.34 L	P	Carla Van der Merwe	14	PSCP UMD	02/07/2024	Prestige Tournament 2024
268	1:24.36 L	F	Emilia de Freitas	14	MAKO EKU	12/10/2024	EGA Summer 2
269	1:24.47 L	F	Leungo Sebele	14	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
270	1:24.76 L	F	Jayne Roebuck	14	CA EKU	12/10/2024	EGA Summer 2
271	1:24.98 L	F	Hannah Landsberg	14	SS MPD	29/11/2024	Limpopo Champs 2024
272	1:25.11 L	P	Oratilwe Mooko	14	PGAC EKU	05/12/2024	EGA Summer Championships
273	1:25.68 L	F	Limay Schutte	14	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
274	1:25.70 L	F	Lillian Kotze	14	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools
275	1:25.88 L	F	Victoria Holfeld	14	CA EKU	12/10/2024	EGA Summer 2
276	1:26.26 L	F	Lulu Salie	14	LALE CED	09/11/2024	Winelands SL4
277	1:26.34 L	F	Gite-Mari Malherbe	14	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
278	1:26.45 L	P	Melissa Beasley	14	H2O EKU	05/12/2024	EGA Summer Championships
279	1:26.52 L	P	Mikal Newete	14	CA EKU	05/12/2024	EGA Summer Championships
280	1:26.56 L	F	Lintle Ramone	14	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
281	1:26.64 L	F	Thobeka Khumalo	14	JAQ EKU	12/10/2024	EGA Summer 2
282	1:26.97 L	F	Anna Janse Van Rensburg	14	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
283	1:27.04 L	F	Roshelle Van Niekerk	14	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
284	1:27.19 L	F	Shiloh Paulse	14	KHAY CPT	21/09/2024	CTA INVITATIONAL LC MEET
285	1:27.44 L	F	Juliette Lehrer	14	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
286	1:27.56 L	F	Gerda Clarke	14	DESA NMA	31/01/2025	Infinity Gala 2025
287	1:28.27 L	F	Mpho Mwanza	14	ESP EKU	12/10/2024	EGA Summer 2
288	1:28.36 L	F	Rethabile Ncube	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
289	1:29.34 L	F	Aalia Naidoo	14	BEAV ETH	25/01/2025	uShaka Champs 2025
290	1:29.49 L	P	Zahiyah Khan	14	BLSS MAN	04/12/2024	Free State Champs 2024
291	1:29.76 L	P	Nikkie Klink	14	JAQ EKU	05/12/2024	EGA Summer Championships
292	1:29.83 L	F	Mine Joubert	14	BETH FDD	27/09/2024	Seals Gala 2
293	1:29.91 L	P	Lisa Getye	14	AQUA BUF	15/06/2024	PEA Winter Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
294	1:30.08	L	F	Tina-Marie Nel	14	STELL RMD	09/11/2024	NWS Age Group 1 & 2 2024
295	1:30.15	L	F	Oresiametse Sekonya	14	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
296	1:30.50	L	F	Milé Claassens	14	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
297	1:31.69	L	F	Alexi Schuch	14	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
298	1:32.99	L	F	Meecca Edwards	14	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
299	1:33.86	L	F	Keona Carpenter	14	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
300	1:34.72	L	F	Bianca Benade	14	SWISA FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
301	1:38.20	L	F	Tiana Ziervogel	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
302	1:39.67	L	F	Jacqueline Pieterse	14	FSE KCD	07/12/2024	Stingrays Champs 2024
303	1:39.92	L	F	Skylah Booysen	14	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
304	1:41.13	L	F	Melisca Krige	14	SWISA FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
305	1:41.14	L	F	Boitshepo Mthembu	14	USHAK EKU	12/10/2024	EGA Summer 2
306	1:44.69	L	F	Skylor Smith	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
307	1:45.65	L	F	Lutendo Mphelo	14	BLSS MAN	27/09/2024	Seals Gala 2
308	1:46.91	L	F	Robyn Belcham	14	HURA CPT	09/11/2024	Swartland Prestige Gala 2024
309	1:55.77	L	F	Takira Petersen	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
310	2:01.47	L	F	Anuschka Swanepoel	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024
311	2:03.56	L	F	Lenira Naidoo	14	SASE JHB	20/11/2024	Crusaders Night Gala 1
312	2:12.25	L	F	Lekeshia Cameron	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
Women 14-14 200 Free								
1	2:10.32	L	F	Sienna Gous	14	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
2	2:11.42	L	F	Giuliana Vyncke	14	TUKS FSH	29/11/2024	Mpumalanga Championships 2024
3	2:12.37	L	F	Zuria Venter	14	CA EKU	01/02/2025	EGA Last Chance Gala
4	2:13.25	L S	F	Caitlin Evans	14	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
5	2:14.48	L	F	Arabelle Grütter	14	ROA EDD	31/01/2025	Infinity Gala 2025
6	2:16.82	L	P	Lily Solomon	14	WATR JHB	29/11/2024	CGA Championships 2024
7	2:17.37	L	F	Kaia Lin	14	WATR JHB	29/11/2024	CGA Championships 2024
8	2:18.04	L	F	Kato' van Niekerk	14	TUKS FSH	13/09/2024	NTS September Age Group 2024
9	2:18.09	L	F	Bellame Mostert	14	PEAS NMA	15/06/2024	PEA Winter Gala 2024
10	2:18.59	L	F	Cara Visser	14	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
11	2:19.01	L S	F	Caitlin Crowther	14	TUKS FSH	05/12/2024	EGA Summer Championships
12	2:19.47	L	F	Anieka Louw	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
13	2:19.80	L	F	Emily Higgins	14	CA EKU	15/11/2024	Summer 4 Delville
14	2:19.92	L	F	Kacey Hughes	14	STSC KCD	25/01/2025	uShaka Champs 2025
15	2:20.09	L	P	Camilla Heuer	14	USC BUF	02/07/2024	Prestige Tournament 2024
16	2:20.10	L	F	Paige Meeser	14	CA EKU	01/02/2025	EGA Last Chance Gala
17	2:20.34	L	F	Reese Noble	14	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024
18	2:20.69	L	F	Scarlett Friis	14	KLOO ETH	02/07/2024	Prestige Tournament 2024
19	2:20.95	L	P	Izibelle Van Der Wath	14	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024
20	2:21.01	L	F	Kerryn Kotze	14	RACE JHB	29/11/2024	CGA Championships 2024
21	2:21.66	L	F	Emma Pretorius	14	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
22	2:21.68	L	F	Peyton Mathews	14	KLOO ETH	02/07/2024	Prestige Tournament 2024
23	2:21.69	L	F	Sadie Roberts	14	ASA ILD	02/07/2024	Prestige Tournament 2024
24	2:21.82	L	F	Isabel Kuhn	14	PEAS NMA	31/01/2025	Infinity Gala 2025
25	2:21.98	L	F	Jade Van Vuuren	14	WATR JHB	29/11/2024	CGA Championships 2024
26	2:22.38	L	P	Zané Grobler	14	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
27	2:22.60	L	P	Mikalla Laubscher	14	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024
28	2:22.86	L	F	Micah Marx	14	CA EKU	01/02/2025	EGA Last Chance Gala
29	2:22.95	L	F	Kate Douglas	14	BAS EKU	18/01/2025	EGA Summer 5
30	2:23.41	L	F	Minke Bester	14	POTC KKD	07/12/2024	NWS Championships 2024
31	2:23.48	L	F	Odette Upton	14	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo AG
32	2:24.12	L	F	Riziki Magotsi	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
33	2:24.50	L	F	Meandri De Vos	14	BLOT MAN	04/12/2024	Free State Champs 2024
34	2:24.53	L	F	Beané Noeth	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
35	2:24.81	L	F	Eleni vd Merwe	14	TUKS FSH	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
36	2:24.85	L	F	Ella Jv Rensburg	14	SS MPD	29/11/2024	Limpopo Champs 2024
37	2:25.41	L	F	Nia O'Carroll	14	STAQ CED	09/11/2024	Winelands SL4
38	2:25.63	L	P	Madison Thirsk	14	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
39	2:25.76	L	P	Maya Mgcina	14	RSA	19/06/2024	BRICS Games Swimming 2024 Russia

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
40	2:25.95	L	F	Ella Van der Vyver	14	ASA ILD	25/01/2025 uShaka Champs 2025
41	2:26.11	L	F	Sabella Serdyn	14	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
42	2:26.13	L	P	Caitlin Knight	14	WATR JHB	29/11/2024 CGA Championships 2024
43	2:26.94	L	F	Caitlin Rossiter	14	HREF BPD	07/12/2024 NWS Championships 2024
44	2:27.37	L	F	Lizelle Venter	14	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
45	2:27.54	L	F	Annabelle Van Heerden	14	WSTV ETH	25/01/2025 uShaka Champs 2025
46	2:28.08	L	F	Nikita Govind	14	TRAZ FSH	13/09/2024 NTS September Age Group 2024
47	2:28.18	L	F	Kirsty Koegelenberg	14	BLUO UGD	07/12/2024 Stingrays Champs 2024
48	2:28.20	L	P	Inneke Liebenberg	14	POTC KKD	07/12/2024 NWS Championships 2024
49	2:28.23	L	F	Sharni-Marie Watson	14	HPS FSH	13/09/2024 NTS September Age Group 2024
50	2:28.69	L	F	Aryana Cloete-Hopkins	14	SSISA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
51	2:28.84	L	P	Megan Mayhew	14	WATR JHB	29/11/2024 CGA Championships 2024
52*	2:28.88	L	F	Isabelle Welgemoed	14	BLSS MAN	04/12/2024 Free State Champs 2024
52*	2:28.88	L	P	Hailey Blewett	14	HREF BPD	07/12/2024 NWS Championships 2024
54	2:28.91	L S	F	Demi Putter	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
55	2:29.02	L	F	Minette Van Zyl	14	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
56	2:29.18	L	F	Milan Ferreira	14	TASC MPD	29/11/2024 Limpopo Champs 2024
57	2:29.23	L	F	Shalem Mashingaidze	14	WATR JHB	29/11/2024 CGA Championships 2024
58	2:29.61	L	P	Indigo Woodburn	14	MDOL JHB	29/11/2024 CGA Championships 2024
59	2:29.88	L	F	Ange Dore	14	RSA	04/10/2024 Curro AquaElite Gala
60*	2:29.95	L	P	Rachel Sheard	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
60*	2:29.95	L	P	Juanè Burger	14	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
62	2:30.48	L	F	Emily Watson	14	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
63	2:30.78	L	F	Macayla Lamprecht	14	CA EKU	01/02/2025 EGA Last Chance Gala
64	2:31.08	L	F	Lily Otterbach	14	TYGE CPT	09/11/2024 Winelands SL4
65	2:31.21	L	P	Katya O'Brien	14	MDOL JHB	29/11/2024 CGA Championships 2024
66	2:31.32	L	F	Ella-Mae Henning	14	VRC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
67	2:31.38	L S	F	Logan Riley	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
68	2:31.51	L	F	Arne' Dreyer	14	STAQ CED	09/11/2024 Winelands SL4
69	2:31.77	L	F	Lechelle Rossouw	14	BLNE MAN	13/12/2024 NMBA Championships 2024
70	2:31.79	L	P	Kyla Schäfer	14	KNYA EDD	05/12/2024 Western Cape LC-A Championship 2024
71	2:32.03	L	F	Dedre Engelbrecht	14	RBOT BPD	18/01/2025 EGA Summer 5
72	2:32.57	L	P	Mila Fourie	14	MATL KKD	07/12/2024 NWS Championships 2024
73	2:32.84	L	P	Therese Van den Berg	14	CRSC JHB	29/11/2024 CGA Championships 2024
74	2:32.90	L	F	Deryn Filday	14	RSA	04/10/2024 Curro AquaElite Gala
75	2:32.93	L	P	Nika Saayman	14	PLAY CED	05/12/2024 Western Cape LC-A Championship 2024
76	2:33.12	L	F	Noa Mansill	14	WSS LLD	13/09/2024 Pelicans Age Group Gala
77	2:33.20	L	F	Lenè Basson	14	TGA WCD	21/09/2024 CTA INVITATIONAL LC MEET
78	2:33.22	L	F	Marny Du Plessis	14	SS MPD	29/11/2024 Limpopo Champs 2024
79	2:33.26	L	F	Simonè Gerber	14	GREY CPT	15/06/2024 PEA Winter Gala 2024
80	2:33.31	L	P	Summer du Plessis	14	BLOT MAN	04/12/2024 Free State Champs 2024
81	2:33.54	L	F	Marion Alala	14	TUKS FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
82	2:33.59	L	F	Suri Cloete	14	RFA FSH	01/02/2025 EGA Last Chance Gala
83*	2:33.85	L	F	Zoey Faircliff	14	OHAN ILD	25/01/2025 uShaka Champs 2025
83*	2:33.85	L	F	Riley Girodo	14	SGUL ETH	02/07/2024 Prestige Tournament 2024
85	2:33.98	L	P	Lillee Evans	14	RACE JHB	29/11/2024 CGA Championships 2024
86*	2:34.16	L	F	Dayna Van Niekerk	14	BLNE MAN	19/10/2024 Pelicans Gala 2
86*	2:34.16	L	F	Elicia Chivandire	14	WATR JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
88	2:34.20	L	F	Amore Oosthuizen	14	CSA EZD	29/11/2024 Mpumalanga Championships 2024
89*	2:34.44	L	F	Katie Van Wyk	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
89*	2:34.44	L S	P	Cassidy Dewart	14	CA EKU	05/12/2024 EGA Summer Championships
91	2:34.52	L	P	Katelyn Kruger	14	MDOL JHB	29/11/2024 CGA Championships 2024
92	2:34.92	L	P	Alexandra Hodgson-Jervis	14	AA JHB	29/11/2024 CGA Championships 2024
93	2:34.96	L	F	Riley Prinsloo	14	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
94	2:35.06	L	P	Marguerite Cockeran	14	DRGN EKU	29/11/2024 CGA Championships 2024
95	2:35.33	L	F	Madison Smith	14	CA EKU	15/11/2024 Summer 4 Delville
96	2:35.45	L	F	Anabella Borges	14	SWIM1 JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
97	2:36.05	L	F	Lehane Lategan	14	FAAC	05/10/2024 FLAMINGO GALA OCT 2024
98	2:36.18	L	F	Rachel Fairweather	14	RSA	04/10/2024 Curro AquaElite Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
99*	2:36.37	L	F	Mieke Griffiths	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
99*	2:36.37	L	F	Danielle Bam	14	VRC FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
101	2:36.51	L	P	Keira Palmer	14	CRSC JHB	29/11/2024 CGA Championships 2024
102	2:36.54	L	F	Tiffany Prins	14	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
103	2:36.92	L S	F	Miya Krog	14	SAAW CPT	02/11/2024 CTA A & B CHAMPS 2024
104	2:36.99	L	F	Erin van der Linde	14	SOUL EKU	15/11/2024 Summer 4 Delville
105	2:37.01	L	F	Tatiana Thomatos	14	QUIC CPT	09/11/2024 Swartland Prestige Gala 2024
106	2:37.20	L	F	Isla Leiper	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
107	2:37.23	L	F	Madison Harper	14	KNYA EDD	15/06/2024 PEA Winter Gala 2024
108	2:37.26	L	F	Jeane Smith	14	VRC FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
109	2:37.31	L	F	Kaitlyn Ramos	14	SEAL UMD	25/01/2025 uShaka Champs 2025
110	2:37.47	L	F	Emily Crozier	14	FAAC	05/10/2024 FLAMINGO GALA OCT 2024
111	2:37.56	L	F	Maya Meyer	14	BULS MAN	31/08/2024 Seals Gala
112	2:38.04	L	P	Riley Gouws	14	ASA ILD	02/07/2024 Prestige Tournament 2024
113	2:38.53	L	F	Anna-Belle Slabbert	14	PSC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
114	2:38.54	L	P	Alexis Muller	14	AZON ETH	02/07/2024 Prestige Tournament 2024
115	2:38.55	L	P	Evalyn Brown	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
116	2:38.67	L	F	Mariné Pretorius	14	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
117	2:38.81	L	F	Kayden O'connor	14	PEAS NMA	13/07/2024 1st A League Gala 2024
118	2:38.99	L S	F	Kirsten Myers	14	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
119	2:39.29	L	F	Kristen Mans	14	TUKS FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
120	2:39.32	L	F	Zoe Janse van Vuuren	14	CSA EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
121	2:39.33	L	P	Alexa Heldsinger	14	SSISA CPT	05/12/2024 Western Cape LC-A Championship 2024
122	2:39.54	L S	P	Leah Boardman	14	CA EKU	05/12/2024 EGA Summer Championships
123	2:39.64	L	F	Marina Cussons	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
124	2:39.66	L	F	Christa de Beer	14	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
125	2:39.98	L	P	Tuuetso Onyadile	14	BLSS MAN	04/12/2024 Free State Champs 2024
126	2:40.01	L	F	Jhuliana Lamprecht	14	CA EKU	15/11/2024 Summer 4 Delville
127	2:40.82	L	F	Dylan Van Vuuren	14	ANAX CPT	09/11/2024 Swartland Prestige Gala 2024
128	2:40.88	L	F	Victoria Bulhakova	14	SWIFT EKU	15/11/2024 Summer 4 Delville
129	2:41.15	L	F	Maria Barreiros	14	ELEC FSH	13/09/2024 NTS September Age Group 2024
130	2:41.19	L	F	Menincke Genis	14	UNI EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
131*	2:41.84	L	P	Paige Van Niekerk	14	PER JHB	29/11/2024 CGA Championships 2024
131*	2:41.84	L	F	Minette Swartz	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
133	2:41.89	L	P	Ella-Jane Johnson	14	AAS JHB	29/11/2024 CGA Championships 2024
134	2:41.96	L	P	Shayla Whyte	14	MDOL JHB	29/11/2024 CGA Championships 2024
135	2:42.09	L	P	Robynn Coetzer	14	RBOT BPD	07/12/2024 NWS Championships 2024
136	2:42.29	L S	F	Taaliah Williams	14	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
137	2:42.40	L	F	Jo Otto	14	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
138*	2:42.97	L	F	Holly McAfee	14	FISH EDD	31/01/2025 Infinity Gala 2025
138*	2:42.97	L	P	Jessica Miller	14	CRSC JHB	29/11/2024 CGA Championships 2024
140	2:43.42	L	F	Marlo Lensing	14	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
141*	2:43.43	L	F	Nadia Van Schalkwyk	14	EXP FSH	01/02/2025 EGA Last Chance Gala
141*	2:43.43	L S	F	Emmelize Loots	14	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
143	2:43.55	L	P	Talitha Schuch	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
144	2:44.09	L	F	Amy Walton	14	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
145	2:44.25	L	P	Rachel Smith	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
146	2:44.51	L	F	Lika Vd Merwe	14	TUKS FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
147	2:44.70	L	F	Anieke Prinsloo	14	BETH FDD	04/12/2024 Free State Champs 2024
148	2:44.82	L	P	Amber Leibbrandt	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
149	2:44.93	L	F	Jessica Matthysen	14	CSA EZD	29/11/2024 Mpumalanga Championships 2024
150	2:44.94	L	P	Anna Cloete	14	QUES JHB	29/11/2024 CGA Championships 2024
151	2:45.35	L	F	Chloe Damons	14	SSISA CPT	21/09/2024 CTA INVITATIONAL LC MEET
152	2:45.38	L	P	Cecilia Breedt	14	DORE JHB	29/11/2024 CGA Championships 2024
153	2:45.42	L	F	Ashleigh Goncalves	14	CA EKU	18/01/2025 EGA Summer 5
154	2:45.49	L S	F	Sanaa Talip	14	WALM CPT	02/11/2024 CTA A & B CHAMPS 2024
155	2:46.44	L	P	Kyra Home	14	AA JHB	29/11/2024 CGA Championships 2024
156	2:47.08	L	F	Yolanda Noble	14	ROA EDD	17/10/2024 43rd Freda Barnard Invitational Gala
157	2:47.13	L	P	Emma Nolan	14	MDOL JHB	29/11/2024 CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name		Age/Yr			
158	2:47.43	L	F	Alri Venter	14	POLSC	CCD	29/11/2024	Limpopo Champs 2024
159*	2:47.68	L	P	Anri Maree	14	BS	LLD	04/12/2024	Free State Champs 2024
159*	2:47.68	L	F	Ane' Claassen	14	TUKS	FSH	13/09/2024	NTS September Age Group 2024
161	2:47.69	L	F	Kayden Mauer	14	USC	BUF	13/12/2024	NMBA Championships 2024
162	2:47.89	L	F	Jeandré Lodewyks	14	INFA	NMA	31/01/2025	Infinity Gala 2025
163	2:48.13	L	F	Ava Lambropoulos	14	TRAZ	FSH	13/09/2024	NTS September Age Group 2024
164	2:48.74	L	P	Nikita Grant	14	ACES	ETH	02/07/2024	Prestige Tournament 2024
165	2:48.81	L	P	Johandri Pool	14	BLSS	MAN	04/12/2024	Free State Champs 2024
166	2:49.02	L	F	Helena Rookoen-Smith	14	LALE	CED	21/09/2024	CTA INVITATIONAL LC MEET
167	2:49.28	L	P	Lurette du Toit	14	BLOT	MAN	04/12/2024	Free State Champs 2024
168	2:49.64	L	P	Suné Coetzee	14	POTC	KKD	07/12/2024	NWS Championships 2024
169	2:50.04	L S	F	Jessie Ludick	14	CASC	CPT	02/11/2024	CTA A & B CHAMPS 2024
170	2:50.15	L S	P	Skylla Reddy	14	SWIFT	EKU	05/12/2024	EGA Summer Championships
171	2:50.22	L	F	Karla Lemmer	14	USH	KCD	25/01/2025	uShaka Champs 2025
172	2:50.41	L	F	Dune Haasbroek	14	FISH	EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
173*	2:50.52	L S	P	Isabella September	14	TUKS	FSH	05/12/2024	EGA Summer Championships
173*	2:50.52	L	F	Margit Mihalik	14	RFA	FSH	07/12/2024	NWS Championships 2024
175	2:50.64	L	F	Zoe Mills	14	DESA	NMA	14/09/2024	3rd A League Gala 2024
176	2:50.71	L	F	Silizwe Giyose	14	USC	BUF	13/07/2024	1st A League Gala 2024
177	2:50.96	L	F	Leané Swanepoel	14	FISH	EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
178	2:51.13	L	F	Jani Brink	14	QSAW	CED	09/11/2024	Winelands SL4
179	2:51.30	L S	F	Erin Lewin	14	UWCA	CPT	02/11/2024	CTA A & B CHAMPS 2024
180	2:51.75	L	P	Kara Barnard	14	TRALI	MAN	04/12/2024	Free State Champs 2024
181	2:51.87	L S	F	Luca Alexander	14	MARL	CPT	02/11/2024	CTA A & B CHAMPS 2024
182	2:51.92	L	P	Leahtilia van Rensburg	14	BETH	FDD	04/12/2024	Free State Champs 2024
183	2:51.94	L	F	Sienna Kidgell	14	AZON	ETH	14/06/2024	AQZ Winter Warmer 2024
184	2:52.01	L	F	Susara Putter	14	TRAZ	FSH	13/09/2024	NTS September Age Group 2024
185	2:52.36	L	P	Neha Pillay	14	KLOO	ETH	02/07/2024	Prestige Tournament 2024
186	2:52.37	L	F	Baylynn De Vos	14	TINC	FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
187	2:52.48	L	F	Giselle Engelbrecht	14	HTSA	CPT	21/09/2024	CTA INVITATIONAL LC MEET
188	2:52.51	L	F	Emma Mostert	14	DDA	FSH	13/09/2024	NTS September Age Group 2024
189	2:52.59	L	F	Emma Fourie	14	BLMA	CPT	17/10/2024	43rd Freda Barnard Invitational Gala
190	2:53.64	L	F	Brogan Torrie	14	AZON	ETH	14/06/2024	AQZ Winter Warmer 2024
191	2:53.78	L	F	Maré Coetzee	14	POTC	KKD	23/11/2024	NWS Age Group 3 + 4 2024
192	2:54.47	L	P	Kelsey-Lee Wagner	14	AA	JHB	29/11/2024	CGA Championships 2024
193	2:54.58	L	F	Anouk Atkinson	14	SWAR	WCD	09/11/2024	Swartland Prestige Gala 2024
194	2:54.64	L	F	Takiyah Maclou	14	AA	JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
195	2:54.67	L	F	Taylor Tredoux	14	BLMA	CPT	17/10/2024	43rd Freda Barnard Invitational Gala
196	2:54.68	L	F	Danique Hefer	14	ELRAS	WBD	29/11/2024	Limpopo Champs 2024
197*	2:54.89	L	P	Taylor Reichman-Israelsohn	14	WATR	JHB	29/11/2024	CGA Championships 2024
197*	2:54.89	L	P	Huei-Ing Chen	14	DORE	JHB	29/11/2024	CGA Championships 2024
199	2:55.33	L	F	Nasheetah Jephtha	14	MANT	CPT	09/11/2024	Swartland Prestige Gala 2024
200	2:55.57	L	P	Melinda Dippenaar	14	BS	LLD	04/12/2024	Free State Champs 2024
201	2:55.69	L	F	Mikaela Johst	14	ELEC	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
202	2:56.31	L	F	Sarah Van Schalkwyk	14	ELEC	FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
203	2:56.76	L	P	April Allam	14	NWUC	KKD	07/12/2024	NWS Championships 2024
204	2:57.46	L	F	Drishti Rawjee	14	MAKO	EKU	01/02/2025	EGA Last Chance Gala
205	2:57.76	L	F	Rerapetse Ramohale	14	RBOT	BPD	23/11/2024	NWS Age Group 3 + 4 2024
206	2:58.46	L	F	Leani Mitchell	14	NWUC	KKD	23/11/2024	NWS Age Group 3 + 4 2024
207	2:58.56	L	F	Kaylee Myburgh	14	PAC	FSH	13/09/2024	NTS September Age Group 2024
208	2:58.89	L	F	Johane Human	14	RFA	FSH	13/09/2024	NTS September Age Group 2024
209	2:59.12	L	P	Buhlebemvelo Mdluli	14	WSTV	ETH	02/07/2024	Prestige Tournament 2024
210	2:59.22	L	F	Emma Clouston	14	HAAG	UTD	11/01/2025	Uthukela District Age Group Gala
211	2:59.29	L	F	Mienke Vd Bank	14	CUHE	QBD	17/10/2024	43rd Freda Barnard Invitational Gala
212	2:59.38	L	F	Aliyah Lizen	14	AQUA	UTD	11/01/2025	Uthukela District Age Group Gala
213	2:59.83	L	F	Jasmine Hirshovitz	14	ASAC	CPT	21/09/2024	CTA INVITATIONAL LC MEET
214	3:00.13	L	F	Gerda Clarke	14	DESA	NMA	31/01/2025	Infinity Gala 2025
215	3:00.14	L	F	Anje Stoltz	14	UNIU	EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
216	3:01.75	L	F	Carli Coetzee	14	QUES	JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
217	3:02.52	L	F	Lesedi Mashabela	14	TUKS TSH	13/09/2024	NTS September Age Group 2024
218	3:02.96	L	F	Diëm Peens	14	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
219	3:03.11	L	P	Elizma Jacobs	14	RBUR BPD	07/12/2024	NWS Championships 2024
220	3:03.30	L	F	Lexi Schou	14	SFSC CPT	21/09/2024	CTA INVITATIONAL LC MEET
221	3:03.44	L	P	Mika Fourie	14	NWUC KKD	07/12/2024	NWS Championships 2024
222	3:04.00	L	P	Bianca Rayfield	14	SASE JHB	29/11/2024	CGA Championships 2024
223	3:04.21	L	F	Ella Maurice	14	RSA	04/10/2024	Curro AquaElite Gala
224	3:04.39	L	P	Kitana Govender	14	BEAV ETH	02/07/2024	Prestige Tournament 2024
225	3:04.58	L	F	Boipelo Onyadile	14	BLSS MAN	19/10/2024	Pelicans Gala 2
226	3:04.77	L	F	Janke Steenkamp	14	UNIUI EZD	29/11/2024	Mpumalanga Championships 2024
227	3:04.78	L	F	Paityn Wilson	14	BEST NMA	31/01/2025	Infinity Gala 2025
228	3:05.22	L	F	Alwande Hlatshwayo	14	USH KCD	26/10/2024	Froggies Aquatics Championships 2024
229	3:05.35	L	F	Arike Juul	14	WELL CED	09/11/2024	Winelands SL4
230	3:05.82	L	F	Hyzel Hutchison	14	GHSK	19/10/2024	NCASA AGE GROUP 1 KBY 2024
231	3:06.15	L S	F	Hannaan Mia	14	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
232	3:07.71	L	P	Aalia Naidoo	14	BEAV ETH	02/07/2024	Prestige Tournament 2024
233	3:07.78	L S	P	Thobeka Khumalo	14	JAQ EKU	05/12/2024	EGA Summer Championships
234	3:07.79	L	F	Leungo Sebele	14	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
235	3:08.26	L S	P	Nenekazi Taole	14	SWIFT EKU	05/12/2024	EGA Summer Championships
236	3:08.44	L	P	Emma Bartholomew	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
237	3:08.54	L	F	Willow Hunter	14	BULS MAN	11/10/2024	Otters Prestige Gala 2024
238	3:08.81	L	F	Nolene Badenhorst	14	LALE CED	09/11/2024	Winelands SL4
239	3:09.15	L	F	Miane Van Veelen	14	TASC MPD	12/10/2024	Limpopo Age Group 4
240	3:09.17	L	F	Monique Le Roux	14	KALA	15/11/2024	AGE GROUP 2 KATHU 2024
241	3:10.12	L	P	Liyema Mabhele	14	PER JHB	29/11/2024	CGA Championships 2024
242	3:10.19	L S	P	Marubini Matumba	14	JAQ EKU	05/12/2024	EGA Summer Championships
243	3:10.27	L	F	Luné Fouche	14	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
244*	3:10.34	L	F	Lo-Marie Rossouw	14	XCEL CPT	21/09/2024	CTA INVITATIONAL LC MEET
244*	3:10.34	L	F	Arnia Bothma	14	AQUA UTD	11/01/2025	Uthukela District Age Group Gala
246	3:11.11	L	F	Annika Engelbrecht	14	PAC TSH	13/09/2024	NTS September Age Group 2024
247	3:11.44	L	F	Mia-Ann Van der Westhuizen	14	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
248	3:12.56	L	F	Melissa Beasley	14	H2O EKU	18/01/2025	EGA Summer 5
249	3:12.74	L S	P	Thenysia Padmanathan	14	SOUL EKU	05/12/2024	EGA Summer Championships
250	3:12.81	L	F	Tamsyn Thomson	14	BULS MAN	13/09/2024	Pelicans Age Group Gala
251	3:13.04	L S	P	Mikal Newete	14	CA EKU	05/12/2024	EGA Summer Championships
252	3:13.73	L	F	Jayme Roebuck	14	CA EKU	15/11/2024	Summer 4 Delville
253	3:13.97	L	F	Hannah Landsberg	14	SS MPD	09/11/2024	Limpopo Age Group 5
254	3:15.38	L S	P	Victoria Holfeld	14	CA EKU	05/12/2024	EGA Summer Championships
255	3:15.58	L	F	Mamello Mabuza	14	ESP EKU	01/02/2025	EGA Last Chance Gala
256	3:16.40	L	F	Stella Combrink	14	ELEC TSH	13/09/2024	NTS September Age Group 2024
257	3:16.56	L	P	Carla Van der Merwe	14	PSCP UMD	02/07/2024	Prestige Tournament 2024
258	3:17.85	L S	F	Shiloh Paulse	14	KHAY CPT	02/11/2024	CTA A & B CHAMPS 2024
259	3:20.16	L	F	Lelanie Marais	14	LAD UTD	07/12/2024	Uthukela District Age Group Gala
260	3:20.96	L	F	Maria Davids	14	AQUA BUF	25/01/2025	BCA January Age Group Gala 2025
261	3:22.62	L S	P	Nikkie Klink	14	JAQ EKU	05/12/2024	EGA Summer Championships
262	3:23.09	L S	P	Oratilwe Mooko	14	PGAC EKU	05/12/2024	EGA Summer Championships
263	3:24.20	L	F	Anna Janse Van Rensburg	14	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
264	3:26.42	L	F	Little Ramone	14	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
265	3:27.53	L	F	Alexi Schuch	14	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
266	3:30.26	L	F	Tina-Marie Nel	14	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
267	3:31.12	L	F	Kebotile Bohlale Makokotlela	14	CSC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
268	3:33.47	L	F	Mpho Mwanza	14	ESP EKU	18/01/2025	EGA Summer 5
269	3:33.63	L	F	Farhia Mire	14	LINR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
270	3:47.13	L	F	Skylah Booysen	14	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
271	3:51.12	L	F	Meecca Edwards	14	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
272	3:53.43	L	F	Oresiametse Sekonya	14	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
273	4:05.48	L	F	Robyn Belcham	14	HURA CPT	09/11/2024	Swartland Prestige Gala 2024
274	4:13.68	L	F	Takira Petersen	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
275	4:58.28	L	F	Anuschka Swanepoel	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
276	4:59.41 L	F	Lekeshia Cameron	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
Women 14-14 400 Free								
1	4:32.39 L	F	Sienna Gous	14	INFA NMA	13/12/2024	NMBA Championships 2024	
2	4:32.98 L	F	Kylie De Bruyn	14	TUKS TSH	13/12/2024	NMBA Championships 2024	
3	4:40.64 L	F	Zuria Venter	14	CA ECU	01/02/2025	EGA Last Chance Gala	
4	4:42.56 L	F	Caitlin Evans	14	CTA CPT	11/01/2025	EDEN INTER DISTRICT PRESTIGE	
5	4:52.01 L	F	Giuliana Vyncke	14	TUKS TSH	29/11/2024	Mpumalanga Championships 2024	
6	4:52.28 L	F	Arabelle Grütter	14	ROA EDD	05/12/2024	Western Cape LC-A Championship 2024	
7	4:52.39 L	F	Kacey Hughes	14	STSC KCD	25/01/2025	uShaka Champs 2025	
8	4:53.20 L	F	Taylor Foster	14	RSA	04/10/2024	Curro AquaElite Gala	
9	4:54.58 L	F	Paige Meeser	14	CA ECU	05/12/2024	EGA Summer Championships	
10	4:54.94 L	F	Kaia Lin	14	WATR JHB	17/08/2024	Madibaz Swim Meet 2024	
11	4:55.50 L	F	Lily Solomon	14	WATR JHB	29/11/2024	CGA Championships 2024	
12	4:57.63 L S	F	Reese Noble	14	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024	
13	4:58.17 L	F	Izibelle Van Der Wath	14	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024	
14	4:58.25 L	F	Scarlett Friis	14	KLOO ETH	02/07/2024	Prestige Tournament 2024	
15	4:58.46 L	F	Kate Douglas	14	BAS ECU	05/12/2024	EGA Summer Championships	
16	5:00.61 L	F	Taylor Kassebaum	14	AA JHB	29/11/2024	CGA Championships 2024	
17	5:01.37 L	F	Emily Higgins	14	CA ECU	05/12/2024	EGA Summer Championships	
18	5:01.69 L	F	Kirsten Pirow	14	WATR JHB	29/11/2024	CGA Championships 2024	
19	5:01.87 L	F	Zané Grobler	14	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024	
20	5:02.54 L	F	Peyton Mathews	14	KLOO ETH	02/07/2024	Prestige Tournament 2024	
21	5:04.83 L	F	Kerryn Kotze	14	RACE JHB	29/11/2024	CGA Championships 2024	
22	5:05.09 L	F	Mikalla Laubscher	14	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024	
23	5:05.58 L	F	Jemmah Roman	14	INFA NMA	15/06/2024	PEA Winter Gala 2024	
24	5:06.09 L	F	Gemma Walters	14	DORE JHB	29/11/2024	CGA Championships 2024	
25	5:07.59 L	F	Minke Bester	14	POTC KKD	07/12/2024	NWS Championships 2024	
26	5:08.36 L	F	Micah Marx	14	CA ECU	05/12/2024	EGA Summer Championships	
27	5:08.59 L	F	Anieka Louw	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
28	5:08.95 L	F	Camilla Heuer	14	USC BUF	13/07/2024	1st A League Gala 2024	
29	5:09.92 L	F	Ella Van der Vyver	14	ASA ILD	25/01/2025	uShaka Champs 2025	
30	5:10.00 L	F	Cara Visser	14	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024	
31	5:10.10 L	F	Odette Upton	14	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo AG	
32	5:11.03 L	F	Madison Thirsk	14	TYGE CPT	15/06/2024	PEA Winter Gala 2024	
33	5:11.45 L	F	Megan Mayhew	14	WATR JHB	29/11/2024	CGA Championships 2024	
34	5:14.13 L S	F	Demi Putter	14	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
35	5:14.50 L	F	Inneke Liebenberg	14	POTC KKD	07/12/2024	NWS Championships 2024	
36	5:17.11 L	F	Caitlin Rossiter	14	HREF BPD	07/12/2024	NWS Championships 2024	
37	5:17.84 L	F	Noa Mansill	14	WSS LLD	04/12/2024	Free State Champs 2024	
38	5:18.38 L	F	Isabelle Welgemoed	14	BLSS MAN	04/12/2024	Free State Champs 2024	
39	5:18.58 L	F	Hailey Blewett	14	HREF BPD	07/12/2024	NWS Championships 2024	
40	5:19.21 L	F	Katya O'Brien	14	MDOL JHB	29/11/2024	CGA Championships 2024	
41	5:19.70 L	F	Eleni vd Merwe	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
42	5:19.98 L	F	Lechelle Rossouw	14	BLNE MAN	13/12/2024	NMBA Championships 2024	
43	5:23.14 L	F	Macayla Lamprecht	14	CA ECU	01/02/2025	EGA Last Chance Gala	
44	5:24.30 L	F	Meandri De Vos	14	BLOT MAN	06/09/2024	Bull Sharks Annual Gala	
45	5:24.75 L	F	Deryn Filday	14	RSA	04/10/2024	Curro AquaElite Gala	
46	5:24.90 L S	F	Luna Messiter-Tooze	14	SLAQ CPT	02/11/2024	CTA A & B CHAMPS 2024	
47	5:25.21 L	F	Amore Oosthuizen	14	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
48	5:25.27 L S	F	Chelsea-Jean Botha	14	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
49	5:25.47 L	F	Logan Riley	14	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET	
50	5:27.75 L	F	Mariné Pretorius	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
51	5:27.91 L	F	Tiffany Prins	14	KTS	15/11/2024	AGE GROUP 2 KATHU 2024	
52	5:28.49 L	F	Dayna Van Niekerk	14	BLNE MAN	04/12/2024	Free State Champs 2024	
53	5:28.50 L	F	Miya Krog	14	SAAW CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)	
54	5:30.40 L	F	Mila Fourie	14	MATL KKD	07/12/2024	NWS Championships 2024	
55	5:30.57 L	F	Alexa Heldsinger	14	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024	
56	5:31.40 L	F	Alexis Muller	14	AZON ETH	02/07/2024	Prestige Tournament 2024	
57	5:31.94 L S	F	Juanè Burger	14	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024	

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
58	5:32.54 L	F	Kyla Schäfer	14	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024
59	5:33.52 L	F	Lehane Lategan	14	FAAC	05/10/2024	FLAMINGO GALA OCT 2024
60	5:36.23 L	F	Dedre Engelbrecht	14	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
61	5:36.33 L	F	Ella Jv Rensburg	14	SS MPD	29/11/2024	Limpopo Champs 2024
62	5:37.52 L	F	Lillee Evans	14	RACE JHB	29/11/2024	CGA Championships 2024
63	5:39.02 L	F	Therese Van den Berg	14	CRSC JHB	29/11/2024	CGA Championships 2024
64	5:39.13 L	F	Summer du Plessis	14	BLOT MAN	10/08/2024	Kovsies Gala 1
65	5:39.34 L	F	Kapitolina Xaba	14	SASE JHB	29/11/2024	CGA Championships 2024
66	5:39.80 L	F	Amy Walton	14	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
67	5:40.65 L	F	Marina Cussons	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024
68	5:41.08 L	F	Marlo Lensing	14	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
69	5:45.29 L	F	Isla Leiper	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
70	5:45.38 L	F	Keira Palmer	14	CRSC JHB	29/11/2024	CGA Championships 2024
71	5:45.45 L	F	Christa de Beer	14	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024
72	5:45.69 L	F	Talitha Schuch	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
73	5:46.14 L	F	Taaliah Williams	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
74	5:49.24 L	F	Zoe Janse van Vuuren	14	CSA EZD	29/11/2024	Mpumalanga Championships 2024
75	5:49.27 L	F	Dylan Van Vuuren	14	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024
76	5:49.57 L	F	Emma Nolan	14	MDOL JHB	29/11/2024	CGA Championships 2024
77	5:50.15 L	F	Suri Cloete	14	RFA TSH	01/02/2025	EGA Last Chance Gala
78	5:50.29 L	F	Milan Ferreira	14	TASC MPD	09/11/2024	Limpopo Age Group 5
79	5:50.57 L	F	Helena Rookoen-Smith	14	LALE CED	09/11/2024	Winelands SL4
80	5:51.02 L	F	Menincke Genis	14	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
81	5:51.68 L	F	Robynn Coetzer	14	RBOT BPD	07/12/2024	NWS Championships 2024
82	5:51.93 L	F	Paige Van Niekerk	14	PER JHB	29/11/2024	CGA Championships 2024
83	5:55.62 L	F	Ashleigh Goncalves	14	CA EKU	01/02/2025	EGA Last Chance Gala
84	5:55.81 L	F	Victoria Bulhakova	14	SWIFT EKU	26/10/2024	Summer 3 Delville
85*	5:56.79 L	F	Amber Leibbrandt	14	SEAL UMD	02/07/2024	Prestige Tournament 2024
85*	5:56.79 L	F	Johandri Pool	14	BLSS MAN	04/12/2024	Free State Champs 2024
87	6:00.26 L	F	Suné Coetzee	14	POTC KKD	07/12/2024	NWS Championships 2024
88	6:00.76 L	F	Sienna Kidgell	14	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
89	6:00.96 L	F	Lurette du Toit	14	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
90	6:02.16 L	F	Nadia Van Schalkwyk	14	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
91	6:02.40 L	F	Alri Venter	14	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo AG
92	6:02.57 L	F	Nasheetah Jephtha	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
93	6:03.11 L	F	Isabella September	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
94	6:03.44 L	F	Jessie Ludick	14	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
95	6:05.72 L	F	Danique Hefer	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024
96	6:07.60 L	F	Buhlebemvelo Mdluli	14	WSTV ETH	25/01/2025	uShaka Champs 2025
97	6:13.59 L	F	Liesel De Witt	14	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
98	6:13.82 L	F	Jessica Matthysen	14	CSA EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
99	6:15.00 L	F	Kyra Home	14	AA JHB	29/11/2024	CGA Championships 2024
100	6:16.02 L	F	Taylor Tredoux	14	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
101	6:17.02 L	F	Gabriella Oelofse	14	TNDER FDD	27/09/2024	Seals Gala 2
102	6:17.06 L	F	Kara Barnard	14	RSA	04/10/2024	Curro AquaElite Gala
103	6:17.50 L	F	Mieke De Witt	14	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
104	6:19.87 L	F	Melinda Dippenaar	14	BS LLD	04/12/2024	Free State Champs 2024
105	6:21.72 L	F	Brogan Torrie	14	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
106	6:23.57 L	F	Rachel Smith	14	LEGC ETH	01/02/2025	KCDA Age Group 4 2024
107	6:23.83 L	F	Anje Stoltz	14	UNIU EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
108	6:26.40 L	F	Rerapetse Ramohale	14	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
109	6:29.30 L	F	Mienke Vd Bank	14	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
110	6:31.34 L	F	Elizma Jacobs	14	RBUR BPD	07/12/2024	NWS Championships 2024
111	6:32.12 L	F	Johane Human	14	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
112	6:34.94 L	F	Willow Hunter	14	BULS MAN	10/08/2024	Kovsies Gala 1
113	6:37.30 L	F	Gerda Clarke	14	DESA NMA	05/10/2024	4th A League Gala 2024
114	6:38.29 L	F	Skyla Reddy	14	SWIFT EKU	26/10/2024	Summer 3 Delville
115	6:39.14 L	F	Marubini Matumba	14	JAQ EKU	26/10/2024	Summer 3 Delville
116	6:47.83 L	F	Hannaan Mia	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
117	6:48.17 L	F	Liyema Mabhele	14	PER JHB	29/11/2024	CGA Championships 2024
118	6:49.63 L	F	April Allam	14	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
119	6:58.89 L	F	Jayne Roebuck	14	CA EKU	26/10/2024	Summer 3 Delville
120	7:01.81 L	F	Lisa Getye	14	AQUA BUF	15/06/2024	PEA Winter Gala 2024
121	7:03.43 L	F	Ella Maurice	14	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
122	7:14.22 L	F	Anna Janse Van Rensburg	14	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
123	7:23.94 L	F	Mamello Mabuza	14	ESP EKU	26/10/2024	Summer 3 Delville
124	7:40.23 L	F	Lintle Ramone	14	MATL KKD	07/12/2024	NWS Championships 2024
125	7:44.18 L	F	Oresiametse Sekonya	14	MATL KKD	07/12/2024	NWS Championships 2024
126	8:04.60 L	F	Mpho Mwanza	14	ESP EKU	01/02/2025	EGA Last Chance Gala
Women 14-14 500 Free							
1	6:01.71 L	O	Nasheetah Jephtha	14	MANT CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series
2	6:43.35 L	O	Luné Fouche	14	CUHE OBD	23/11/2024	Aqua Azzurra Foundation OWS - Series
3	6:56.34 L	O	Sade Santos	14	MANT CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series
Women 14-14 800 Free							
1	9:34.36 L	F	Kylie De Bruyn	14	TUKS TSH	13/12/2024	NMBA Championships 2024
2	9:38.68 L	F	Caitlin Evans	14	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
3	9:43.89 L	F	Sienna Gous	14	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
4	9:54.02 L	F	Zuria Venter	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
5	10:01.88 L	F	Arabelle Grütter	14	ROA EDD	31/01/2025	Infinity Gala 2025
6	10:08.91 L	F	Lily Solomon	14	WATR JHB	29/11/2024	CGA Championships 2024
7	10:09.32 L	F	Reese Noble	14	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024
8	10:14.53 L	F	Zané Grobler	14	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
9	10:15.31 L	F	Taylor Kassebaum	14	AA JHB	29/11/2024	CGA Championships 2024
10	10:16.13 L	F	Anieka Louw	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
11	10:18.53 L	F	Paige Meeser	14	CA EKU	26/10/2024	Summer 3 Delville
12	10:23.46 L	F	Madison Thirsk	14	TYGE CPT	15/06/2024	PEA Winter Gala 2024
13	10:28.60 L	F	Kate Douglas	14	BAS EKU	05/12/2024	EGA Summer Championships
14	10:29.78 L	F	Kerryn Kotze	14	RACE JHB	29/11/2024	CGA Championships 2024
15	10:30.74 L	F	Mikalla Laubscher	14	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024
16	10:31.05 L	F	Annabelle Van Rensburg	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
17	10:36.71 L	F	Minke Bester	14	POTC KKD	07/12/2024	NWS Championships 2024
18	10:44.23 L	F	Megan Mayhew	14	WATR JHB	29/11/2024	CGA Championships 2024
19	10:50.56 L	F	Cara Visser	14	CYBE CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
20	10:55.40 L	F	Micah Marx	14	CA EKU	05/12/2024	EGA Summer Championships
21	11:02.86 L	F	Lechelle Rossouw	14	BLNE MAN	13/12/2024	NMBA Championships 2024
22	11:04.59 L	F	Caitlin Rossiter	14	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
23	11:06.35 L	F	Noa Mansill	14	WSS LLD	25/10/2024	Neptunes Gala
24	11:08.69 L	F	Logan Riley	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
25	11:08.79 L	F	Meandri De Vos	14	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
26	11:13.38 L	F	Emily Crozier	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
27	11:18.13 L	F	Mariné Pretorius	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
28	11:20.38 L	F	Summer du Plessis	14	BLOT MAN	31/08/2024	Seals Gala
29	11:22.09 L	F	Beané Noeth	14	UPSK ZMD	15/11/2024	AGE GROUP 2 KATHU 2024
30	11:24.70 L	F	Hailey Blewett	14	HREF BP	23/11/2024	NWS Age Group 3 + 4 2024
31	11:30.79 L	F	Lehane Lategan	14	FAAC	05/10/2024	FLAMINGO GALA OCT 2024
32	11:35.85 L	F	Dayna Van Niekerk	14	BLNE MAN	04/12/2024	Free State Champs 2024
33	11:44.37 L	F	Dedre Engelbrecht	14	RBOT BPD	07/12/2024	NWS Championships 2024
34	11:59.79 L	F	Taaliah Williams	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
35	12:06.50 L	F	Marlo Lensing	14	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
36	12:16.78 L	F	Menincke Genis	14	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
37	12:20.41 L	F	Robynn Coetzer	14	RBOT BPD	07/12/2024	NWS Championships 2024
38	12:27.33 L	F	Karla Lemmer	14	USH KCD	28/09/2024	KCDA Age Group 1 2024
39	12:30.68 L	F	Johandri Pool	14	BLSS MAN	25/10/2024	Neptunes Gala
40	12:32.69 L	F	Nasheetah Jephtha	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
41	12:44.67 L	F	Kyla Schäfer	14	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024
42	13:19.61 L	F	Mienke Vd Bank	14	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
43	14:16.94 L	F	Melinda Dippenaar	14	BS LLD	06/09/2024	Bull Sharks Annual Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
44	14:36.87 L	F	Luné Fouche	14	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala	
45	14:55.50 L	F	Lelanie Marais	14	LAD UTD	11/01/2025	Uthukela District Age Group Gala	
Women 14-14 1500 Free								
1	18:07.82 L	F	Kylie De Bruyn	14	TUKS TSH	13/12/2024	NMBA Championships 2024	
2	18:17.08 L S	F	Caitlin Evans	14	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024	
3	18:31.67 L	F	Sienna Gous	14	INFA NMA	31/01/2025	Infinity Gala 2025	
4	18:38.58 L	F	Zuria Venter	14	CA EKU	15/11/2024	Summer 4 Delville	
5	19:20.64 L S	F	Zané Grobler	14	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024	
6	19:23.05 L	F	Paige Meeser	14	CA EKU	15/11/2024	Summer 4 Delville	
7	19:25.19 L	F	Kate Douglas	14	BAS EKU	05/12/2024	EGA Summer Championships	
8	19:35.69 L	F	Arabelle Grütter	14	ROA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools	
9	19:39.33 L S	F	Reese Noble	14	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024	
10	19:40.60 L S	F	Anieka Louw	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
11	19:44.06 L	F	Kacey Hughes	14	STSC KCD	01/02/2025	KCDA Age Group 4 2024	
12	20:10.00 L	O	Taylor Kassebaum	14	AA JHB	18/01/2025	WC OWS Champs / Aqua Azzurra	
13	20:11.47 L S	F	Mikalla Laubscher	14	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024	
14	20:29.22 L	F	Minke Bester	14	POTC KKD	07/12/2024	NWS Championships 2024	
15	20:45.75 L S	F	Madison Thirsk	14	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024	
16	20:49.81 L	F	Caitlin Rossiter	14	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024	
17	21:07.54 L	F	Mariné Pretorius	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
18	21:12.14 L S	F	Noa Mansill	14	WSS LLD	04/12/2024	Free State Champs 2024	
19	21:17.67 L	F	Meandri De Vos	14	BLOT MAN	02/11/2024	Heidedal	
20	21:38.67 L	F	Emily Crozier	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
21	22:16.00 L	O	Kerryn Kotze	14	RACE JHB	18/01/2025	WC OWS Champs / Aqua Azzurra	
22	22:24.97 L	F	Lechelle Rossouw	14	BLNE MAN	25/10/2024	Neptunes Gala	
23	22:28.54 L	F	Dedre Engelbrecht	14	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024	
24	22:44.90 L	F	Zoe Janse van Vuuren	14	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
25	22:49.94 L	F	Marlo Lensing	14	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024	
26	24:06.19 L	F	Karla Lemmer	14	USH KCD	01/02/2025	KCDA Age Group 4 2024	
27	24:47.78 L	F	Kyla Schäfer	14	KNYA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools	
28	26:10.07 L	O	Anouk Bugler	14	AQDO CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
29	26:11.96 L	F	Melinda Dippenaar	14	BS LLD	25/10/2024	Neptunes Gala	
30	26:30.00 L	O	Ella-Jane Johnson	14	AAS JHB	20/10/2024	Manyaka OW Sprint 2024	
31	26:40.12 L	O	Nasheetah Jephta	14	MANT CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
32	27:06.00 L	O	Ella-Mae Henning	14	VRC TSH	18/01/2025	Prime View #3 2025	
33	29:16.28 L	O	Jasmine Hirshovitz	14	ASAC CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
34	29:34.67 L	O	Emma Engela	14	SAAW CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
35	29:37.21 L	O	Isabel Engela	14	SAAW CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
36	31:41.53 L	O	Luné Fouche	14	CUHE OBD	18/01/2025	WC OWS Champs / Aqua Azzurra	
37	33:09.00 L	O	Liyema Mabhele	14	PER JHB	20/10/2024	Manyaka OW Sprint 2024	
Women 14-14 3000 Free								
1	44.46 L	F	Taylor Foster	14	AZON ETH	24/11/2024	Capital K 3km Open Water Swim	
2	49.27 L	F	Alexis Muller	14	AZON ETH	24/11/2024	Capital K 3km Open Water Swim	
3	51.14 L	F	Ange Dore	14	KLOO ETH	24/11/2024	Capital K 3km Open Water Swim	
4	51.22 L	F	Deryn Filday	14	AZON ETH	24/11/2024	Capital K 3km Open Water Swim	
5	55.44 L	F	Buhlebemvelo Mdluli	14	WSTV ETH	24/11/2024	Capital K 3km Open Water Swim	
6	59.49 L	F	Brogan Torrie	14	AZON ETH	24/11/2024	Capital K 3km Open Water Swim	
7	39:59.00 L	O	Zuria Venter	14	CA EKU	18/01/2025	Prime View #3 2025	
8	40:05.43 L	O	Caitlin Evans	14	TYGE CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
9	40:32.00 L	O	Taylor Kassebaum	14	AA JHB	18/01/2025	Prime View #3 2025	
10	41:02.69 L	O	Madison Thirsk	14	TYGE CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
11	41:07.13 L	O	Anieka Louw	14	CASC CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
12	41:52.00 L	O	Caitlin Rossiter	14	HREF BPD	18/01/2025	Prime View #3 2025	
13	42:08.45 L	O	Reese Noble	14	SAAW CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
14	43:36.84 L	O	Mikalla Laubscher	14	ASAC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
15	44:25.00 L	O	Kerryn Kotze	14	RACE JHB	07/12/2024	Prime View #2	
16	46:30.00 L	O	Minke Bester	14	POTCH KKD	18/01/2025	WC OWS Champs / Aqua Azzurra	
17	48:28.63 L	O	Chelsea-Jean Botha	14	CASC CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
18	51:32.97	L	O	Dylan Van Vuuren	14	ANAX CPT	18/01/2025 WC OWS Champs / Aqua Azzurra
19	53:24.00	L	O	Lillee Evans	14	RACE JHB	02/11/2024 Prime View #1
20	53:26.00	L	O	Ella-Mae Henning	14	VRC FSH	18/01/2025 Prime View #3 2025
21	1:00:03.00	L	O	Paige Van Niekerk	14	PER JHB	20/10/2024 Manyaka OW Sprint 2024
22	1:00:21.00	L	O	Kirsty Koegelenberg	14	BLUO UGD	29/09/2024 EDA Open Water 1
Women 14-14 5000 Free							
1	1:03:02.00	L	O	Taylor Foster	14	AZON ETH	26/10/2024 EDA Open Water 2
2	1:05:31.95	L	O	Caitlin Evans	14	RSA	08/12/2024 XX AA Zone IV OWS Championships 8
3	1:07:02.00	L	O	Sienna Gous	14	INFA NMA	19/01/2025 NMBA OWS Championships 2025
4	1:09:47.00	L	O	Taylor Kassebaum	14	AA JHB	18/01/2025 Prime View #3 2025
5	1:10:29.00	L	O	Reese Noble	14	SAAW CPT	18/01/2025 WC OWS Champs / Aqua Azzurra
6	1:13:21.00	L	O	Anieka Louw	14	CASC CPT	18/01/2025 WC OWS Champs / Aqua Azzurra
7	1:17:14.00	L	O	Madison Thirsk	14	TYGE CPT	18/01/2025 WC OWS Champs / Aqua Azzurra
8	1:17:54.00	L	O	Caitlin Rossiter	14	WSTV ETH	02/11/2024 Prime View #1
9	1:19:18.00	L	O	Mikalla Laubscher	14	ASAC CPT	23/11/2024 Aqua Azzurra Foundation OWS - Series
10	1:31:45.00	L	O	Dylan Van Vuuren	14	ANAX CPT	18/01/2025 WC OWS Champs / Aqua Azzurra
Women 14-14 50 Back							
1	30.30	L	F	Christina Orchard	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
2	31.22	L	F	Arabella Bayly	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
3	32.73	L	F	Elicia Chivandire	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
4	32.82	L	F	Sienna Gous	14	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
5	32.97	L	F	Simonè Gerber	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
6	33.02	L	P	Gemma Walters	14	DORE JHB	29/11/2024 CGA Championships 2024
7	33.56	L	F	Ella Jv Rensburg	14	SS MPD	12/10/2024 Limpopo Age Group 4
8	33.62	L	P	Logan Riley	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
9*	33.68	L	F	Kato' van Niekerk	14	TUKS FSH	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
9*	33.68	L	F	Isabel Kuhn	14	PEAS NMA	15/06/2024 PEA Winter Gala 2024
11	33.73	L	F	Sabella Serdyn	14	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
12	33.75	L	F	Zuria Venter	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
13	33.82	L	P	Emily Higgins	14	CA EKU	05/12/2024 EGA Summer Championships
14	33.88	L S	F	Acaylia Holman	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
15	33.93	L	P	Reese Noble	14	SAAW CPT	05/12/2024 Western Cape LC-A Championship 2024
16	33.94	L	P	Arabelle Grütter	14	ROA EDD	05/12/2024 Western Cape LC-A Championship 2024
17	34.01	L	F	Ella Van der Vyver	14	ASA ILD	25/01/2025 uShaka Champs 2025
18	34.11	L	F	Emma Pretorius	14	BLOT MAN	04/12/2024 Free State Champs 2024
19	34.26	L	P	Rachel Sheard	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
20*	34.35	L	F	Caitlin Evans	14	TYGE CPT	09/11/2024 Winelands SL4
20*	34.35	L	F	Amore Oosthuizen	14	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
20*	34.35	L	F	Kaia Lin	14	WATR JHB	29/11/2024 CGA Championships 2024
23	34.48	L	F	Maya Mgcina	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
24	34.54	L	F	Zora Melka	14	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
25	34.56	L	F	Milan Ferreira	14	TASC MPD	29/11/2024 Limpopo Champs 2024
26	34.57	L	F	Jessica Miller	14	CRSC JHB	29/11/2024 CGA Championships 2024
27	34.63	L S	F	Dedre Engelbrecht	14	RBOT BPD	07/12/2024 NWS Championships 2024
28	34.76	L	F	Camilla Heuer	14	USC BUF	31/01/2025 Infinity Gala 2025
29	34.78	L	F	Alexis Muller	14	RSA	04/10/2024 Curro AquaElite Gala
30	34.83	L	F	Caitlin Rossiter	14	HREF BP	09/11/2024 NWS Age Group 1 & 2 2024
31	34.86	L	P	Cassidy Dewart	14	CA EKU	05/12/2024 EGA Summer Championships
32	34.89	L	F	Kate Douglas	14	BAS EKU	05/12/2024 EGA Summer Championships
33	34.91	L	F	Izibelle Van Der Wath	14	KNYA EDD	15/06/2024 PEA Winter Gala 2024
34*	35.00	L	P	Caitlin Knight	14	WATR JHB	29/11/2024 CGA Championships 2024
34*	35.00	L	F	Odette Upton	14	HSBV SKD	01/02/2025 Limpopo School Champs & Limpopo AG
36	35.06	L S	F	Cara Visser	14	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
37*	35.09	L	P	Shalem Mashingaidze	14	WATR JHB	29/11/2024 CGA Championships 2024
37*	35.09	L	P	Nika Saayman	14	PLAY CED	05/12/2024 Western Cape LC-A Championship 2024
39	35.15	L	S	Katelyn Kruger	14	MDOL JHB	29/11/2024 CGA Championships 2024
40	35.17	L	P	Gemma Goelst	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
41	35.20	L	P	Alexandra Hodgson-Jervis	14	AA JHB	29/11/2024 CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
42	35.32	L	F	Caitlin Crowther	14	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
43	35.34	L	F	Kacey Hughes	14	STSC KCD	09/11/2024 KCDA Age Goup 2 2024
44	35.37	L	F	Katie Van Wyk	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
45	35.46	L S	F	Demi Putter	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
46	35.68	L	F	Marny Du Plessis	14	SS MPD	29/11/2024 Limpopo Champs 2024
47	35.70	L	F	Darina Milanova	14	PAC FSH	13/09/2024 NTS September Age Group 2024
48	35.78	L	P	Mikalla Laubscher	14	ASAC CPT	05/12/2024 Western Cape LC-A Championship 2024
49	35.79	L	P	Rachel Fairweather	14	WATR JHB	29/11/2024 CGA Championships 2024
50	35.80	L	F	Kristen Billett	14	ELEC FSH	13/09/2024 NTS September Age Group 2024
51	35.89	L	F	Noa Mansill	14	WSS LLD	04/12/2024 Free State Champs 2024
52	35.95	L	F	Minette Van Zyl	14	INFA NMA	13/12/2024 NMBA Championships 2024
53	36.01	L	P	Kerryn Kotze	14	RACE JHB	29/11/2024 CGA Championships 2024
54	36.08	L	F	Maya Meyer	14	BULS MAN	06/09/2024 Bull Sharks Annual Gala
55	36.10	L	F	Marion Alala	14	TUKS FSH	07/12/2024 NCSA INVITATIONAL SWIMMING
56*	36.14	L	F	Bellame Mostert	14	PEAS NMA	14/09/2024 3rd A League Gala 2024
56*	36.14	L	P	Nia O'Carroll	14	STAQ CED	05/12/2024 Western Cape LC-A Championship 2024
58	36.19	L	F	Aryana Cloete-Hopkins	14	SSISA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
59	36.21	L	F	Nikita Govind	14	TRAZ FSH	13/09/2024 NTS September Age Group 2024
60	36.28	L	P	Erin Lewis	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
61	36.29	L	F	Madison Smith	14	CA EKU	01/02/2025 EGA Last Chance Gala
62	36.33	L S	F	Christa de Beer	14	POTC KKD	07/12/2024 NWS Championships 2024
63	36.36	L	F	Megan Jansen	14	UNIU EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
64	36.43	L	P	Lenè Basson	14	TGA WCD	05/12/2024 Western Cape LC-A Championship 2024
65*	36.44	L	F	Jo Otto	14	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
65*	36.44	L	F	Dayna Van Niekerk	14	BLNE MAN	25/10/2024 Neptunes Gala
67	36.46	L	F	Riley Girodo	14	SGUL ETH	02/07/2024 Prestige Tournament 2024
68	36.55	L	F	Evalyn Brown	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
69	36.56	L	P	Indigo Woodburn	14	MDOL JHB	29/11/2024 CGA Championships 2024
70	36.58	L	F	Anri Maree	14	BS LLD	04/12/2024 Free State Champs 2024
71	36.64	L	F	Sharni-Marie Watson	14	HPS FSH	13/09/2024 NTS September Age Group 2024
72	36.74	L	F	Micah Marx	14	CA EKU	12/10/2024 EGA Summer 2
73	36.77	L	F	Emily Watson	14	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
74*	36.79	L S	F	Hailey Blewett	14	HREF BPD	07/12/2024 NWS Championships 2024
74*	36.79	L	P	Kyla Schäfer	14	KNYA EDD	05/12/2024 Western Cape LC-A Championship 2024
76	36.84	L	F	Paige Meeser	14	CA EKU	01/02/2025 EGA Last Chance Gala
77	36.90	L S	F	Minke Bester	14	POTC KKD	07/12/2024 NWS Championships 2024
78*	36.95	L S	F	Kirsten Myers	14	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
78*	36.95	L	F	Eleni vd Merwe	14	TUKS FSH	13/09/2024 NTS September Age Group 2024
80	37.00	L	F	Sienna Kidgell	14	AZON ETH	25/01/2025 uShaka Champs 2025
81	37.10	L	F	Riley Gouws	14	ASA HLD	25/01/2025 uShaka Champs 2025
82	37.16	L	F	Brogan Torrie	14	AZON ETH	25/01/2025 uShaka Champs 2025
83	37.22	L	P	Jade Van Vuuren	14	WATR JHB	29/11/2024 CGA Championships 2024
84*	37.25	L	F	Eva Wildman	14	MAKO EKU	26/10/2024 Summer 3 Delville
84*	37.25	L	F	Jessica Matthysen	14	CSA EZD	29/11/2024 Mpumalanga Championships 2024
86	37.42	L	P	Meandri De Vos	14	BLOT MAN	04/12/2024 Free State Champs 2024
87	37.50	L	F	Suri Cloete	14	RFA FSH	01/02/2025 EGA Last Chance Gala
88	37.59	L	F	Elin Huang	14	PAC FSH	13/09/2024 NTS September Age Group 2024
89	37.60	L S	F	Maré Coetzee	14	POTC KKD	07/12/2024 NWS Championships 2024
90	37.62	L	F	Zané Grobler	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
91	37.66	L	F	Annabelle Van Rensburg	14	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
92	37.67	L	P	Shayla Whyte	14	MDOL JHB	29/11/2024 CGA Championships 2024
93	37.74	L	P	Rachel Smith	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
94	37.78	L	P	Kapitolina Xaba	14	SASE JHB	29/11/2024 CGA Championships 2024
95	37.85	L S	F	Mila Fourie	14	MATL KKD	07/12/2024 NWS Championships 2024
96	37.93	L	P	Lillee Evans	14	RACE JHB	29/11/2024 CGA Championships 2024
97	37.94	L	P	Marguerite Cockeran	14	DRGN EKU	29/11/2024 CGA Championships 2024
98	38.00	L	F	Zoe Janse van Vuuren	14	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
99	38.03	L	P	Talitha Schuch	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
100	38.07	L	F	Leané Swanepoel	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
101	38.11 L	F	Jhuliana Lamprecht	14	CA EKU	05/12/2024	EGA Summer Championships	
102	38.14 L	F	Danique Hefer	14	ELRAS WBD	12/10/2024	Limpopo Age Group 4	
103	38.16 L	P	Huei-Ing Chen	14	DORE JHB	29/11/2024	CGA Championships 2024	
104	38.17 L	F	Peyton Mathews	14	KLOO ETH	02/07/2024	Prestige Tournament 2024	
105	38.25 L	P	Tuduetso Onyadile	14	BLSS MAN	04/12/2024	Free State Champs 2024	
106	38.26 L	F	Anchen (Jnr) Jv Rensburg	14	TUKS FSH	13/09/2024	NTS September Age Group 2024	
107	38.33 L S	F	Gabriela Sa	14	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024	
108	38.47 L S	F	Chara De Wit	14	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
109	38.49 L	F	Helena Rookan-Smith	14	LALE CED	09/11/2024	Winelands SL4	
110	38.54 L	F	Emma Fourie	14	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
111	38.58 L	P	Isabelle Welgemoed	14	BLSS MAN	04/12/2024	Free State Champs 2024	
112	38.64 L	P	Mienke Vd Bank	14	CUHE OBD	05/12/2024	Western Cape LC-A Championship 2024	
113	38.69 L	P	Emma Gallant Da Silva	14	MDOL JHB	29/11/2024	CGA Championships 2024	
114	38.79 L	F	Summer du Plessis	14	BLOT MAN	09/11/2024	Bull Sharks Gala	
115	38.86 L	P	Macayla Lamprecht	14	CA EKU	05/12/2024	EGA Summer Championships	
116	38.97 L	F	Emma Lee Vd Westhuizen	14	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools	
117	39.08 L	F	Leila Smit	14	CSC FSH	11/10/2024	NTS Level 1+2 October Age Group 2024	
118	39.09 L	F	Holly McAfee	14	FISH EDD	31/01/2025	Infinity Gala 2025	
119	39.13 L S	F	Giselle Engelbrecht	14	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024	
120	39.17 L	P	Ella-Jane Johnson	14	AAS JHB	29/11/2024	CGA Championships 2024	
121	39.21 L	P	Menincke Genis	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
122	39.32 L S	F	Sade Santos	14	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024	
123	39.34 L	F	Taaliah Williams	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024	
124	39.41 L	F	Shane Swarts	14	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024	
125	39.46 L	F	Ava Lambropoulos	14	TRAZ FSH	11/10/2024	NTS Level 1+2 October Age Group 2024	
126*	39.57 L	P	Cecilia Breedt	14	DORE JHB	29/11/2024	CGA Championships 2024	
126*	39.57 L	F	Gabriella Goncalves	14	SOUL EKU	26/10/2024	Summer 3 Delville	
128	39.59 L	F	Maria Davids	14	AQUA BUF	22/11/2024	BCA Long Course Championships 2024	
129	39.87 L	P	Therese Van den Berg	14	CRSC JHB	29/11/2024	CGA Championships 2024	
130	40.02 L S	F	Sabrina Oaten	14	SFSC CPT	02/11/2024	CTA A & B CHAMPS 2024	
131	40.03 L	F	Genevieve Agudo	14	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming	
132	40.07 L	P	Isabella Dos Santos	14	PER JHB	29/11/2024	CGA Championships 2024	
133	40.08 L	F	Anouk Atkinson	14	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024	
134	40.11 L	F	Tiffany Prins	14	KTS	05/10/2024	FLAMINGO GALA OCT 2024	
135	40.13 L	F	Nadia Van Schalkwyk	14	EXP FSH	13/09/2024	NTS September Age Group 2024	
136	40.14 L	P	Shelby Trollip	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
137	40.37 L	P	Anna Cloete	14	QUES JHB	29/11/2024	CGA Championships 2024	
138	40.41 L	F	Taylor Tredoux	14	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
139	40.42 L	F	Hyzel Hutchison	14	GHSK	05/10/2024	FLAMINGO GALA OCT 2024	
140	40.43 L	P	Anabella Borges	14	SWIM1 JHB	29/11/2024	CGA Championships 2024	
141	40.63 L	F	Kellan Lynch	14	XCEL CPT	21/09/2024	CTA INVITATIONAL LC MEET	
142	40.65 L	F	Kasia Morris	KN	VASA EKU	12/10/2024	EGA Summer 2	
143	40.71 L	F	Ane' Claassen	14	TUKS FSH	11/10/2024	NTS Level 1+2 October Age Group 2024	
144	40.82 L	F	Lirese Meintjes	14	TASC MPD	09/11/2024	Limpopo Age Group 5	
145*	40.84 L	F	Skyla Reddy	14	SWIFT EKU	26/10/2024	Summer 3 Delville	
145*	40.84 L	F	Aeshah Hendricks	14	CTA CPT	11/01/2025	EDEN INTER DISTRICT PRESTIGE	
147	40.86 L	F	Emily Coetzer	14	TUKS FSH	11/10/2024	NTS Level 1+2 October Age Group 2024	
148	40.95 L	P	Erin van der Linde	14	SOUL EKU	05/12/2024	EGA Summer Championships	
149	41.04 L	P	Marubini Matumba	14	JAQ EKU	05/12/2024	EGA Summer Championships	
150	41.08 L	F	Tanita Packery	14	USC BUF	22/11/2024	BCA Long Course Championships 2024	
151	41.11 L	F	Silizwiwe Giyose	14	USC BUF	13/07/2024	1st A League Gala 2024	
152	41.15 L	P	Nenekazi Taole	14	SWIFT EKU	05/12/2024	EGA Summer Championships	
153	41.18 L	P	Victoria Bulhakova	14	SWIFT EKU	05/12/2024	EGA Summer Championships	
154	41.31 L	P	Taylor Reichman-Israelsohn	14	WATR JHB	29/11/2024	CGA Championships 2024	
155*	41.35 L	P	Mieke Griffiths	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
155*	41.35 L	P	Kelsey-Lee Wagner	14	AA JHB	29/11/2024	CGA Championships 2024	
155*	41.35 L	F	Anieke Prinsloo	14	BETH FDD	15/11/2024	Valsrivier Gala 2024	
158	41.42 L	P	Keira Palmer	14	CRSC JHB	29/11/2024	CGA Championships 2024	
159	41.46 L	P	Bianca Rayfield	14	SASE JHB	29/11/2024	CGA Championships 2024	

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
160	41.47	L	F	Luca Alexander	14	MARL CPT	09/11/2024 Swartland Prestige Gala 2024
161	41.49	L	F	Yolanda Noble	14	ROA EDD	17/10/2024 43rd Freda Barnard Invitational Gala
162	41.73	L	F	Luette du Toit	14	BLOT MAN	06/09/2024 Bull Sharks Annual Gala
163	41.76	L	P	Leah Boardman	14	CA EKU	05/12/2024 EGA Summer Championships
164	42.16	L	F	Miane Van Veelen	14	TASC MPD	29/11/2024 Limpopo Champs 2024
165	42.25	L	P	Liyema Mabhele	14	PER JHB	29/11/2024 CGA Championships 2024
166	42.31	L	F	Carli Coetzee	14	QUES JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
167	42.44	L	P	Lechelle Rossouw	14	BLNE MAN	04/12/2024 Free State Champs 2024
168	42.61	L	F	Marlo Lensing	14	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
169	42.62	L	F	Paityn Wilson	14	BEST NMA	13/07/2024 1st A League Gala 2024
170	42.68	L	F	Leahtilia van Rensburg	14	VREDE TMD	19/10/2024 Pelicans Gala 2
171	42.72	L	F	Alri Venter	14	PHS CCD	08/10/2024 Limpopo Top 8 - High Schools
172	42.80	L	P	Mikal Newete	14	CA EKU	05/12/2024 EGA Summer Championships
173	42.81	L S	F	Rerapetse Ramohale	14	RBOT BPD	07/12/2024 NWS Championships 2024
174	42.89	L	P	Jayne Roebuck	14	CA EKU	05/12/2024 EGA Summer Championships
175	42.96	L	F	Maria Erhard	14	CA EKU	26/10/2024 Summer 3 Delville
176	43.00	L	F	Mikaela Johst	14	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
177	43.07	L	F	Melinda Dippenaar	14	BS LLD	24/08/2024 Kovsie Gala 2
178	43.08	L	F	Suné Coetzee	14	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
179	43.09	L	F	Jeandré Lodewyks	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
180	43.12	L	F	Sarah Van Schalkwyk	14	ELEC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
181	43.14	L	F	Layla Cronin	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
182*	43.15	L	F	Ashleigh Goncalves	14	CA EKU	12/10/2024 EGA Summer 2
182*	43.15	L	F	Anje Stoltz	14	UNI U EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
184	43.17	L	F	Mieke-Lee Mulder	14	LSPHA MP	02/11/2024 Limpopo LS - Top 8 skole 2024
185	43.27	L	F	Takiyah Maclou	14	AA JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
186*	43.41	L	P	Clarisse Barnard	14	BLSS MAN	04/12/2024 Free State Champs 2024
186*	43.41	L	F	Kiara Wood	14	RSA	04/10/2024 Curro AquaElite Gala
188	43.42	L	F	Samantha Gwamure	14	TUKS TSH	13/09/2024 NTS September Age Group 2024
189	43.45	L	P	Boipelo Onyadile	14	BLSS MAN	04/12/2024 Free State Champs 2024
190	43.52	L	F	April Allam	14	NWUC KKD	23/11/2024 NWS Age Group 3 + 4 2024
191	43.57	L	F	Karla Lemmer	14	USH KCD	26/10/2024 Froggies Aquatics Championships 2024
192	43.65	L	P	Zahra Bawa	14	ATLA JHB	29/11/2024 CGA Championships 2024
193	43.97	L	P	Lisa Getye	14	AQUA BUF	15/06/2024 PEA Winter Gala 2024
194	44.16	L S	F	Oresiametse Sekonya	14	MATL KKD	07/12/2024 NWS Championships 2024
195	44.19	L S	F	Hannaan Mia	14	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
196	44.28	L	F	Abi Daniel	14	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
197*	44.30	L	P	Kara Barnard	14	TRALI MAN	04/12/2024 Free State Champs 2024
197*	44.30	L	P	Oratilwe Mooko	14	PGAC EKU	05/12/2024 EGA Summer Championships
199	44.31	L	F	Luné Fouche	14	CUHE OBD	17/10/2024 43rd Freda Barnard Invitational Gala
200	44.41	L	F	Leruschke Van Heerden	14	HBV MP	01/02/2025 Limpopo School Champs & Limpopo AG
201	44.52	L	P	Nikkie Klink	14	JAQ EKU	05/12/2024 EGA Summer Championships
202	44.66	L	F	Gabriella Oelofse	14	TNDER FDD	27/09/2024 Seals Gala 2
203	44.68	L	P	Melissa Beasley	14	H2O EKU	05/12/2024 EGA Summer Championships
204	44.69	L	F	Monique Le Roux	14	KALA	15/11/2024 AGE GROUP 2 KATHU 2024
205	44.78	L	P	Johandri Pool	14	BLSS MAN	04/12/2024 Free State Champs 2024
206	44.90	L	P	Kitana Govender	14	BEAV ETH	02/07/2024 Prestige Tournament 2024
207	45.00	L	P	Drishti Rawjee	14	MAKO EKU	05/12/2024 EGA Summer Championships
208	45.12	L	F	Nasheetah Jephtha	14	MANT CPT	21/09/2024 CTA INVITATIONAL LC MEET
209	45.15	L	P	Emma Bartholomew	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
210	45.18	L	F	Hailey Hinze	14	UNI EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
211	45.19	L S	F	Shiloh Pause	14	KHAY CPT	02/11/2024 CTA A & B CHAMPS 2024
212	45.21	L	F	Limay Schutte	14	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
213	45.22	L	F	Chanri Pretorius	14	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
214	45.25	L	F	Emma Clouston	14	HAAG UTD	02/11/2024 Uthukela District Age Group Gala
215	45.41	L	F	Roshelle Van Niekerk	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
216	45.44	L S	F	Elizma Jacobs	14	RBUR BPD	07/12/2024 NWS Championships 2024
217	45.53	L	F	Nonjabulo Ndlovu	14	RSA	04/10/2024 Curro AquaElite Gala
218	45.72	L	P	Neha Pillay	14	KLOO ETH	02/07/2024 Prestige Tournament 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
219	45.94 L	P	Thenysia Padmanathan	14	SOUL EKU	05/12/2024	EGA Summer Championships
220	46.03 L S	F	Lintle Ramone	14	MATL KKD	07/12/2024	NWS Championships 2024
221	46.28 L	P	Gerda Clarke	14	DESA NMA	15/06/2024	PEA Winter Gala 2024
222	46.31 L	F	Leani Mitchell	14	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024
223	46.46 L	F	Alwande Hlatshwayo	14	USH KCD	23/11/2024	KCDA Age Group Gala 3
224	46.81 L	F	Lo-Marie Rossouw	14	XCEL CPT	21/09/2024	CTA INVITATIONAL LC MEET
225	47.06 L	F	Leungo Sebele	14	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
226	47.24 L	F	Diëm Peens	14	CUHE QBD	09/11/2024	Swartland Prestige Gala 2024
227	47.27 L	F	Mamello Mabuza	14	ESP EKU	26/10/2024	Summer 3 Delville
228	47.38 L	P	Tamsyn Thomson	14	BULS MAN	04/12/2024	Free State Champs 2024
229	47.41 L	P	Buhlebemvelo Mdluli	14	WSTV ETH	02/07/2024	Prestige Tournament 2024
230	47.46 L	P	Zahiyah Khan	14	BLSS MAN	04/12/2024	Free State Champs 2024
231	47.80 L	F	Kebotile Bohlale Makokotlela	14	CSC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
232	48.03 L	F	Victoria Hofield	14	CA EKU	26/10/2024	Summer 3 Delville
233	48.13 L S	F	Tiana Ziervogel	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
234	48.41 L	F	Mia-Ann Van der Westhuizen	14	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
235	48.86 L	F	Tina-Marie Nel	14	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
236	48.87 L	F	Ella Odendaal	14	VREDE TMD	15/11/2024	Valsrivier Gala 2024
237	49.12 L	F	Milé Claassens	14	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
238	49.25 L	P	Janke Steenkamp	14	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
239	49.39 L	F	Mpho Mwanza	14	ESP EKU	12/10/2024	EGA Summer 2
240	49.89 L	F	Mika Fourie	14	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024
241	50.07 L	F	Bianca Benade	14	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
242	50.66 L	F	Thobeka Khumalo	14	JAQ EKU	26/10/2024	Summer 3 Delville
243	51.35 L	F	Skylah Booysen	14	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
244	52.06 L	F	Renee Setlakgosi	14	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
245	52.97 L	F	Rethabile Ncube	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
246	53.27 L	F	Meeca Edwards	14	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
247	54.36 L S	F	Alexi Schuch	14	RBOT BPD	07/12/2024	NWS Championships 2024
248	54.89 L	F	Lutendo Mphelo	14	BLSS MAN	27/09/2024	Seals Gala 2
249	56.09 L	F	Anna Janse Van Rensburg	14	ROA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
250	56.55 L	F	Skylor Smith	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
251	57.43 L	F	Melisca Krige	14	SWISA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
252	1:00.11 L	F	Lenira Naidoo	14	SASE JHB	20/11/2024	Crusaders Night Gala 1
253	1:06.46 L S	F	Takira Petersen	14	KHAY CPT	02/11/2024	CTA A & B CHAMPS 2024
254	1:15.49 L	F	Lekeshia Cameron	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
255	1:17.15 L	F	Anuschka Swanepoel	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024
256	1:33.14 L	F	Usenathi Segone	14	BLNE MAN	09/11/2024	Bull Sharks Gala
257	1:54.52 L	F	Merapelo Hlaka	14	MPAR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
Women 14-14 100 Back							
1	1:05.17 L	F	Christina Orchard	14	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
2	1:07.20 L	P	Arabella Bayly	14	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
3	1:09.85 L	F	Sienna Gous	14	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
4	1:10.25 L	F	Gemma Walters	14	DORE JHB	29/11/2024	CGA Championships 2024
5	1:10.88 L	F	Sadie Roberts	14	ASA ILD	02/07/2024	Prestige Tournament 2024
6	1:11.67 L	F	Elicia Chivandire	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
7	1:11.80 L	P	Cara Visser	14	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
8	1:11.98 L	F	Isabel Kuhn	14	PEAS NMA	15/06/2024	PEA Winter Gala 2024
9	1:12.09 L	F	Acyalia Holman	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
10	1:12.29 L	F	Ella Jv Rensburg	14	SS MPD	29/11/2024	Limpopo Champs 2024
11	1:12.32 L	F	Sabella Serdyn	14	INFA NMA	13/12/2024	NMBA Championships 2024
12	1:12.35 L	F	Caitlin Evans	14	TYGE CPT	15/06/2024	PEA Winter Gala 2024
13	1:12.90 L	F	Kaia Lin	14	WATR JHB	29/11/2024	CGA Championships 2024
14	1:13.34 L	T	Dedre Engelbrecht	14	RBOT BPD	07/12/2024	NWS Championships 2024
15	1:13.37 L	P	Arabelle Grütter	14	ROA EDD	05/12/2024	Western Cape LC-A Championship 2024
16	1:13.54 L	F	Hailey Blewett	14	HREF BPD	07/12/2024	NWS Championships 2024
17	1:13.56 L	P	Logan Riley	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
18	1:13.57 L	F	Zuria Venter	14	CA EKU	01/02/2025	EGA Last Chance Gala
19	1:13.61 L	F	Kate Douglas	14	BAS EKU	12/10/2024	EGA Summer 2

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
20	1:13.65	L	F	Simonè Gerber	14	CASC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
21	1:14.01	L	F	Rachel Sheard	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
22	1:14.15	L	F	Maya Mgcina	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
23	1:14.33	L	F	Zora Melka	14	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
24	1:14.36	L	P	Demi Putter	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
25	1:14.43	L	T	Caitlin Rossiter	14	HREF BPD	07/12/2024 NWS Championships 2024
26	1:14.68	L	F	Camilla Heuer	14	USC BUF	31/01/2025 Infinity Gala 2025
27	1:14.75	L	F	Alexandra Hodgson-Jervis	14	AA JHB	29/11/2024 CGA Championships 2024
28	1:14.77	L	F	Kato' van Niekerk	14	TUKS FSH	13/09/2024 NTS September Age Group 2024
29	1:14.81	L	P	Reese Noble	14	SAAW CPT	05/12/2024 Western Cape LC-A Championship 2024
30	1:14.87	L	P	Lily Solomon	14	WATR JHB	29/11/2024 CGA Championships 2024
31	1:14.94	L	F	Ella Van der Vyver	14	ASA ILD	25/01/2025 uShaka Champs 2025
32	1:15.04	L	F	Taylor Kassebaum	14	AA JHB	10/01/2025 2024 Grand Prix Invitation Swimming
33	1:15.20	L	F	Emma Pretorius	14	BLOT MAN	04/12/2024 Free State Champs 2024
34	1:15.73	L	F	Odette Upton	14	TKS WBD	29/11/2024 Limpopo Champs 2024
35	1:15.94	L	F	Milan Ferreira	14	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
36	1:16.10	L	F	Minke Bester	14	POTC KKD	07/12/2024 NWS Championships 2024
37	1:16.17	L	P	Rachel Fairweather	14	WATR JHB	29/11/2024 CGA Championships 2024
38	1:16.45	L	P	Anieka Louw	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
39	1:16.51	L	F	Jessica Miller	14	CRSC JHB	29/11/2024 CGA Championships 2024
40	1:16.53	L	F	Noa Mansill	14	WSS LLD	04/12/2024 Free State Champs 2024
41	1:16.56	L	F	Nia O'Carroll	14	STAQ CED	09/11/2024 Winelands SL4
42	1:16.62	L	F	Kacey Hughes	14	STSC KCD	25/01/2025 uShaka Champs 2025
43	1:16.65	L	F	Caitlin Crowther	14	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
44	1:17.13	L	F	Katie Van Wyk	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
45	1:17.23	L	F	Darina Milanova	14	PAC FSH	13/09/2024 NTS September Age Group 2024
46	1:17.37	L	F	Caitlin Knight	14	WATR JHB	29/11/2024 CGA Championships 2024
47	1:17.38	L	F	Marny Du Plessis	14	SS MPD	09/11/2024 Limpopo Age Group 5
48	1:17.80	L	P	Kerryn Kotze	14	RACE JHB	29/11/2024 CGA Championships 2024
49	1:17.83	L	F	Marion Alala	14	TUKS FSH	07/12/2024 NCSA INVITATIONAL SWIMMING
50	1:18.03	L	F	Luna Messiter-Tooze	14	SLAQ CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
51	1:18.23	L	F	Minette Van Zyl	14	INFA NMA	13/12/2024 NMBA Championships 2024
52	1:18.32	L	P	Kyla Schäfer	14	KNYA EDD	05/12/2024 Western Cape LC-A Championship 2024
53	1:18.42	L	F	Alexis Muller	14	RSA	04/10/2024 Curro AquaElite Gala
54*	1:18.52	L	P	Arne' Dreyer	14	STAQ CED	05/12/2024 Western Cape LC-A Championship 2024
54*	1:18.52	L	P	Gemma Goelst	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
56	1:18.58	L	F	Nika Saayman	14	PLAY CED	17/10/2024 43rd Freda Barnard Invitational Gala
57	1:18.62	L	F	Amore Oosthuizen	14	CSA EZD	10/01/2025 2024 Grand Prix Invitation Swimming
58	1:18.80	L	F	Kristen Billett	14	ELEC FSH	13/09/2024 NTS September Age Group 2024
59	1:18.91	L	F	Nikita Govind	14	TRAZ FSH	18/10/2024 NTS Level 3+ October Age Group 2024
60	1:19.00	L	F	Kristen Mans	14	TUKS FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
61	1:19.03	L	P	Lenè Basson	14	TGA WCD	05/12/2024 Western Cape LC-A Championship 2024
62	1:19.04	L	F	Mila Fourie	14	MATL KKD	07/12/2024 NWS Championships 2024
63	1:19.12	L	F	Micah Marx	14	CA ECU	12/10/2024 EGA Summer 2
64	1:19.43	L	F	Deryn Filday	14	AZON ETH	25/01/2025 uShaka Champs 2025
65	1:19.60	L	P	Katelyn Kruger	14	MDOL JHB	29/11/2024 CGA Championships 2024
66	1:19.65	L	F	Tiffany Prins	14	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
67	1:19.75	L	P	Megan Mayhew	14	WATR JHB	29/11/2024 CGA Championships 2024
68	1:20.09	L	F	Indigo Woodburn	14	MDOL JHB	15/11/2024 Summer 4 Delville
69	1:20.10	L	P	Emma Nolan	14	MDOL JHB	29/11/2024 CGA Championships 2024
70	1:20.24	L	F	Jo Otto	14	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
71	1:20.31	L	F	Eva Wildman	14	MAKO ECU	12/10/2024 EGA Summer 2
72	1:20.50	L	F	Zané Grobler	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
73	1:20.75	L	P	Chelsea-Jean Botha	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
74	1:20.77	L	F	Emily Watson	14	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
75	1:20.80	L	F	Dayna Van Niekerk	14	BLNE MAN	04/12/2024 Free State Champs 2024
76	1:20.88	L	P	Lillee Evans	14	RACE JHB	29/11/2024 CGA Championships 2024
77	1:20.97	L	F	Juanè Burger	14	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
78	1:21.08	L	F	Isabella Scarpa	14	VINE CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
79	1:21.27	L	P	Evalyn Brown	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
80	1:21.38	L	P	Shalem Mashingaidze	14	WATR JHB	29/11/2024 CGA Championships 2024
81	1:21.63	L	F	Kaitlyn Ramos	14	SEAL UMD	25/01/2025 uShaka Champs 2025
82	1:21.64	L	P	Christa de Beer	14	POTC KKD	07/12/2024 NWS Championships 2024
83	1:21.69	L	F	Riley Gouws	14	ASA ILD	25/01/2025 uShaka Champs 2025
84	1:21.83	L S	P	Madison Smith	14	CA EKU	05/12/2024 EGA Summer Championships
85	1:21.91	L	F	Kayden O'connor	14	PEAS NMA	14/09/2024 3rd A League Gala 2024
86	1:21.99	L	P	Tuduetso Onyadile	14	BLSS MAN	04/12/2024 Free State Champs 2024
87	1:22.02	L	F	Rachel Smith	14	LEGC ETH	01/02/2025 KCDA Age Group 4 2024
88	1:22.47	L	F	Kirsten Myers	14	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
89	1:22.56	L	F	Brogan Torrie	14	AZON ETH	25/01/2025 uShaka Champs 2025
90	1:22.63	L	P	Huei-Ing Chen	14	DORE JHB	29/11/2024 CGA Championships 2024
91	1:22.64	L	P	Minette Swartz	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
92	1:22.77	L	F	Taaliah Williams	14	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
93	1:22.79	L	F	Chara De Wit	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
94	1:22.83	L	F	Isabelle Welgemoed	14	BLSS MAN	04/12/2024 Free State Champs 2024
95	1:22.87	L	F	Leila Smit	14	CSC FSH	13/09/2024 NTS September Age Group 2024
96	1:22.94	L	F	Leané Swanepoel	14	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
97	1:23.00	L	P	Marguerite Cockeran	14	DRGN EKU	29/11/2024 CGA Championships 2024
98	1:23.11	L	P	Madison Thirsk	14	TYGE CPT	15/06/2024 PEA Winter Gala 2024
99	1:23.21	L	F	Maré Coetzee	14	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
100	1:23.37	L	F	Meandri De Vos	14	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
101	1:23.38	L	P	Jade Van Vuuren	14	WATR JHB	29/11/2024 CGA Championships 2024
102	1:23.45	L	P	Zoe Janse van Vuuren	14	CSA EZD	29/11/2024 Mpumalanga Championships 2024
103	1:23.48	L	P	Kapitolina Xaba	14	SASE JHB	29/11/2024 CGA Championships 2024
104	1:23.49	L	F	Anchen (Jnr) Jv Rensburg	14	TUKS FSH	13/09/2024 NTS September Age Group 2024
105	1:23.56	L	P	Anri Maree	14	BS LLD	04/12/2024 Free State Champs 2024
106	1:23.57	L	F	Peyton Mathews	14	KLOO ETH	02/07/2024 Prestige Tournament 2024
107	1:23.80	L	F	Gabriela Sa	14	ASAC CPT	21/09/2024 CTA INVITATIONAL LC MEET
108	1:23.86	L	P	Shayla Whyte	14	MDOL JHB	29/11/2024 CGA Championships 2024
109	1:24.03	L S	P	Isabella September	14	TUKS FSH	05/12/2024 EGA Summer Championships
110	1:24.05	L	F	Macayla Lamprecht	14	CA EKU	12/10/2024 EGA Summer 2
111*	1:24.27	L	F	Riley Girodo	14	RSA	04/10/2024 Curro AquaElite Gala
111*	1:24.27	L	F	Emma Fourie	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
113	1:24.31	L	F	Maria Barreiros	14	ELEC FSH	13/09/2024 NTS September Age Group 2024
114	1:24.41	L	F	Lily Otterbach	14	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
115	1:24.51	L	P	Cecilia Breedt	14	DORE JHB	29/11/2024 CGA Championships 2024
116	1:25.09	L	F	Talitha Schuch	14	LEGC ETH	01/02/2025 KCDA Age Group 4 2024
117	1:25.15	L	F	Helena Rookan-Smith	14	LALE CED	09/11/2024 Winelands SL4
118	1:25.30	L	P	Suri Cloete	14	RFA FSH	07/12/2024 NWS Championships 2024
119	1:25.52	L	F	Riley Prinsloo	14	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
120	1:26.06	L	F	Amy Walton	14	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
121	1:26.08	L	F	Maria Davids	14	AQUA BUF	31/01/2025 Infinity Gala 2025
122	1:26.09	L	P	Madison Harper	14	KNYA EDD	05/12/2024 Western Cape LC-A Championship 2024
123	1:26.15	L	P	Therese Van den Berg	14	CRSC JHB	29/11/2024 CGA Championships 2024
124	1:26.36	L	P	Keira Palmer	14	CRSC JHB	29/11/2024 CGA Championships 2024
125	1:26.42	L	F	Dylan Van Vuuren	14	ANAX CPT	09/11/2024 Swartland Prestige Gala 2024
126	1:26.45	L	F	Megan Jansen	14	UNI EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
127	1:26.72	L	F	Kasia Morris	KN	VASA EKU	12/10/2024 EGA Summer 2
128	1:26.75	L	P	Ella-Jane Johnson	14	AAS JHB	29/11/2024 CGA Championships 2024
129	1:26.82	L	F	Elin Huang	14	PAC FSH	13/09/2024 NTS September Age Group 2024
130	1:26.86	L	F	Jessica Matthysen	14	CSA EZD	10/01/2025 2024 Grand Prix Invitation Swimming
131	1:26.97	L	F	Kellan Lynch	14	XCEL CPT	21/09/2024 CTA INVITATIONAL LC MEET
132	1:27.06	L	F	Victoria Bulhakova	14	SWIFT EKU	15/11/2024 Summer 4 Delville
133	1:27.07	L	F	Robynn Coetzer	14	RBOT BPD	07/12/2024 NWS Championships 2024
134	1:27.09	L	F	Erin van der Linde	14	SOUL EKU	01/02/2025 EGA Last Chance Gala
135	1:27.12	L	F	Mienke Vd Bank	14	CUHE OBD	17/10/2024 43rd Freda Barnard Invitational Gala
136	1:27.24	L	F	Sabrina Oaten	14	SFSC CPT	21/09/2024 CTA INVITATIONAL LC MEET
137*	1:27.38	L	F	Menincke Genis	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
137*	1:27.38	L	F	Giselle Engelbrecht	14	HTSA CPT	02/11/2024 CTA A & B CHAMPS 2024
139	1:27.42	L	F	Sienna Kidgell	14	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
140	1:27.50	L	P	Emma Gallant Da Silva	14	MDOL JHB	29/11/2024 CGA Championships 2024
141	1:27.62	L	F	Holly McAfee	14	FISH EDD	31/01/2025 Infinity Gala 2025
142	1:27.69	L	F	Takalani Mudau	14	VINE CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
143	1:27.99	L	F	Taylor Tredoux	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
144	1:28.19	L	F	Shane Swarts	14	PSA ZLD	26/10/2024 Froggies Aquatics Championships 2024
145	1:28.21	L	F	Precious Marite	14	CRSC JHB	22/01/2025 Crusaders Night Gala 2
146	1:28.27	L	F	Marina Cussons	14	UNI EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
147	1:28.31	L	F	Sade Santos	14	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
148	1:28.61	L	F	Jhuliana Lamprecht	14	CA EKU	15/11/2024 Summer 4 Delville
149	1:28.67	L	F	Susara Putter	14	TRAZ TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
150	1:28.77	L	F	Luca Alexander	14	MARL CPT	17/10/2024 43rd Freda Barnard Invitational Gala
151	1:28.83	L	F	Danique Hefer	14	ELRAS WBD	29/11/2024 Limpopo Champs 2024
152	1:29.22	L	F	Lesedi Mashabela	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
153	1:29.40	L	P	Anouk Atkinson	14	SWAR WCD	05/12/2024 Western Cape LC-A Championship 2024
154	1:29.51	L	F	Jessie Ludick	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
155	1:29.66	L	F	Paige Rich	14	RSA	04/10/2024 Curro AquaElite Gala
156	1:29.73	L	F	Alexa Heldsinger	14	SSISA CPT	21/09/2024 CTA INVITATIONAL LC MEET
157	1:30.08	L	P	Bianca Rayfield	14	SASE JHB	29/11/2024 CGA Championships 2024
158	1:30.17	L	F	Elme Swanepoel	14	BETH FDD	25/10/2024 Neptunes Gala
159	1:30.49	L	F	Emma Lee Vd Westhuizen	14	HSBV SKD	08/10/2024 Limpopo Top 8 - High Schools
160	1:30.58	L	F	Silizwe Giyose	14	USC BUF	13/07/2024 1st A League Gala 2024
161	1:30.60	L S	P	Nenekazi Taole	14	SWIFT EKU	05/12/2024 EGA Summer Championships
162*	1:30.66	L	F	Margit Mihalik	14	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
162*	1:30.66	L	F	Aeshah Hendricks	14	CTA CPT	11/01/2025 EDEN INTER DISTRICT PRESTIGE
164	1:30.73	L	P	Rerapetse Ramohale	14	RBOT BPD	07/12/2024 NWS Championships 2024
165	1:30.86	L	F	Jasmine Hirshovitz	14	ASAC CPT	21/09/2024 CTA INVITATIONAL LC MEET
166	1:31.07	L	P	Lechelle Rossouw	14	BLNE MAN	04/12/2024 Free State Champs 2024
167	1:31.39	L	F	Lurette du Toit	14	BLOT MAN	10/08/2024 Kovsies Gala 1
168	1:31.54	L	P	Mieke Griffiths	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
169	1:32.01	L	F	Suné Coetzee	14	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
170	1:32.53	L	P	Isabella Dos Santos	14	PER JHB	29/11/2024 CGA Championships 2024
171*	1:32.63	L	F	Alri Venter	14	PHS CCD	08/10/2024 Limpopo Top 8 - High Schools
171*	1:32.63	L	P	Boipelo Onyadile	14	BLSS MAN	04/12/2024 Free State Champs 2024
173	1:32.78	L	F	Jeandré Lodewyks	14	INFA NMA	31/01/2025 Infinity Gala 2025
174	1:32.90	L S	P	Gabriella Goncalves	14	SOUL EKU	05/12/2024 EGA Summer Championships
175	1:33.06	L	F	Arike Juul	14	WELL CED	09/11/2024 Winelands SL4
176	1:33.29	L	F	Lirese Meintjes	14	TASC MPD	29/11/2024 Limpopo Champs 2024
177	1:33.32	L	P	Melinda Dippenaar	14	BS LLD	04/12/2024 Free State Champs 2024
178	1:33.44	L	F	Hyzel Hutchison	14	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
179	1:33.72	L	P	Carli Coetzee	14	QUES JHB	29/11/2024 CGA Championships 2024
180	1:33.80	L S	P	Mikal Newete	14	CA EKU	05/12/2024 EGA Summer Championships
181	1:34.00	L S	P	Marubini Matumba	14	JAQ EKU	05/12/2024 EGA Summer Championships
182	1:34.45	L	F	Gabriella Oelofse	14	TNDER FDD	27/09/2024 Seals Gala 2
183	1:34.82	L	F	Samantha Gwamure	14	TUKS TSH	13/09/2024 NTS September Age Group 2024
184	1:35.03	L	P	Liyema Mabhele	14	PER JHB	29/11/2024 CGA Championships 2024
185	1:35.05	L	F	Skyla Reddy	14	SWIFT EKU	15/11/2024 Summer 4 Delville
186	1:35.20	L	F	Mieke De Witt	14	EXP TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
187	1:35.21	L	F	Chloe Damons	14	SSISA CPT	21/09/2024 CTA INVITATIONAL LC MEET
188	1:35.99	L	P	Oresiametse Sekonya	14	MATL KKD	07/12/2024 NWS Championships 2024
189	1:36.14	L	P	Clarisse Barnard	14	BLSS MAN	04/12/2024 Free State Champs 2024
190	1:36.49	L	P	Zahra Bawa	14	ATLA JHB	29/11/2024 CGA Championships 2024
191	1:36.56	L	P	Vyasti Lachman	14	WATR JHB	29/11/2024 CGA Championships 2024
192	1:36.80	L	F	Ella Maurice	14	RSA	04/10/2024 Curro AquaElite Gala
193	1:37.10	L	F	Nasheetah Jephta	14	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
194	1:37.11	L	F	Hannaan Mia	14	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
195	1:37.31	L	F	Leahtilia van Rensburg	14	VREDE TMD	15/11/2024 Valsrivier Gala 2024
196	1:37.53	L	F	Hailey Hinze	14	UNI EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
197	1:37.76 L	F	Melissa Beasley	14	H2O EKU	15/11/2024	Summer 4 Delville
198	1:38.39 L	F	Alwande Hlatshwayo	14	USH KCD	09/11/2024	KCDA Age Goup 2 2024
199	1:38.76 L	F	Emilia de Freitas	14	MAKO EKU	12/10/2024	EGA Summer 2
200	1:38.78 L	F	Jayme Roebuck	14	CA EKU	15/11/2024	Summer 4 Delville
201	1:39.08 L	F	Gite-Mari Malherbe	14	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
202	1:39.36 L	F	Luné Fouche	14	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
203	1:39.89 L S	F	Paityn Wilson	14	BEST NMA	17/01/2025	6th A League Gala 2025
204	1:40.50 L	F	Gerda Clarke	14	DESA NMA	31/01/2025	Infinity Gala 2025
205	1:40.83 L	F	Tiane Meets	14	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
206	1:40.94 L	F	Stella Combrink	14	ELEC TSH	13/09/2024	NTS September Age Group 2024
207	1:41.28 L	P	Buhlebemvelo Mdluli	14	WSTV ETH	02/07/2024	Prestige Tournament 2024
208	1:41.40 L S	P	Nikkie Klink	14	JAQ EKU	05/12/2024	EGA Summer Championships
209	1:41.45 L	F	Leani Mitchell	14	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024
210	1:41.47 L	F	Victoria Hofield	14	CA EKU	12/10/2024	EGA Summer 2
211	1:41.54 L	F	Drishti Rawjee	14	MAKO EKU	12/10/2024	EGA Summer 2
212	1:41.56 L	F	Karla Lemmer	14	USH KCD	07/12/2024	Stingrays Champs 2024
213	1:42.15 L	P	Kara Barnard	14	TRALI MAN	04/12/2024	Free State Champs 2024
214	1:42.40 L	F	Leungo Sebele	14	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
215	1:42.80 L	F	Nolene Badenhorst	14	LALE CED	09/11/2024	Winelands SL4
216	1:42.86 L	F	Lulu Salie	14	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
217	1:43.10 L	F	Maria Erhard	14	CA EKU	15/11/2024	Summer 4 Delville
218	1:43.33 L	P	Elizma Jacobs	14	RBUR BPD	07/12/2024	NWS Championships 2024
219	1:43.65 L S	P	Mpho Mwanza	14	ESP EKU	05/12/2024	EGA Summer Championships
220	1:43.71 L	F	Shiloh Paulse	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
221	1:44.06 L	F	Keona Carpenter	14	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
222	1:45.34 L	P	Lintle Ramone	14	MATL KKD	07/12/2024	NWS Championships 2024
223	1:46.36 L	F	Aalia Naidoo	14	BEAV ETH	25/01/2025	uShaka Champs 2025
224	1:46.38 L	F	Mamello Mabuza	14	ESP EKU	01/02/2025	EGA Last Chance Gala
225	1:48.16 L	F	Limay Schutte	14	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
226	1:48.24 L	F	Tamsyn Thomson	14	BULS MAN	06/09/2024	Bull Sharks Annual Gala
227	1:49.06 L	F	Thobeka Khumalo	14	JAQ EKU	12/10/2024	EGA Summer 2
228	1:51.16 L	F	Anika Le Roux	14	AASC EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
229	1:53.31 L	F	Milé Claassens	14	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
230	1:54.98 L	F	Olive Humphrys	14	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
231	1:57.87 L	F	Najya Baadjies	14	PAQU CED	09/11/2024	Winelands SL4
232	2:05.92 L	F	Skylah Booysen	14	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
233	2:13.30 L	F	Skylor Smith	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
Women 14-14 200 Back							
1	2:23.63 L	F	Christina Orchard	14	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
2	2:24.67 L	F	Arabella Bayly	14	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
3	2:32.85 L	F	Cara Visser	14	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
4	2:33.57 L	F	Gemma Walters	14	DORE JHB	29/11/2024	CGA Championships 2024
5	2:33.78 L	F	Kate Douglas	14	BAS EKU	01/02/2025	EGA Last Chance Gala
6	2:35.28 L	F	Kato' van Niekerk	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
7	2:35.32 L	F	Caitlin Evans	14	TYGE CPT	15/06/2024	PEA Winter Gala 2024
8	2:35.78 L	F	Demi Putter	14	RSA	04/10/2024	Curro AquaElite Gala
9	2:36.39 L	F	Kaia Lin	14	WATR JHB	17/08/2024	Madibaz Swim Meet 2024
10	2:37.59 L	F	Caitlin Rossiter	14	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
11	2:37.77 L	F	Zora Melka	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
12	2:38.27 L	F	Arabelle Grütter	14	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
13	2:39.32 L	P	Reese Noble	14	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024
14	2:39.34 L	P	Logan Riley	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
15*	2:40.07 L S	F	Acaylia Holman	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
15*	2:40.07 L	F	Rachel Sheard	14	SEAL UMD	02/07/2024	Prestige Tournament 2024
17	2:40.22 L	F	Mieke Fourie	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
18	2:40.29 L	F	Taylor Kassebaum	14	AA JHB	29/11/2024	CGA Championships 2024
19	2:40.60 L	F	Ella Jv Rensburg	14	SS MPD	09/11/2024	Limpopo Age Group 5
20	2:41.21 L	F	Elicia Chivandire	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
21	2:42.00 L	F	Camilla Heuer	14	USC BUF	02/07/2024	Prestige Tournament 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
22	2:42.32	L	F	Hailey Blewett	14	HREF	BPD	07/12/2024	NWS Championships 2024
23	2:43.01	L	F	Alexandra Hodgson-Jervis	14	AA	JHB	29/11/2024	CGA Championships 2024
24	2:43.21	L	T	Kyla Schäfer	14	KNYA	EDD	31/01/2025	Infinity Gala 2025
25	2:43.25	L	P	Rachel Fairweather	14	WATR	JHB	29/11/2024	CGA Championships 2024
26	2:43.34	L	F	Dedre Engelbrecht	14	RBOT	BPD	07/12/2024	NWS Championships 2024
27	2:43.54	L	F	Isabel Kuhn	14	PEAS	NMA	31/01/2025	Infinity Gala 2025
28	2:44.30	L	F	Sabella Serdyn	14	INFA	NMA	31/01/2025	Infinity Gala 2025
29	2:44.37	L	P	Lily Solomon	14	WATR	JHB	29/11/2024	CGA Championships 2024
30	2:44.77	L	P	Kerryn Kotze	14	RACE	JHB	29/11/2024	CGA Championships 2024
31	2:46.02	L	F	Ella Van der Vyver	14	ASA	ILD	25/01/2025	uShaka Champs 2025
32	2:46.33	L	F	Odette Upton	14	HSBV	SKD	01/02/2025	Limpopo School Champs & Limpopo AG
33	2:46.37	L	F	Minke Bester	14	POTC	KKD	07/12/2024	NWS Championships 2024
34	2:46.48	L	P	Megan Mayhew	14	WATR	JHB	29/11/2024	CGA Championships 2024
35	2:46.73	L	F	Maya Mgcina	14	ELEC	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
36	2:47.50	L	P	Madison Thirsk	14	TYGE	CPT	05/12/2024	Western Cape LC-A Championship 2024
37	2:48.14	L	F	Milan Ferreira	14	HMER	MP	01/02/2025	Limpopo School Champs & Limpopo AG
38	2:48.20	L	F	Micah Marx	14	CA	EKU	05/12/2024	EGA Summer Championships
39	2:48.24	L	F	Marion Alala	14	TUKS	FSH	07/12/2024	NCSA INVITATIONAL SWIMMING
40	2:48.44	L	P	Katelyn Kruger	14	MDOL	JHB	29/11/2024	CGA Championships 2024
41	2:48.71	L	F	Lizelle Venter	14	TUKS	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
42	2:48.81	L	P	Nia O'Carroll	14	STAQ	CED	05/12/2024	Western Cape LC-A Championship 2024
43	2:48.83	L	P	Caitlin Knight	14	WATR	JHB	29/11/2024	CGA Championships 2024
44	2:48.89	L	F	Zané Grobler	14	FISH	EDD	17/10/2024	43rd Freda Barnard Invitational Gala
45	2:49.35	L	P	Alexis Muller	14	AZON	ETH	02/07/2024	Prestige Tournament 2024
46	2:50.53	L	F	Juanè Burger	14	TYGE	CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
47	2:51.07	L	F	Lenè Basson	14	TGA	WCD	21/09/2024	CTA INVITATIONAL LC MEET
48	2:51.18	L	P	Jessica Miller	14	CRSC	JHB	29/11/2024	CGA Championships 2024
49	2:51.31	L	F	Amore Oosthuizen	14	CSA	EZD	29/11/2024	Mpumalanga Championships 2024
50	2:51.33	L	F	Peyton Mathews	14	KLOO	ETH	02/07/2024	Prestige Tournament 2024
51	2:51.49	L	P	Nika Saayman	14	PLAY	CED	05/12/2024	Western Cape LC-A Championship 2024
52	2:51.74	L	F	Zoey Faircliff	14	OHAN	ILD	25/01/2025	uShaka Champs 2025
53	2:51.84	L	F	Kirsty Koegelenberg	14	BLUO	UGD	07/12/2024	Stingrays Champs 2024
54	2:51.98	L	F	Katie Van Wyk	14	BLMA	CPT	17/10/2024	43rd Freda Barnard Invitational Gala
55	2:52.17	L	F	Annabelle Van Rensburg	14	TUKS	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
56	2:52.90	L	P	Scarlett Friis	14	KLOO	ETH	02/07/2024	Prestige Tournament 2024
57	2:53.56	L	P	Chelsea-Jean Botha	14	CASC	CPT	05/12/2024	Western Cape LC-A Championship 2024
58	2:53.70	L	P	Indigo Woodburn	14	MDOL	JHB	29/11/2024	CGA Championships 2024
59	2:54.24	L	P	Jasmine Goldman	14	VINE	CPT	05/12/2024	Western Cape LC-A Championship 2024
60	2:54.92	L	F	Christa de Beer	14	POTC	KKD	07/12/2024	NWS Championships 2024
61	2:55.01	L	F	Emily Watson	14	ELEC	FSH	18/10/2024	NTS Level 3+ October Age Group 2024
62	2:55.16	L S	F	Luna Messiter-Tooze	14	SLAQ	CPT	02/11/2024	CTA A & B CHAMPS 2024
63	2:55.31	L	F	Tiffany Prins	14	NC	FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
64	2:55.52	L	F	Noa Mansill	14	WSS	LLD	13/09/2024	Pelicans Age Group Gala
65	2:55.82	L	P	Lillee Evans	14	RACE	JHB	29/11/2024	CGA Championships 2024
66	2:56.15	L S	F	Taaliah Williams	14	MANT	CPT	02/11/2024	CTA A & B CHAMPS 2024
67	2:56.21	L	P	Cecilia Breedt	14	DORE	JHB	29/11/2024	CGA Championships 2024
68	2:56.85	L	P	Emma Nolan	14	MDOL	JHB	29/11/2024	CGA Championships 2024
69	2:57.45	L	P	Mila Fourie	14	MATL	KKD	07/12/2024	NWS Championships 2024
70	2:57.49	L S	F	Chara De Wit	14	CASC	CPT	02/11/2024	CTA A & B CHAMPS 2024
71	2:58.16	L	F	Huei-Ing Chen	14	DORE	JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
72	2:58.64	L S	F	Dayna Van Niekerk	14	BLNE	MAN	04/12/2024	Free State Champs 2024
73	3:00.43	L	P	Suri Cloete	14	RFA	FSH	07/12/2024	NWS Championships 2024
74*	3:02.02	L	F	Brogan Torrie	14	AZON	ETH	25/01/2025	uShaka Champs 2025
74*	3:02.02	L	P	Evalyn Brown	14	LEGC	ETH	02/07/2024	Prestige Tournament 2024
76	3:02.29	L	F	Summer du Plessis	14	BLOT	MAN	25/10/2024	Neptunes Gala
77	3:02.95	L	F	Amy Walton	14	AZON	ETH	14/06/2024	AQZ Winter Warmer 2024
78	3:03.06	L	F	Kirsten Myers	14	SSISA	CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
79	3:03.26	L	F	Zoe Janse van Vuuren	14	CSA	EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
80	3:03.32	L	F	Gabriela Sa	14	ASAC	CPT	21/09/2024	CTA INVITATIONAL LC MEET

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
81	3:03.35	L S	F	Tuduetso Onyadile	14	BLSS MAN	04/12/2024	Free State Champs 2024
82	3:03.54	L	F	Emma Fourie	14	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
83	3:03.76	L	F	Deryn Filday	14	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
84	3:04.08	L	F	Nikita Grant	14	ACES ETH	02/07/2024	Prestige Tournament 2024
85	3:05.39	L S	F	Giselle Engelbrecht	14	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
86	3:05.55	L	F	Lily Otterbach	14	TYGE CPT	09/11/2024	Winelands SL4
87	3:05.59	L	P	Erin van der Linde	14	SOUL EKU	05/12/2024	EGA Summer Championships
88	3:07.17	L S	F	Anri Maree	14	BS LLD	04/12/2024	Free State Champs 2024
89	3:07.22	L S	F	Taylor Tredoux	14	BLMA CPT	02/11/2024	CTA A & B CHAMPS 2024
90	3:07.71	L	F	Helena Rookoen-Smith	14	LALE CED	21/09/2024	CTA INVITATIONAL LC MEET
91	3:08.78	L	F	Emily Coetzer	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
92	3:08.79	L	F	Kellan Lynch	14	XCEL CPT	21/09/2024	CTA INVITATIONAL LC MEET
93	3:09.93	L	F	Victoria Bulhakova	14	SWIFT EKU	01/02/2025	EGA Last Chance Gala
94	3:10.09	L	F	Lesedi Mashabela	14	TUKS TSH	13/09/2024	NTS September Age Group 2024
95	3:10.20	L	F	Sienna Kidgell	14	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
96*	3:10.90	L	F	Nadia Van Schalkwyk	14	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
96*	3:10.90	L	F	Maria Davids	14	AQUA BUF	31/01/2025	Infinity Gala 2025
98	3:12.59	L	F	Mienke Vd Bank	14	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
99	3:12.73	L S	F	Luca Alexander	14	MARL CPT	02/11/2024	CTA A & B CHAMPS 2024
100	3:12.81	L	P	Rerapetse Ramohale	14	RBOT BPD	07/12/2024	NWS Championships 2024
101	3:13.72	L	F	Leané Swanepoel	14	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
102	3:13.81	L	F	Danique Hefer	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024
103	3:14.21	L	F	Jessie Ludick	14	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
104	3:15.20	L S	F	Sabrina Oaten	14	SFSC CPT	02/11/2024	CTA A & B CHAMPS 2024
105	3:15.32	L	F	Jasmine Hirshovitz	14	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
106	3:16.94	L	F	Jani Brink	14	QSAW CED	09/11/2024	Winelands SL4
107	3:17.03	L S	F	Melinda Dippenaar	14	BS LLD	04/12/2024	Free State Champs 2024
108	3:17.84	L	P	Carli Coetzee	14	QUES JHB	29/11/2024	CGA Championships 2024
109	3:17.86	L S	F	Lechelle Rossouw	14	BLNE MAN	04/12/2024	Free State Champs 2024
110	3:17.91	L	F	Megan Jansen	14	UNI U EZD	10/01/2025	2024 Grand Prix Invitation Swimming
111	3:18.92	L	P	Nenekazi Taole	14	SWIFT EKU	05/12/2024	EGA Summer Championships
112	3:19.35	L	P	Bianca Rayfield	14	SASE JHB	29/11/2024	CGA Championships 2024
113	3:19.74	L	F	Mieke Griffiths	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024
114	3:22.97	L S	F	Lurette du Toit	14	BLOT MAN	04/12/2024	Free State Champs 2024
115	3:23.43	L	P	Vyasti Lachman	14	WATR JHB	29/11/2024	CGA Championships 2024
116	3:23.64	L	P	Marubini Matumba	14	JAQ EKU	05/12/2024	EGA Summer Championships
117	3:24.98	L	P	Mikal Newete	14	CA EKU	05/12/2024	EGA Summer Championships
118	3:25.49	L	F	Gabriella Goncalves	14	SOUL EKU	01/02/2025	EGA Last Chance Gala
119	3:25.80	L	P	Skyla Reddy	14	SWIFT EKU	05/12/2024	EGA Summer Championships
120	3:29.17	L	F	Kiara Wood	14	RSA	04/10/2024	Curro AquaElite Gala
121	3:29.56	L	F	Hannaan Mia	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
122	3:31.13	L	P	Oresiametse Sekonya	14	MATL KKD	07/12/2024	NWS Championships 2024
123	3:31.21	L	P	Taylor Reichman-Israelsohn	14	WATR JHB	29/11/2024	CGA Championships 2024
124	3:31.52	L	P	Liyema Mabhele	14	PER JHB	29/11/2024	CGA Championships 2024
125	3:32.87	L	F	Sarah Van Schalkwyk	14	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
126	3:37.50	L	F	Melissa Beasley	14	H2O EKU	18/01/2025	EGA Summer 5
127	3:37.89	L	P	Nikkie Klink	14	JAQ EKU	05/12/2024	EGA Summer Championships
128	3:40.02	L	F	Emilia de Freitas	14	MAKO EKU	12/10/2024	EGA Summer 2
129	3:40.31	L	F	Stella Combrink	14	ELEC TSH	13/09/2024	NTS September Age Group 2024
130	3:52.20	L	F	Mpho Mwanza	14	ESP EKU	01/02/2025	EGA Last Chance Gala
131	3:58.92	L	P	Thobeka Khumalo	14	JAQ EKU	05/12/2024	EGA Summer Championships
132	4:01.82	L	P	Mamello Mabuza	14	ESP EKU	05/12/2024	EGA Summer Championships

Women 14-14 50 Breast

1	34.37	L	F	Kato' van Niekerk	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
2	35.70	L	F	Zuria Venter	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
3	36.09	L	F	Jemmah Roman	14	INFA NMA	13/12/2024	NMBA Championships 2024
4	36.38	L	F	Kirsten Pirow	14	WATR JHB	29/11/2024	CGA Championships 2024
5	36.49	L	F	Meandri De Vos	14	BLOT MAN	04/12/2024	Free State Champs 2024
6	36.55	L	F	Izibelle Van Der Wath	14	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
7	36.56 L	F	Simonè Gerber	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
8	36.70 L	F	Camilla Heuer	14	USC BUF	02/07/2024	Prestige Tournament 2024
9	37.16 L	F	Riziki Magotsi	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
10	37.51 L	F	Paige Meeser	14	CA EKU	01/02/2025	EGA Last Chance Gala
11	37.52 L	F	Clarisë Van Niekerk	14	TUKS TSH	13/12/2024	NMBA Championships 2024
12	37.54 L	F	Alexa Heldsinger	14	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024
13	37.59 L	F	Bellame Mostert	14	PEAS NMA	13/12/2024	NMBA Championships 2024
14	37.67 L	F	Caitlin Evans	14	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
15	37.69 L	F	Noa Mansill	14	WSS LLD	25/10/2024	Neptunes Gala
16	37.72 L	F	Hyzel Hutchison	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
17*	37.75 L	F	Zané Grobler	14	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
17*	37.75 L	F	Chloe Struwig	14	OHAN ILD	25/01/2025	uShaka Champs 2025
19	37.76 L	F	Maré Coetzee	14	POTC KKD	07/12/2024	NWS Championships 2024
20	37.83 L	F	Taylor Kassebaum	14	AA JHB	29/11/2024	CGA Championships 2024
21	37.98 L	P	Demi Putter	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
22	38.12 L	P	Summer du Plessis	14	BLOT MAN	04/12/2024	Free State Champs 2024
23	38.27 L	F	Inneke Liebenberg	14	POTC KKD	07/12/2024	NWS Championships 2024
24	38.30 L	F	Kayden O'connor	14	PEAS NMA	13/12/2024	NMBA Championships 2024
25	38.34 L	F	Arne' Dreyer	14	STAQ CED	09/11/2024	Winelands SL4
26	38.49 L	P	Mikalla Laubscher	14	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024
27	38.74 L	F	Kerryn Kotze	14	RACE JHB	29/11/2024	CGA Championships 2024
28	38.82 L	F	Madison Harper	14	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
29	38.84 L	P	Anabella Borges	14	SWIM1 JHB	29/11/2024	CGA Championships 2024
30	38.90 L	F	Ella Jv Rensburg	14	SS MPD	29/11/2024	Limpopo Champs 2024
31	38.93 L	P	Dayna Van Niekerk	14	BLNE MAN	04/12/2024	Free State Champs 2024
32	38.97 L	F	Talitha Schuch	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
33	39.16 L	F	Danielle Bam	14	VRC TSH	13/09/2024	NTS September Age Group 2024
34	39.18 L	P	Johandri Pool	14	BLSS MAN	04/12/2024	Free State Champs 2024
35	39.45 L	F	Kaitlyn Ramos	14	SEAL UMD	25/01/2025	uShaka Champs 2025
36	39.47 L	F	Minette Swartz	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024
37	39.75 L	F	Madison Smith	14	CA EKU	01/02/2025	EGA Last Chance Gala
38	39.80 L	F	Mikaela Johst	14	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
39	40.12 L	F	Katie Van Wyk	14	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
40	40.17 L	F	Miane Van Veelen	14	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
41*	40.21 L	F	Odette Upton	14	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo AG
41*	40.21 L	F	Chelsea-Jean Botha	14	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
43	40.26 L S	P	Kate Douglas	14	BAS EKU	05/12/2024	EGA Summer Championships
44	40.52 L	F	Sophia Wener	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
45	40.57 L	F	Minette Van Zyl	14	INFA NMA	03/08/2024	2nd A League Gala 2024
46	40.58 L	F	Riley Prinsloo	14	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
47	40.61 L	P	Emma Nolan	14	MDOL JHB	29/11/2024	CGA Championships 2024
48	40.65 L	F	Menincke Genis	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024
49	40.72 L	P	Marguerite Cockeran	14	DRGN EKU	29/11/2024	CGA Championships 2024
50	40.84 L	F	Jo Otto	14	ELEC TSH	13/09/2024	NTS September Age Group 2024
51	40.88 L S	F	Leah Boardman	14	CA EKU	05/12/2024	EGA Summer Championships
52	40.90 L	F	Hailey Blewett	14	HREF BPD	07/12/2024	NWS Championships 2024
53	41.14 L	P	Carli Coetzee	14	QUES JHB	29/11/2024	CGA Championships 2024
54	41.17 L	F	Ella Van der Vyver	14	ASA ILD	25/01/2025	uShaka Champs 2025
55	41.24 L	F	Milan Ferreira	14	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
56	41.25 L	P	Logan Riley	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
57	41.31 L	F	Amy Walton	14	RSA	04/10/2024	Curro AquaElite Gala
58	41.55 L	P	Ella-Jane Johnson	14	AAS JHB	29/11/2024	CGA Championships 2024
59	41.60 L	F	Dune Haasbroek	14	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
60	41.78 L	F	Macayla Lamprecht	14	CA EKU	12/10/2024	EGA Summer 2
61	41.82 L	F	Isabelle Welgemoed	14	BLSS MAN	25/10/2024	Neptunes Gala
62	41.98 L	P	Keira Palmer	14	CRSC JHB	29/11/2024	CGA Championships 2024
63	42.03 L	P	Zahra Bawa	14	ATLA JHB	29/11/2024	CGA Championships 2024
64	42.04 L	P	Evalyn Brown	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
65	42.05 L	P	Vyasti Lachman	14	WATR JHB	29/11/2024	CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
66	42.20	L S	F	Victoria Bulhakova	14	SWIFT EKU	05/12/2024	EGA Summer Championships
67	42.22	L	P	Shayla Whyte	14	MDOL JHB	29/11/2024	CGA Championships 2024
68	42.23	L	F	Leandri Haasbroek	14	TUKS FSH	13/09/2024	NTS September Age Group 2024
69	42.26	L	F	Annabelle Van Heerden	14	WSTV ETH	25/01/2025	uShaka Champs 2025
70*	42.27	L	F	Riley Gouws	14	ASA ILD	25/01/2025	uShaka Champs 2025
70*	42.27	L	F	Luné Fouche	14	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
72	42.28	L	P	Isabel Kuhn	14	PEAS NMA	15/06/2024	PEA Winter Gala 2024
73	42.30	L	F	Eva Wildman	14	MAKO EKU	12/10/2024	EGA Summer 2
74	42.35	L	P	Kapitolina Xaba	14	SASE JHB	29/11/2024	CGA Championships 2024
75	42.42	L	F	Leila Smit	14	CSC FSH	13/09/2024	NTS September Age Group 2024
76	42.53	L	F	Jeandré Lodewyks	14	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
77	42.70	L	F	Scarlett Friis	14	RSA	04/10/2024	Curro AquaElite Gala
78	42.71	L	F	Micah Marx	14	CA EKU	01/02/2025	EGA Last Chance Gala
79	42.74	L	P	Caitlin Knight	14	WATR JHB	29/11/2024	CGA Championships 2024
80	42.77	L	P	Rachel Sheard	14	SEAL UMD	02/07/2024	Prestige Tournament 2024
81	42.78	L	P	Clarisse Barnard	14	BLSS MAN	04/12/2024	Free State Champs 2024
82	42.84	L	P	Kyla Schäfer	14	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024
83	42.85	L S	P	Jhuliana Lamprecht	14	CA EKU	05/12/2024	EGA Summer Championships
84	42.98	L	F	Nikita Govind	14	TRAZ FSH	13/09/2024	NTS September Age Group 2024
85	43.01	L	F	Megan Jansen	14	UNIU EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
86	43.03	L	F	Holly McAfee	14	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
87*	43.04	L	P	Emma Gallant Da Silva	14	MDOL JHB	29/11/2024	CGA Championships 2024
87*	43.04	L	F	Danique Hefer	14	ELRAS WBD	12/10/2024	Limpopo Age Group 4
87*	43.04	L	F	Lehane Lategan	14	FAAC	19/10/2024	NCASA AGE GROUP 1 KBY 2024
90	43.05	L	F	Leani Mitchell	14	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024
91	43.14	L	F	Maria Davids	14	BCA BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE
92	43.20	L	F	Cara Visser	14	CYBE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
93	43.28	L	F	Miya Krog	14	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
94	43.40	L	F	Jessica Matthysen	14	CSA EZD	29/11/2024	Mpumalanga Championships 2024
95	43.45	L	F	Marina Cussons	14	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
96	43.47	L	F	Amber Leibbrandt	14	SEAL UMD	02/07/2024	Prestige Tournament 2024
97	43.61	L	F	Kayden Mauer	14	USC BUF	13/12/2024	NMBA Championships 2024
98	43.69	L S	P	Gabriella Goncalves	14	SOUL EKU	05/12/2024	EGA Summer Championships
99	43.73	L	F	Una Bosch	14	WWOL FSH	13/09/2024	NTS September Age Group 2024
100	43.75	L	F	Rachel Smith	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
101	43.85	L	F	Ava Lambropoulos	14	TRAZ FSH	13/09/2024	NTS September Age Group 2024
102	43.94	L	F	Emily Crozier	14	FAAC	05/10/2024	FLAMINGO GALA OCT 2024
103	44.07	L	P	Anouk Atkinson	14	SWAR WCD	05/12/2024	Western Cape LC-A Championship 2024
104	44.21	L	P	Anna Cloete	14	QUES JHB	29/11/2024	CGA Championships 2024
105	44.25	L	P	Margit Mihalik	14	RFA FSH	07/12/2024	NWS Championships 2024
106	44.33	L	F	Johane Human	14	RFA FSH	13/09/2024	NTS September Age Group 2024
107	44.39	L	F	Emmelize Loots	14	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
108*	44.58	L	F	Anna-Belle Slabbert	14	PSC FSH	18/10/2024	NTS Level 3+ October Age Group 2024
108*	44.58	L	F	Christa de Beer	14	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024
110	44.62	L	F	Maya Meyer	14	BULS MAN	05/10/2024	FLAMINGO GALA OCT 2024
111	44.70	L	F	Paityn Wilson	14	BEST NMA	13/12/2024	NMBA Championships 2024
112	44.81	L	P	Lillee Evans	14	RACE JHB	29/11/2024	CGA Championships 2024
113	44.83	L	F	Nasheetah Jephtha	14	MANT CPT	21/09/2024	CTA INVITATIONAL LC MEET
114	44.91	L	F	Isabella Scarpa	14	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
115	45.06	L	F	Mienke Vd Bank	14	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
116	45.10	L	F	Emma Clouston	14	HAAG UTD	07/12/2024	Uthukela District Age Group Gala
117	45.12	L	F	Marny Du Plessis	14	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
118	45.23	L	F	Takalani Mudau	14	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
119	45.25	L	F	Gabrielle Wagner	14	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET
120	45.27	L	F	Anje Stoltz	14	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
121	45.29	L	F	Suri Cloete	14	RFA FSH	01/02/2025	EGA Last Chance Gala
122	45.30	L	F	Jasmine Goldman	14	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
123	45.33	L	F	Arnia Bothma	14	AQUA UTD	02/11/2024	Uthukela District Age Group Gala
124	45.34	L	F	Zoe Mills	14	DESA NMA	14/09/2024	3rd A League Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
125	45.38	L	F	Lelanie Marais	14	LAD UTD	11/01/2025 Uthukela District Age Group Gala
126	45.39	L	F	Suné Coetzee	14	POTC KKD	07/12/2024 NWS Championships 2024
127	45.49	L	F	Willow Hunter	14	BULS MAN	10/08/2024 Kovsies Gala 1
128	45.54	L	F	Mieke Griffiths	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
129	45.62	L	F	Nadia Van Schalkwyk	14	EXP TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
130	45.77	L	F	Emma Fourie	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
131	45.91	L	P	Gemma Goelst	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
132	46.00	L	F	Buhlebemvelo Mdluli	14	WSTV ETH	25/01/2025 uShaka Champs 2025
133	46.11	L	F	Alexis Muller	14	AZON ETH	02/07/2024 Prestige Tournament 2024
134	46.13	L	P	Kyra Home	14	AA JHB	29/11/2024 CGA Championships 2024
135	46.18	L	F	Lechelle Rossouw	14	BLNE MAN	27/09/2024 Seals Gala 2
136	46.26	L	F	Layla Cronin	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
137	46.31	L	F	Kellan Lynch	14	XCEL CPT	21/09/2024 CTA INVITATIONAL LC MEET
138	46.36	L	F	Skyla Reddy	14	SWIFT EKU	12/10/2024 EGA Summer 2
139	46.42	L	P	Bianca Rayfield	14	SASE JHB	29/11/2024 CGA Championships 2024
140	46.44	L S	P	Marubini Matumba	14	JAQ EKU	05/12/2024 EGA Summer Championships
141	46.46	L	F	Alwande Hlatshwayo	14	USH KCD	26/10/2024 Froggies Aquatics Championships 2024
142	46.48	L	P	Tuduetso Onyadile	14	BLSS MAN	04/12/2024 Free State Champs 2024
143	46.58	L	F	Deryn Filday	14	AZON ETH	25/01/2025 uShaka Champs 2025
144	46.63	L	P	Taylor Reichman-Israelsohn	14	WATR JHB	29/11/2024 CGA Championships 2024
145	46.67	L	F	Brogan Torrie	14	AZON ETH	25/01/2025 uShaka Champs 2025
146	46.72	L	F	April Allam	14	NWUC KKD	23/11/2024 NWS Age Group 3 + 4 2024
147	46.73	L	P	Neha Pillay	14	KLOO ETH	02/07/2024 Prestige Tournament 2024
148	46.76	L	F	Drishti Rawjee	14	MAKO EKU	01/02/2025 EGA Last Chance Gala
149	46.81	L	F	Taylor Tredoux	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
150	47.15	L	F	Najya Baadjies	14	PAQU CED	09/11/2024 Winelands SL4
151	47.18	L	P	Paige Van Niekerk	14	PER JHB	29/11/2024 CGA Championships 2024
152	47.42	L	F	Mila Volschenk	14	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
153	47.47	L	F	Hailey Hinze	14	UNI EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
154	47.65	L	P	Anri Maree	14	BS LLD	04/12/2024 Free State Champs 2024
155*	47.67	L	F	Tiffany Prins	14	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
155*	47.67	L	F	Monique Le Roux	14	KALA	15/11/2024 AGE GROUP 2 KATHU 2024
157	47.69	L	F	Janke Steenkamp	14	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
158	47.87	L	F	Anieke Prinsloo	14	BETH FDD	15/11/2024 Valsrivier Gala 2024
159	47.90	L	P	Elizma Jacobs	14	RBUR BPD	07/12/2024 NWS Championships 2024
160	48.00	L	P	Tamsyn Thomson	14	BULS MAN	04/12/2024 Free State Champs 2024
161	48.12	L	F	Lulu Salie	14	LALE CED	09/11/2024 Winelands SL4
162	48.13	L	F	Aalia Naidoo	14	BEAV ETH	25/01/2025 uShaka Champs 2025
163*	48.30	L	F	Roshelle Van Niekerk	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
163*	48.30	L	F	Melinda Dippenaar	14	BS LLD	06/09/2024 Bull Sharks Annual Gala
165	48.37	L S	P	Mpho Mwanza	14	ESP EKU	05/12/2024 EGA Summer Championships
166	48.43	L	F	Nonjabulo Ndlovu	14	RSA	04/10/2024 Curro AquaElite Gala
167	48.54	L	F	Alri Venter	14	PHS CCD	01/02/2025 Limpopo School Champs & Limpopo AG
168	48.56	L	F	Taaliah Williams	14	MANT CPT	21/09/2024 CTA INVITATIONAL LC MEET
169	48.66	L	F	Kelsey-Lee Wagner	14	AA JHB	20/11/2024 Crusaders Night Gala 1
170	48.70	L	F	Zoe Janse van Vuuren	14	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
171	48.74	L	P	Lisa Getye	14	AQUA BUF	15/06/2024 PEA Winter Gala 2024
172	48.78	L	F	Karla Lemmer	14	USH KCD	07/12/2024 Stingrays Champs 2024
173	48.80	L	F	Genevieve Agudo	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
174	48.91	L	F	Gabriella Oelofse	14	TNDER FDD	27/09/2024 Seals Gala 2
175	48.95	L	P	Isabella Dos Santos	14	PER JHB	29/11/2024 CGA Championships 2024
176	48.98	L	F	Lo-Marie Rossouw	14	XCEL CPT	02/11/2024 CTA A & B CHAMPS 2024
177	49.02	L	F	Shane Swarts	14	PSA ZLD	26/10/2024 Froggies Aquatics Championships 2024
178	49.03	L	F	Jessie Ludick	14	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
179	49.05	L	F	Sabrina Oaten	14	SFSC CPT	02/11/2024 CTA A & B CHAMPS 2024
180	49.08	L	P	Kitana Govender	14	BEAV ETH	02/07/2024 Prestige Tournament 2024
181*	49.09	L	F	Eleni vd Merwe	14	TUKS TSH	13/09/2024 NTS September Age Group 2024
181*	49.09	L	F	Thenysia Padmanathan	14	SOUL EKU	12/10/2024 EGA Summer 2
183	49.56	L	F	Jaunike Olivier	14	AQUA UTD	02/11/2024 Uthukela District Age Group Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
184	49.57 L	F	Diëm Peens	14	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
185	49.88 L	F	Gite-Mari Malherbe	14	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
186	49.93 L	F	Mia-Ann Van der Westhuizen	14	LALE CED	09/11/2024	Winelands SL4
187	50.05 L	F	Abi Daniel	14	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
188	50.14 L	F	Lintle Ramone	14	MATL KKD	07/12/2024	NWS Championships 2024
189	50.18 L	F	Leruschke Van Heerden	14	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
190	50.24 L	F	Nenekazi Taole	14	SWIFT EKU	12/10/2024	EGA Summer 2
191	50.29 L	F	Mikal Newete	14	CA EKU	01/02/2025	EGA Last Chance Gala
192	50.43 L S	P	Oratilwe Mooko	14	PGAC EKU	05/12/2024	EGA Summer Championships
193	50.56 L	F	Lirese Meintjes	14	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
194	50.60 L	F	Mine Joubert	14	BETH FDD	27/09/2024	Seals Gala 2
195	51.07 L	F	Anika Le Roux	14	AASC EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
196	51.49 L	F	Rerapetse Ramohale	14	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
197	51.58 L	F	Chanri Pretorius	14	KTS	15/11/2024	AGE GROUP 2 KATHU 2024
198	51.76 L	F	Hannaan Mia	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
199	51.89 L	P	Mika Fourie	14	NWUC KKD	07/12/2024	NWS Championships 2024
200	52.28 L	F	Boipelo Onyadile	14	BLSS MAN	27/09/2024	Seals Gala 2
201	52.48 L	P	Zahiyah Khan	14	BLSS MAN	04/12/2024	Free State Champs 2024
202	52.77 L	P	Emma Bartholomew	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
203	52.90 L S	P	Nikkie Klink	14	JAQ EKU	05/12/2024	EGA Summer Championships
204	52.93 L	F	Alexi Schuch	14	RBOT BPD	07/12/2024	NWS Championships 2024
205	53.09 L	F	Jacqueline Pieterse	14	FSE KCD	07/12/2024	Stingrays Champs 2024
206	53.10 L	F	Elme Swanepoel	14	BETH FDD	25/10/2024	Neptunes Gala
207	53.31 L	F	Boitshepo Mthembu	14	USHAK EKU	12/10/2024	EGA Summer 2
208	53.71 L	F	Ashleigh Goncalves	14	CA EKU	01/02/2025	EGA Last Chance Gala
209	54.02 L	F	Olive Humphrys	14	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
210	54.25 L	F	Rethabile Ncube	14	TUKS TSH	13/09/2024	NTS September Age Group 2024
211	54.40 L	F	Shiloh Pause	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
212	55.30 L	F	Anna Janse Van Rensburg	14	ROA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
213	56.23 L	F	Gerda Clarke	14	DESA NMA	14/09/2024	3rd A League Gala 2024
214	56.54 L	F	Lenira Naidoo	14	SASE JHB	20/11/2024	Crusaders Night Gala 1
215	58.12 L S	P	Thobeka Khumalo	14	JAQ EKU	05/12/2024	EGA Summer Championships
216	58.18 L	F	Victoria Holfeld	14	CA EKU	12/10/2024	EGA Summer 2
217	58.67 L	F	Lutendo Mphelo	14	BLSS MAN	27/09/2024	Seals Gala 2
218	59.11 L S	P	Melissa Beasley	14	H2O EKU	05/12/2024	EGA Summer Championships
219	59.76 L	F	Tiana Ziervogel	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
220	1:02.05 L	F	Oresiametse Sekonya	14	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
221	1:03.48 L S	P	Mamello Mabuza	14	ESP EKU	05/12/2024	EGA Summer Championships
222	1:03.49 L	F	Robyn Belcham	14	HURA CPT	09/11/2024	Swartland Prestige Gala 2024
223	1:04.28 L	F	Skylah Booysen	14	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
224	1:08.37 L	F	Skylor Smith	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
225	1:10.42 L	F	Meeca Edwards	14	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
226	1:13.75 L	F	Reneilwe Masanabo	14	ATTE TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
227	1:18.77 L	F	Takira Petersen	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
228	1:42.69 L	F	Usenathi Segone	14	BLNE MAN	09/11/2024	Bull Sharks Gala
229	1:47.68 L	F	Lekeshia Cameron	14	KHAY CPT	21/09/2024	CTA INVITATIONAL LC MEET
Women 14-14 100 Breast							
1	1:17.21 L	F	Zuria Venter	14	CA EKU	26/10/2024	Summer 3 Delville
2	1:17.77 L	F	Kato' van Niekerk	14	TUKS TSH	13/09/2024	NTS September Age Group 2024
3	1:18.35 L	F	Caitlin Evans	14	CTA CPT	11/01/2025	EDEN INTER DISTRICT PRESTIGE
4	1:20.15 L	F	Jemmah Roman	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
5	1:20.26 L	F	Simonè Gerber	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
6	1:21.23 L	F	Meandri De Vos	14	BLOT MAN	04/12/2024	Free State Champs 2024
7	1:21.44 L	P	Camilla Heuer	14	USC BUF	02/07/2024	Prestige Tournament 2024
8	1:21.53 L	F	Clarisë Van Niekerk	14	TUKS TSH	13/12/2024	NMBA Championships 2024
9	1:21.91 L	F	Demi Putter	14	RSA	04/10/2024	Curro AquaElite Gala
10	1:21.94 L	F	Izibelle Van Der Wath	14	KNYA EDD	31/01/2025	Infinity Gala 2025
11	1:22.75 L	F	Bellame Mostert	14	PEAS NMA	15/06/2024	PEA Winter Gala 2024
12	1:22.91 L	F	Chloe Struwig	14	OHAN ILD	25/01/2025	uShaka Champs 2025

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
13	1:22.96 L	F	Danielle Bam	14	VRC TSH	29/11/2024	CGA Championships 2024
14	1:23.58 L	F	Summer du Plessis	14	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
15	1:23.69 L	F	Kaitlyn Ramos	14	SEAL UMD	25/01/2025	uShaka Champs 2025
16	1:23.77 L	F	Zané Grobler	14	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
17	1:23.83 L	F	Inneke Liebenberg	14	POTC KKD	07/12/2024	NWS Championships 2024
18	1:23.91 L	P	Noa Mansill	14	WSS LLD	04/12/2024	Free State Champs 2024
19	1:24.11 L	F	Taylor Kassebaum	14	AA JHB	10/01/2025	2024 Grand Prix Invitation Swimming
20	1:24.61 L S	F	Riziki Magotsi	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
21	1:24.62 L	P	Arne Dreyer	14	STAQ CED	05/12/2024	Western Cape LC-A Championship 2024
22	1:24.63 L	F	Chanel Van Tonder	14	SEAL UMD	25/01/2025	uShaka Champs 2025
23	1:24.97 L	F	Annabelle Van Rensburg	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
24	1:25.11 L	F	Alexa Heldsinger	14	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024
25	1:25.67 L	F	Kayden O'connor	14	NMBA NM	11/01/2025	EDEN INTER DISTRICT PRESTIGE
26	1:25.87 L	F	Hyzel Hutchison	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
27	1:26.90 L	F	Madison Smith	14	CA EKU	05/12/2024	EGA Summer Championships
28	1:26.91 L	P	Talitha Schuch	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
29	1:26.96 L	F	Paige Meeser	14	CA EKU	05/12/2024	EGA Summer Championships
30	1:27.01 L	F	Marion Alala	14	TUKS TSH	07/12/2024	NCSA INVITATIONAL SWIMMING
31	1:27.32 L	F	Kacey Hughes	14	STSC KCD	01/02/2025	KCDA Age Group 4 2024
32	1:27.72 L	F	Odette Upton	14	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo AG
33	1:27.76 L	P	Minette Swartz	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024
34	1:27.93 L	F	Anabella Borges	14	SWIM1 JHB	29/11/2024	CGA Championships 2024
35	1:28.21 L	F	Maré Coetzee	14	POTC KKD	07/12/2024	NWS Championships 2024
36	1:28.23 L	F	Dayna Van Niekerk	14	BLNE MAN	11/10/2024	Otters Prestige Gala 2024
37	1:28.25 L	P	Emma Nolan	14	MDOL JHB	29/11/2024	CGA Championships 2024
38	1:28.32 L	F	Kylie De Bruyn	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
39	1:29.07 L	F	Mikaela Johst	14	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
40	1:29.19 L	F	Hailey Blewett	14	HREF BPD	07/12/2024	NWS Championships 2024
41	1:29.23 L	F	Miane Van Veelen	14	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
42	1:29.39 L S	F	Chelsea-Jean Botha	14	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
43	1:29.83 L	P	Kate Douglas	14	BAS EKU	05/12/2024	EGA Summer Championships
44	1:30.00 L	F	Jo Otto	14	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
45	1:30.33 L	F	Amy Walton	14	RSA	04/10/2024	Curro AquaElite Gala
46	1:30.47 L	P	Gemma Walters	14	DORE JHB	29/11/2024	CGA Championships 2024
47	1:30.57 L	F	Victoria Bulhakova	14	SWIFT EKU	26/10/2024	Summer 3 Delville
48	1:30.79 L	F	Riley Prinsloo	14	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
49	1:30.90 L	F	Ella Jv Rensburg	14	SS MPD	29/11/2024	Limpopo Champs 2024
50	1:30.94 L	P	Riley Girodo	14	SGUL ETH	02/07/2024	Prestige Tournament 2024
51	1:31.15 L	F	Madison Harper	14	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
52	1:31.16 L S	F	Miya Krog	14	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
53	1:31.51 L	F	Sadie Roberts	14	ASA ILD	14/06/2024	AQZ Winter Warmer 2024
54	1:31.54 L	P	Indigo Woodburn	14	MDOL JHB	29/11/2024	CGA Championships 2024
55	1:31.61 L	F	Menincke Genis	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024
56	1:31.63 L	F	Annabelle Van Heerden	14	WSTV ETH	25/01/2025	uShaka Champs 2025
57	1:31.76 L	F	Milan Ferreira	14	TASC MPD	29/11/2024	Limpopo Champs 2024
58	1:31.84 L	F	Minette Van Zyl	14	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
59*	1:31.86 L	F	Kayden Mauer	14	USC BUF	13/12/2024	NMBA Championships 2024
59*	1:31.86 L	F	Scarlett Friis	14	RSA	04/10/2024	Curro AquaElite Gala
61	1:32.15 L	P	Keira Palmer	14	CRSC JHB	29/11/2024	CGA Championships 2024
62	1:32.32 L	F	Holly McAfee	14	FISH EDD	31/01/2025	Infinity Gala 2025
63	1:32.44 L	F	Jeandré Lodewyks	14	INFA NMA	31/01/2025	Infinity Gala 2025
64	1:32.48 L	F	Katie Van Wyk	14	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
65	1:32.79 L	P	Nia O'Carroll	14	STAQ CED	05/12/2024	Western Cape LC-A Championship 2024
66	1:32.82 L	F	Johandri Pool	14	BLSS MAN	04/12/2024	Free State Champs 2024
67	1:32.87 L	P	Carli Coetzee	14	QUES JHB	29/11/2024	CGA Championships 2024
68	1:32.89 L	F	Peyton Mathews	14	KLOO ETH	02/07/2024	Prestige Tournament 2024
69	1:32.94 L S	F	Sophia Wener	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
70	1:32.97 L	F	Lehane Lategan	14	FAAC	19/10/2024	NCASA AGE GROUP 1 KBY 2024
71	1:33.01 L	F	Dune Haasbroek	14	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
72	1:33.39	L S	F	Lily Jason	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
73	1:33.46	L	P	Madison Thirsk	14	TYGE CPT	15/06/2024 PEA Winter Gala 2024
74	1:33.49	L	P	Ella-Jane Johnson	14	AAS JHB	29/11/2024 CGA Championships 2024
75*	1:33.68	L	F	Luné Fouche	14	CUHE OBD	17/10/2024 43rd Freda Barnard Invitational Gala
75*	1:33.68	L	F	Leah Boardman	14	CA EKU	10/01/2025 2024 Grand Prix Invitation Swimming
77	1:33.82	L	P	Zahra Bawa	14	ATLA JHB	29/11/2024 CGA Championships 2024
78	1:33.87	L	P	Kapitolina Xaba	14	SASE JHB	29/11/2024 CGA Championships 2024
79	1:33.89	L	F	Leila Smit	14	CSC TSH	13/09/2024 NTS September Age Group 2024
80*	1:34.16	L	P	Vyasti Lachman	14	WATR JHB	29/11/2024 CGA Championships 2024
80*	1:34.16	L	F	Isabelle Welgemoed	14	BLSS MAN	15/11/2024 Valsrivier Gala 2024
80*	1:34.16	L	F	Rachel Sheard	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
83	1:34.46	L	F	Micah Marx	14	CA EKU	18/01/2025 EGA Summer 5
84	1:34.72	L	F	Christa de Beer	14	POTC KKD	07/12/2024 NWS Championships 2024
85	1:34.78	L	F	Logan Riley	14	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
86	1:34.84	L	F	Maria Davids	14	BCA BUF	11/01/2025 EDEN INTER DISTRICT PRESTIGE
87	1:35.44	L	F	Maria Barreiros	14	ELEC TSH	13/09/2024 NTS September Age Group 2024
88	1:35.61	L	F	Isla Leiper	14	LEGC ETH	01/02/2025 KCDA Age Group 4 2024
89	1:35.68	L	F	Lechelle Rossouw	14	BLNE MAN	09/11/2024 Bull Sharks Gala
90	1:35.69	L	F	Johane Human	14	RFA TSH	13/09/2024 NTS September Age Group 2024
91	1:35.81	L	F	Cara Visser	14	CYBE CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
92	1:35.84	L	F	Ava Lambropoulos	14	TRAZ TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
93	1:35.95	L	P	Macayla Lamprecht	14	CA EKU	05/12/2024 EGA Summer Championships
94	1:36.03	L	F	Nasheetah Jephta	14	MANT CPT	21/09/2024 CTA INVITATIONAL LC MEET
95	1:36.19	L	F	Emily Crozier	14	FAAC	05/10/2024 FLAMINGO GALA OCT 2024
96	1:36.54	L	P	Emma Gallant Da Silva	14	MDOL JHB	29/11/2024 CGA Championships 2024
97	1:36.58	L	P	Anouk Atkinson	14	SWAR WCD	05/12/2024 Western Cape LC-A Championship 2024
98	1:36.74	L	P	Erin van der Linde	14	SOUL EKU	05/12/2024 EGA Summer Championships
99	1:36.82	L S	F	Takalani Mudau	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
100	1:36.83	L	F	Zoe Mills	14	DESA NMA	14/09/2024 3rd A League Gala 2024
101	1:37.01	L	F	Danique Hefer	14	ELRAS WBD	12/10/2024 Limpopo Age Group 4
102	1:37.06	L	P	Evalyn Brown	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
103	1:37.20	L	F	Leandri Haasbroek	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
104	1:37.21	L	F	Margit Mihalik	14	RFA TSH	07/12/2024 NWS Championships 2024
105	1:37.36	L	F	Lillee Evans	14	RACE JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
106	1:37.49	L	F	Riley Gouws	14	ASA ILD	25/01/2025 uShaka Champs 2025
107	1:37.60	L S	F	Emmelize Loots	14	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
108	1:37.70	L	F	Yolanda Noble	14	ROA EDD	17/10/2024 43rd Freda Barnard Invitational Gala
109	1:37.75	L	F	Maya Meyer	14	BULS MAN	11/10/2024 Otters Prestige Gala 2024
110	1:37.88	L	P	Amber Leibbrandt	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
111	1:37.92	L	F	Tanita Packery	14	USC BUF	22/11/2024 BCA Long Course Championships 2024
112	1:38.29	L	F	Eleni vd Merwe	14	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
113	1:38.35	L	P	Katya O'Brien	14	MDOL JHB	29/11/2024 CGA Championships 2024
114	1:38.49	L	F	Brogan Torrie	14	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
115	1:38.54	L	F	Zoe Janse van Vuuren	14	CSA EZD	29/11/2024 Mpumalanga Championships 2024
116	1:38.69	L	F	Aliyah Lizen	14	AQUA UTD	11/01/2025 Uthukela District Age Group Gala
117	1:38.77	L	F	Kasia Morris	KN	VASA EKU	12/10/2024 EGA Summer 2
118	1:38.84	L	P	Gabriella Goncalves	14	SOUL EKU	05/12/2024 EGA Summer Championships
119	1:38.89	L	P	Maria Erhard	14	CA EKU	05/12/2024 EGA Summer Championships
120	1:38.92	L	F	Anna-Belle Slabbert	14	PSC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
121	1:38.97	L	P	Kyra Home	14	AA JHB	29/11/2024 CGA Championships 2024
122	1:39.30	L	P	Mienke Vd Bank	14	CUHE OBD	05/12/2024 Western Cape LC-A Championship 2024
123	1:39.46	L	F	Emma Mostert	14	DDA TSH	13/09/2024 NTS September Age Group 2024
124	1:39.64	L	P	Robynn Coetzer	14	RBOT BPD	07/12/2024 NWS Championships 2024
125	1:39.81	L	F	Una Bosch	14	WWOL TSH	13/09/2024 NTS September Age Group 2024
126	1:39.89	L	P	Bianca Rayfield	14	SASE JHB	29/11/2024 CGA Championships 2024
127	1:39.91	L	P	Paige Van Niekerk	14	PER JHB	29/11/2024 CGA Championships 2024
128	1:39.98	L	F	Sienna Kidgell	14	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
129	1:40.05	L	F	Leani Mitchell	14	NWUC KKD	23/11/2024 NWS Age Group 3 + 4 2024
130	1:40.23	L S	F	Lexi Schou	14	SFSC CPT	02/11/2024 CTA A & B CHAMPS 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
131*	1:40.24	L	F	Kitana Govender	14	BEAV	ETH 25/01/2025 uShaka Champs 2025
131*	1:40.24	L	P	Kyla Schäfer	14	KNYA	EDD 15/06/2024 PEA Winter Gala 2024
133	1:40.48	L	F	Lika Vd Merwe	14	TUKS	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
134	1:40.51	L	F	Jessica Matthysen	14	CSA	EZD 29/11/2024 Mpumalanga Championships 2024
135	1:40.66	L	F	Gabrielle Wagner	14	SSISA	CPT 21/09/2024 CTA INVITATIONAL LC MEET
136	1:41.02	L	F	Anje Stoltz	14	UNIU	EZD 11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
137	1:41.14	L	F	Nadia Van Schalkwyk	14	EXP	FSH 01/02/2025 EGA Last Chance Gala
138	1:41.18	L	F	Amore Oosthuizen	14	CSA	EZD 11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
139	1:41.20	L	F	Dedre Engelbrecht	14	RBOT	BPD 09/11/2024 NWS Age Group 1 & 2 2024
140	1:41.36	L	F	Paityn Wilson	14	BEST	NMA 31/01/2025 Infinity Gala 2025
141	1:41.50	L	F	Mieke Griffiths	14	UNI	EZD 29/11/2024 Mpumalanga Championships 2024
142	1:41.56	L	F	Hailey Hinze	14	UNI	EZD 01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
143	1:41.57	L	F	Emma Clouston	14	HAAG	UTD 02/11/2024 Uthukela District Age Group Gala
144	1:41.66	L	F	Megan Jansen	14	UNIU	EZD 10/01/2025 2024 Grand Prix Invitation Swimming
145	1:41.71	L	P	Willow Hunter	14	BULS	MAN 04/12/2024 Free State Champs 2024
146	1:42.03	L	F	Najya Baadjies	14	PAQU	GED 09/11/2024 Winelands SL4
147	1:42.23	L	F	Arnia Bothma	14	AQUA	UTD 02/11/2024 Uthukela District Age Group Gala
148	1:42.60	L	F	Dylan Van Vuuren	14	ANAX	CPT 09/11/2024 Swartland Prestige Gala 2024
149	1:42.84	L	F	Alwande Hlatshwayo	14	USH	KCD 09/11/2024 KCDA Age Goup 2 2024
150	1:42.95	L	F	Lelanie Marais	14	LAD	UTD 11/01/2025 Uthukela District Age Group Gala
151	1:43.40	L	P	Taylor Reichman-Israelsohn	14	WATR	JHB 29/11/2024 CGA Championships 2024
152	1:43.55	L	P	Neha Pillay	14	KLOO	ETH 02/07/2024 Prestige Tournament 2024
153	1:43.60	L S	F	Aeshah Hendricks	14	WALM	CPT 02/11/2024 CTA A & B CHAMPS 2024
154	1:43.79	L	F	Anna Cloete	14	QUES	JHB 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
155	1:43.91	L	F	Clarisse Barnard	14	BLSS	MAN 11/10/2024 Otters Prestige Gala 2024
156	1:44.16	L	F	Buhlebemvelo Mdluli	14	WSTV	ETH 25/01/2025 uShaka Champs 2025
157	1:44.23	L S	F	Taylor Tredoux	14	BLMA	CPT 02/11/2024 CTA A & B CHAMPS 2024
158	1:44.33	L	F	Ane' Claassen	14	TUKS	FSH 13/09/2024 NTS September Age Group 2024
159	1:44.38	L	F	Alri Venter	14	PHS	CCD 01/02/2025 Limpopo School Champs & Limpopo AG
160	1:45.75	L	P	Marubini Matumba	14	JAQ	EKU 05/12/2024 EGA Summer Championships
161	1:45.77	L	F	Tiffany Prins	14	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
162	1:45.83	L	P	Drishti Rawjee	14	MAKO	EKU 05/12/2024 EGA Summer Championships
163	1:45.90	L	F	Giselle Engelbrecht	14	HTSA	CPT 21/09/2024 CTA INVITATIONAL LC MEET
164	1:45.95	L	F	Susara Putter	14	TRAZ	FSH 13/09/2024 NTS September Age Group 2024
165	1:45.96	L	P	Kelsey-Lee Wagner	14	AA	JHB 29/11/2024 CGA Championships 2024
166	1:46.05	L	F	Precious Marite	14	CRSC	JHB 22/01/2025 Crusaders Night Gala 2
167	1:46.22	L	F	Roshelle Van Niekerk	14	FISH	EDD 17/10/2024 43rd Freda Barnard Invitational Gala
168	1:46.52	L	P	Anieke Prinsloo	14	BETH	FDD 04/12/2024 Free State Champs 2024
169	1:46.60	L	F	Annabel Janse Van Rensburg	14	RSA	04/10/2024 Curro AquaElite Gala
170	1:46.62	L	F	Mine Joubert	14	BETH	FDD 27/09/2024 Seals Gala 2
171	1:46.75	L	F	Sarah Van Schalkwyk	14	ELEC	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
172	1:47.02	L	F	Kellan Lynch	14	XCEL	CPT 21/09/2024 CTA INVITATIONAL LC MEET
173	1:47.14	L	F	Elizma Jacobs	14	RBUR	BPD 07/12/2024 NWS Championships 2024
174	1:47.43	L	F	Aalia Naidoo	14	BEAV	ETH 25/01/2025 uShaka Champs 2025
175	1:47.78	L	F	Tamsyn Thomson	14	BULS	MAN 11/10/2024 Otters Prestige Gala 2024
176	1:48.20	L	P	April Allam	14	NWUC	KKD 07/12/2024 NWS Championships 2024
177	1:48.85	L	F	Nonjabulo Ndlovu	14	RSA	04/10/2024 Curro AquaElite Gala
178	1:48.92	L	F	Karla Lemmer	14	USH	KCD 26/10/2024 Froggies Aquatics Championships 2024
179	1:49.03	L	F	Diëm Peens	14	CUHE	OBD 09/11/2024 Swartland Prestige Gala 2024
180	1:49.24	L	F	Baylynn De Vos	14	TINC	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
181	1:49.60	L	F	Oratilwe Mooko	14	PGAC	EKU 26/10/2024 Summer 3 Delville
182	1:49.68	L	F	Lulu Salie	14	LALE	GED 17/10/2024 43rd Freda Barnard Invitational Gala
183	1:50.18	L	F	Janke Steenkamp	14	UNIU	EZD 29/11/2024 Mpumalanga Championships 2024
184	1:50.69	L	F	Gite-Mari Malherbe	14	AGAQ	OBD 09/11/2024 Swartland Prestige Gala 2024
185	1:50.89	L	F	Mpho Mwanza	14	ESP	EKU 01/02/2025 EGA Last Chance Gala
186	1:50.90	L	F	Mila Volschenk	14	TYGE	CPT 21/09/2024 CTA INVITATIONAL LC MEET
187	1:50.91	L S	F	Sabrina Oaten	14	SFSC	CPT 02/11/2024 CTA A & B CHAMPS 2024
188	1:51.19	L	P	Thenysia Padmanathan	14	SOUL	EKU 05/12/2024 EGA Summer Championships
189	1:51.26	L	P	Lisa Getye	14	AQUA	BUF 15/06/2024 PEA Winter Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
190	1:51.38	L	F	Mia-Ann Van der Westhuizen	14	LALE CED	09/11/2024	Winelands SL4
191	1:51.52	L	F	Lintle Ramone	14	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
192	1:52.10	L	P	Mikal Newete	14	CA EKU	05/12/2024	EGA Summer Championships
193	1:52.22	L	F	Skyla Reddy	14	SWIFT EKU	12/10/2024	EGA Summer 2
194	1:52.23	L	F	Gabriella Oelofse	14	TNDER FDD	27/09/2024	Seals Gala 2
195	1:52.51	L	F	Melinda Dippenaar	14	BS LLD	25/10/2024	Neptunes Gala
196*	1:53.21	L	F	Abi Daniel	14	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
196*	1:53.21	L	P	Nenekazi Taole	14	SWIFT EKU	05/12/2024	EGA Summer Championships
198	1:53.56	L	F	Luette du Toit	14	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
199	1:54.33	L	F	Emilia de Freitas	14	MAKO EKU	12/10/2024	EGA Summer 2
200	1:55.42	L	F	Leungo Sebele	14	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
201	1:55.52	L	F	Jacqueline Pieterse	14	FSE KCD	07/12/2024	Stingrays Champs 2024
202	1:56.15	L	F	Luca Alexander	14	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
203	1:56.23	L	F	Jaunike Olivier	14	AQUA UTD	11/01/2025	Uthukela District Age Group Gala
204	1:57.63	L	P	Emma Bartholomew	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
205	1:57.71	L	F	Anna Janse Van Rensburg	14	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
206	1:57.85	L	F	Keona Carpenter	14	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
207	1:58.08	L	F	Hannah Landsberg	14	SS MPD	09/11/2024	Limpopo Age Group 5
208	1:58.63	L	F	Nina Schulenburg	14	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
209	1:58.74	L	F	Alexi Schuch	14	RBOT BPD	07/12/2024	NWS Championships 2024
210	1:59.49	L	F	Kebotile Bohlale Makokotlela	14	CSC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
211	1:59.66	L	P	Nikkie Klink	14	JAQ EKU	05/12/2024	EGA Summer Championships
212	2:00.32	L	F	Zahiyah Khan	14	BLSS MAN	09/11/2024	Bull Sharks Gala
213	2:00.35	L	F	Samantha Gwamure	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
214	2:00.75	L	F	Thobeka Khumalo	14	JAQ EKU	12/10/2024	EGA Summer 2
215	2:02.94	L	F	Shiloh Paulse	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
216	2:04.50	L	F	Victoria Holfeld	14	CA EKU	26/10/2024	Summer 3 Delville
217	2:04.77	L	F	Rethabile Ncube	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
218	2:05.33	L	F	Boitshepo Mthembu	14	USHAK EKU	12/10/2024	EGA Summer 2
219	2:05.58	L	P	Melissa Beasley	14	H2O EKU	05/12/2024	EGA Summer Championships
220	2:09.44	L	F	Lutendo Mphelo	14	BLSS MAN	27/09/2024	Seals Gala 2
221	2:10.14	L	F	Leruschke Van Heerden	14	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
222	2:12.84	L	F	Farhia Mire	14	LINR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
223	2:13.34	L	P	Gerda Clarke	14	DESA NMA	15/06/2024	PEA Winter Gala 2024
224	2:17.60	L S	F	Tiana Ziervogel	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
225	2:23.12	L	F	Mamello Mabuza	14	ESP EKU	26/10/2024	Summer 3 Delville
226	2:31.34	L	F	Robyn Belcham	14	HURA CPT	09/11/2024	Swartland Prestige Gala 2024
227	2:37.15	L	F	Skylor Smith	14	KHAY CPT	21/09/2024	CTA INVITATIONAL LC MEET
228	2:41.67	L	F	Takira Petersen	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
229	2:43.12	L	F	Anuschka Swanepoel	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024
Women 14-14 200 Breast								
1	2:49.06	L	P	Kirsten Pirow	14	WATR JHB	29/11/2024	CGA Championships 2024
2	2:49.38	L	F	Zuria Venter	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
3	2:49.56	L	F	Caitlin Evans	14	TYGE CPT	15/06/2024	PEA Winter Gala 2024
4	2:50.97	L	F	Clarise Van Niekerk	14	TUKS TSH	13/12/2024	NMBA Championships 2024
5	2:55.53	L	F	Demi Putter	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
6	2:56.68	L	F	Taylor Kassebaum	14	AA JHB	10/01/2025	2024 Grand Prix Invitation Swimming
7	2:57.11	L	F	Mikalla Laubscher	14	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024
8	2:57.30	L	F	Meandri De Vos	14	RSA	04/10/2024	Curro AquaElite Gala
9	2:57.68	L	F	Jemmah Roman	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
10	2:58.99	L	F	Kaitlyn Ramos	14	SEAL UMD	25/01/2025	uShaka Champs 2025
11	2:59.20	L	F	Chloe Struwig	14	OHAN ILD	25/01/2025	uShaka Champs 2025
12	3:01.90	L	F	Arabelle Grütter	14	ROA EDD	15/06/2024	PEA Winter Gala 2024
13	3:02.05	L	F	Simonè Gerber	14	GREY CPT	15/06/2024	PEA Winter Gala 2024
14	3:02.66	L	P	Zané Grobler	14	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
15	3:02.80	L S	F	Inneke Liebenberg	14	POTC KKD	07/12/2024	NWS Championships 2024
16	3:03.94	L	F	Mia Du Plessis	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
17	3:04.63	L	F	Gemma Walters	14	DORE JHB	29/11/2024	CGA Championships 2024
18	3:04.94	L	F	Bellame Mostert	14	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
19	3:05.07	L	F	Hailey Blewett	14	NWS	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
20	3:05.22	L	F	Taylor Foster	14	RSA	04/10/2024 Curro AquaElite Gala
21	3:05.38	L	P	Madison Smith	14	CA EKU	05/12/2024 EGA Summer Championships
22	3:08.18	L	F	Alexa Heldsinger	14	SSISA CPT	05/12/2024 Western Cape LC-A Championship 2024
23	3:08.50	L	F	Minette Swartz	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
24	3:08.81	L S	F	Cailyn Clowes	14	PSCP UMD	02/07/2024 Prestige Tournament 2024
25	3:09.62	L S	F	Talitha Schuch	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
26	3:09.75	L	F	Chanel Van Tonder	14	SEAL UMD	25/01/2025 uShaka Champs 2025
27	3:09.98	L	F	Izibelle Van Der Wath	14	KNYA EDD	15/06/2024 PEA Winter Gala 2024
28	3:10.87	L	F	Amy Walton	14	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
29	3:11.28	L S	P	Camilla Heuer	14	USC BUF	02/07/2024 Prestige Tournament 2024
30	3:11.30	L	F	Kayden O'connor	14	PEAS NMA	17/08/2024 Madibaz Swim Meet 2024
31	3:11.41	L	F	Dayna Van Niekerk	14	BLNE MAN	27/09/2024 Seals Gala 2
32	3:11.55	L	F	Marion Alala	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
33	3:12.39	L	F	Hyzel Hutchison	14	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
34	3:13.29	L	F	Chelsea-Jean Botha	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
35	3:13.79	L	P	Megan Mayhew	14	WATR JHB	29/11/2024 CGA Championships 2024
36	3:14.74	L	F	Holly McAfee	14	FISH EDD	31/01/2025 Infinity Gala 2025
37	3:14.92	L	F	Arne' Dreyer	14	STAQ CED	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
38	3:15.84	L	F	Noa Mansill	14	WSS LLD	15/11/2024 Valsrivier Gala 2024
39	3:15.92	L S	F	Johandri Pool	14	BLSS MAN	04/12/2024 Free State Champs 2024
40	3:16.55	L	F	Summer du Plessis	14	BLOT MAN	31/08/2024 Seals Gala
41	3:17.20	L	F	Kacey Hughes	14	STSC KCD	09/11/2024 KCDA Age Goup 2 2024
42	3:17.35	L	F	Miane Van Veelen	14	TASC MPD	12/10/2024 Limpopo Age Group 4
43	3:17.37	L	F	Menincke Genis	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
44	3:17.82	L	F	Emma Nolan	14	MDOL JHB	15/11/2024 Summer 4 Delville
45	3:17.92	L	F	Emily Crozier	14	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
46	3:18.03	L	F	Jeandré Lodewyks	14	INFA NMA	31/01/2025 Infinity Gala 2025
47	3:18.84	L	P	Marguerite Cockeran	14	DRGN EKU	29/11/2024 CGA Championships 2024
48	3:19.16	L	F	Mikaela Johst	14	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
49	3:19.31	L	F	Miya Krog	14	SAAW CPT	02/11/2024 CTA A & B CHAMPS 2024
50	3:19.42	L	F	Riley Prinsloo	14	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
51	3:19.48	L S	F	Caitlin Rossiter	14	HREF BPD	07/12/2024 NWS Championships 2024
52	3:19.60	L	F	Victoria Bulhakova	14	SWIFT EKU	05/12/2024 EGA Summer Championships
53	3:19.82	L	F	Ella Jv Rensburg	14	SS MPD	09/11/2024 Limpopo Age Group 5
54	3:20.11	L S	F	Maré Coetzee	14	POTC KKD	07/12/2024 NWS Championships 2024
55	3:20.73	L	F	Indigo Woodburn	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
56	3:20.93	L	F	Leah Boardman	14	CA EKU	05/12/2024 EGA Summer Championships
57	3:22.13	L	P	Ella-Jane Johnson	14	AAS JHB	29/11/2024 CGA Championships 2024
58	3:22.16	L	F	Nasheetah Jephta	14	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
59	3:22.27	L	F	Scarlett Friis	14	KLOO ETH	14/06/2024 AQZ Winter Warmer 2024
60	3:22.81	L	F	Kayden Mauer	14	USC BUF	13/12/2024 NMBA Championships 2024
61	3:23.58	L	P	Vyasti Lachman	14	WATR JHB	29/11/2024 CGA Championships 2024
62	3:23.84	L	F	Isla Leiper	14	LEGC ETH	01/02/2025 KCDA Age Group 4 2024
63	3:23.90	L	F	Katie Van Wyk	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
64	3:24.11	L	P	Carli Coetzee	14	QUES JHB	29/11/2024 CGA Championships 2024
65	3:24.18	L S	F	Christa de Beer	14	POTC KKD	07/12/2024 NWS Championships 2024
66	3:24.57	L	P	Anouk Atkinson	14	SWAR WCD	05/12/2024 Western Cape LC-A Championship 2024
67	3:24.72	L	F	Erin van der Linde	14	SOUL EKU	05/12/2024 EGA Summer Championships
68	3:25.13	L	P	Anabella Borges	14	SWIM1 JHB	29/11/2024 CGA Championships 2024
69	3:25.58	L	F	Madison Harper	14	KNYA EDD	15/06/2024 PEA Winter Gala 2024
70	3:25.82	L	P	Kapitolina Xaba	14	SASE JHB	29/11/2024 CGA Championships 2024
71	3:26.75	L	F	Lily Jason	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
72	3:26.79	L	P	Zahra Bawa	14	ATLA JHB	29/11/2024 CGA Championships 2024
73	3:26.96	L	F	Lechelle Rossouw	14	BLNE MAN	31/08/2024 Seals Gala
74	3:27.01	L	F	Zoe Mills	14	DESA NMA	14/09/2024 3rd A League Gala 2024
75	3:27.17	L	F	Maria Davids	14	AQUA BUF	22/11/2024 BCA Long Course Championships 2024
76	3:27.62	L	F	Emmelize Loots	14	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
77	3:28.04	L	F	Yolanda Noble	14	ROA EDD	17/10/2024 43rd Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
78	3:28.40	L	F	Danique Hefer	14	ELRAS WBD	29/11/2024 Limpopo Champs 2024
79	3:28.69	L S	F	Margit Mihalik	14	RFA TSH	07/12/2024 NWS Championships 2024
80	3:30.07	L	F	Johane Human	14	RFA TSH	13/09/2024 NTS September Age Group 2024
81	3:31.90	L	F	Paityn Wilson	14	BEST NMA	13/12/2024 NMBA Championships 2024
82	3:31.99	L	F	Luné Fouche	14	CUHE OBD	17/10/2024 43rd Freda Barnard Invitational Gala
83	3:32.53	L	P	Lillee Evans	14	RACE JHB	29/11/2024 CGA Championships 2024
84	3:32.74	L	F	Emma Mostert	14	DDA TSH	13/09/2024 NTS September Age Group 2024
85	3:33.65	L	F	Aliyah Lizen	14	AQUA UTD	11/01/2025 Uthukela District Age Group Gala
86	3:33.96	L	F	Lika Vd Merwe	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
87	3:35.75	L	F	Erin Lewin	14	UWCA CPT	02/11/2024 CTA A & B CHAMPS 2024
88	3:35.81	L S	F	Sarah Sykes	14	PSCP UMD	02/07/2024 Prestige Tournament 2024
89	3:36.29	L	F	Dedre Engelbrecht	14	RBOT BPD	09/11/2024 NWS Age Group 1 & 2 2024
90	3:37.00	L	F	Annabel Janse Van Rensburg	14	RSA	04/10/2024 Curro AquaElite Gala
91	3:37.07	L	P	Paige Van Niekerk	14	PER JHB	29/11/2024 CGA Championships 2024
92	3:37.49	L	F	Kelsey-Lee Wagner	14	AA JHB	01/02/2025 EGA Last Chance Gala
93	3:38.64	L	P	Bianca Rayfield	14	SASE JHB	29/11/2024 CGA Championships 2024
94	3:38.74	L	P	Kyra Home	14	AA JHB	29/11/2024 CGA Championships 2024
95	3:39.09	L	F	Mienke Vd Bank	14	CUHE OBD	17/10/2024 43rd Freda Barnard Invitational Gala
96	3:39.39	L	F	Nadia Van Schalkwyk	14	EXP TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
97	3:40.38	L	F	Giselle Engelbrecht	14	HTSA CPT	02/11/2024 CTA A & B CHAMPS 2024
98	3:40.68	L S	F	Kitana Govender	14	BEAV ETH	02/07/2024 Prestige Tournament 2024
99	3:40.76	L	F	Buhlebemvelo Mdluli	14	WSTV ETH	25/01/2025 uShaka Champs 2025
100	3:41.72	L	F	Jessica Matthysen	14	CSA EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
101	3:42.03	L	F	Najya Baadjies	14	PAQU CED	09/11/2024 Winelands SL4
102	3:42.11	L	F	Leani Mitchell	14	NWOK KKD	23/11/2024 NWS Age Group 3 + 4 2024
103	3:42.79	L	F	Emma Clouston	14	HAAG UTD	02/11/2024 Uthukela District Age Group Gala
104*	3:42.83	L	F	Lexi Schou	14	SFSC CPT	02/11/2024 CTA A & B CHAMPS 2024
104*	3:42.83	L	F	Anje Stoltz	14	UNIU EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
106	3:43.62	L	F	Willow Hunter	14	BULS MAN	25/10/2024 Neptunes Gala
107	3:43.99	L	F	Annika Engelbrecht	14	PAC TSH	13/09/2024 NTS September Age Group 2024
108	3:44.31	L	F	Arnia Bothma	14	AQUA UTD	11/01/2025 Uthukela District Age Group Gala
109	3:45.29	L	F	Neha Pillay	14	KLOO ETH	14/06/2024 AQZ Winter Warmer 2024
110	3:45.52	L	F	Una Bosch	14	WWOL TSH	13/09/2024 NTS September Age Group 2024
111	3:46.01	L	F	Diëm Peens	14	CUHE OBD	09/11/2024 Swartland Prestige Gala 2024
112	3:46.74	L	F	Karla Lemmer	14	USH KCD	25/01/2025 uShaka Champs 2025
113	3:46.77	L	F	Alri Venter	14	POLSC CCD	29/11/2024 Limpopo Champs 2024
114	3:47.21	L	F	Drishti Rawjee	14	MAKO EKU	01/02/2025 EGA Last Chance Gala
115	3:47.54	L S	F	Robynn Coetzer	14	RBOT BPD	07/12/2024 NWS Championships 2024
116	3:49.84	L	P	Taylor Reichman-Israelsohn	14	WATR JHB	29/11/2024 CGA Championships 2024
117	3:50.75	L	F	Taylor Tredoux	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
118	3:50.79	L	F	Jessie Ludick	14	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
119	3:51.70	L	F	Lelanie Marais	14	LAD UTD	11/01/2025 Uthukela District Age Group Gala
120	3:52.06	L	F	Amore Oosthuizen	14	CSA EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
121	3:52.36	L	F	Monique Le Roux	14	KALA	15/11/2024 AGE GROUP 2 KATHU 2024
122	3:53.37	L	F	Awet Nsibirwa	14	DDA TSH	01/02/2025 EGA Last Chance Gala
123	3:54.26	L	F	Liesel De Witt	14	EXP TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
124	3:54.68	L	F	Melinda Dippenaar	14	BS LLD	25/10/2024 Neptunes Gala
125	3:55.25	L	F	Jaunike Olivier	14	AQUA UTD	02/11/2024 Uthukela District Age Group Gala
126	3:56.18	L S	F	Luca Alexander	14	MARL CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
127	3:56.76	L	F	Maria Erhard	14	CA EKU	15/11/2024 Summer 4 Delville
128	3:57.19	L	P	Mikal Newete	14	CA EKU	05/12/2024 EGA Summer Championships
129	3:57.54	L	F	Lisa Getye	14	AQUA BUF	15/06/2024 PEA Winter Gala 2024
130	3:57.75	L	P	Oratilwe Mooko	14	PGAC EKU	05/12/2024 EGA Summer Championships
131	3:57.91	L	F	Tamsyn Thomson	14	BULS MAN	13/09/2024 Pelicans Age Group Gala
132	3:58.75	L	F	Mia-Ann Van der Westhuizen	14	LALE CED	09/11/2024 Winelands SL4
133	4:02.07	L	F	Baylynn De Vos	14	TINC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
134	4:03.16	L	P	Nenekazi Taole	14	SWIFT EKU	05/12/2024 EGA Summer Championships
135	4:03.86	L	F	Chanri Pretorius	14	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
136	4:04.32	L	F	Lulu Salie	14	LALE CED	17/10/2024 43rd Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
137	4:04.49	L	F	Gite-Mari Malherbe	14	AGAQ OBD	09/11/2024 Swartland Prestige Gala 2024
138	4:04.65	L	F	Lurette du Toit	14	RSA	04/10/2024 Curro AquaElite Gala
139	4:05.27	L	P	Marubini Matumba	14	JAQ EKU	05/12/2024 EGA Summer Championships
140	4:06.12	L S	F	Lintle Ramone	14	MATL KKD	07/12/2024 NWS Championships 2024
141	4:07.53	L	F	Lo-Marie Rossouw	14	XCEL CPT	21/09/2024 CTA INVITATIONAL LC MEET
142	4:09.18	L	F	Sabrina Oaten	14	SFSC CPT	21/09/2024 CTA INVITATIONAL LC MEET
143	4:09.92	L	F	Keona Carpenter	14	CYBE CPT	21/09/2024 CTA INVITATIONAL LC MEET
144	4:10.61	L	P	Mpho Mwanza	14	ESP EKU	05/12/2024 EGA Summer Championships
145	4:14.22	L	F	Anna Janse Van Rensburg	14	ROA EDD	17/10/2024 43rd Freda Barnard Invitational Gala
146	4:18.53	L	F	Thenysia Padmanathan	14	SOUL EKU	15/11/2024 Summer 4 Delville
147	4:22.65	L	P	Nikkie Klink	14	JAQ EKU	05/12/2024 EGA Summer Championships
148	4:24.07	L	P	Thobeka Khumalo	14	JAQ EKU	05/12/2024 EGA Summer Championships
149	4:25.35	L S	F	Alexi Schuch	14	RBOT BPD	07/12/2024 NWS Championships 2024
150	4:28.06	L	F	Lutendo Mphelo	14	BLSS MAN	27/09/2024 Seals Gala 2
151	4:34.22	L	F	Shiloh Paulse	14	KHAY CPT	17/10/2024 43rd Freda Barnard Invitational Gala
152	4:38.49	L	F	Jayme Roebuck	14	CA EKU	15/11/2024 Summer 4 Delville
Women 14-14 50 Fly							
1	28.80	L	F	Giuliana Vyncke	14	TUKS FSH	29/11/2024 Mpumalanga Championships 2024
2	29.23	L	F	Simonè Gerber	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
3	29.30	L	F	Jemmah Roman	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
4	29.91	L	F	Sienna Gous	14	INFA NMA	13/12/2024 NMBA Championships 2024
5	30.03	L	P	Arabella Bayly	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
6	30.04	L	F	Christina Orchard	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
7	30.45	L	F	Cassidy Dewart	14	CA EKU	18/01/2025 EGA Summer 5
8	30.77	L	F	Gemma Walters	14	DORE JHB	29/11/2024 CGA Championships 2024
9	30.86	L	F	Bellame Mostert	14	PEAS NMA	17/08/2024 Madibaz Swim Meet 2024
10	31.00	L	F	Riziki Magotsi	14	CTA CPT	11/01/2025 EDEN INTER DISTRICT PRESTIGE
11	31.18	L	F	Emma Pretorius	14	BLOT MAN	04/12/2024 Free State Champs 2024
12	31.54	L	F	Kacey Hughes	14	STSC KCD	25/01/2025 uShaka Champs 2025
13	31.60	L	P	Lily Solomon	14	WATR JHB	29/11/2024 CGA Championships 2024
14	31.61	L	F	Emily Higgins	14	CA EKU	05/12/2024 EGA Summer Championships
15*	31.63	L	F	Camilla Heuer	14	USC BUF	31/01/2025 Infinity Gala 2025
15*	31.63	L	P	Arabelle Grütter	14	ROA EDD	05/12/2024 Western Cape LC-A Championship 2024
17	31.68	L	F	Isabel Kuhn	14	PEAS NMA	15/06/2024 PEA Winter Gala 2024
18	31.75	L	F	Elicia Chivandire	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
19	31.78	L	S	Izibelle Van Der Wath	14	KNYA EDD	15/06/2024 PEA Winter Gala 2024
20	31.97	L	F	Indigo Woodburn	14	MDOL JHB	29/11/2024 CGA Championships 2024
21	31.98	L	P	Shalem Mashingaidze	14	WATR JHB	29/11/2024 CGA Championships 2024
22	32.08	L	F	Paige Meeser	14	CA EKU	05/12/2024 EGA Summer Championships
23	32.14	L	P	Maya Mgcina	14	RSA	19/06/2024 BRICS Games Swimming 2024 Russia
24	32.24	L	F	Mila Fourie	14	NWS	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
25	32.25	L	P	Cara Visser	14	CYBE CPT	05/12/2024 Western Cape LC-A Championship 2024
26	32.45	L	F	Marny Du Plessis	14	SS MPD	29/11/2024 Limpopo Champs 2024
27	32.51	L	F	Milan Ferreira	14	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
28*	32.61	L	F	Minette Van Zyl	14	INFA NMA	31/01/2025 Infinity Gala 2025
28*	32.61	L	P	Jade Van Vuuren	14	WATR JHB	29/11/2024 CGA Championships 2024
30	32.65	L	F	Maria Barreiros	14	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
31*	32.66	L	P	Logan Riley	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
31*	32.66	L	F	Kate Douglas	14	BAS EKU	01/02/2025 EGA Last Chance Gala
33	32.77	L	P	Kaia Lin	14	WATR JHB	29/11/2024 CGA Championships 2024
34	32.85	L	F	Alexis Muller	14	AZON ETH	02/07/2024 Prestige Tournament 2024
35	32.97	L	F	Marion Alala	14	TUKS FSH	07/12/2024 NCSA INVITATIONAL SWIMMING
36	33.00	L	F	Odetta Upton	14	HSBV SKD	01/02/2025 Limpopo School Champs & Limpopo AG
37	33.01	L	F	Sabella Serdyn	14	INFA NMA	13/12/2024 NMBA Championships 2024
38	33.03	L	F	Acaylia Holman	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
39*	33.21	L	P	Caitlin Evans	14	TYGE CPT	15/06/2024 PEA Winter Gala 2024
39*	33.21	L	P	Dayna Van Niekerk	14	BLNE MAN	04/12/2024 Free State Champs 2024
41	33.28	L	F	Sharni-Marie Watson	14	HPS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
42	33.29	L	P	Juanè Burger	14	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
43	33.42	L	P	Minette Swartz	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
44	33.68	L	F	Beané Noeth	14	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
45	33.71	L	P	Emma Nolan	14	MDOL JHB	29/11/2024 CGA Championships 2024
46	33.74	L	F	Micah Marx	14	CA EKU	26/10/2024 Summer 3 Delville
47	33.92	L	F	Brogan Torrie	14	RSA	04/10/2024 Curro AquaElite Gala
48	33.93	L	F	Maya Meyer	14	BULS MAN	02/11/2024 Heidedal
49	34.07	L	F	Erin van der Linde	14	SOUL EKU	05/12/2024 EGA Summer Championships
50	34.09	L	P	Kayden O'connor	14	PEAS NMA	15/06/2024 PEA Winter Gala 2024
51	34.10	L	P	Nia O'Carroll	14	STAQ CED	05/12/2024 Western Cape LC-A Championship 2024
52*	34.13	L	F	Mikalla Laubscher	14	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
52*	34.13	L	P	Katelyn Kruger	14	MDOL JHB	29/11/2024 CGA Championships 2024
54	34.19	L	F	Amore Oosthuizen	14	CSA EZD	29/11/2024 Mpumalanga Championships 2024
55	34.35	L	F	Ella-Mae Henning	14	VRC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
56	34.51	L	F	Riley Gouws	14	ASA ILD	25/01/2025 uShaka Champs 2025
57	34.60	L	F	Sienna Kidgell	14	AZON ETH	25/01/2025 uShaka Champs 2025
58	34.78	L	F	Minke Bester	14	POTC KKD	07/12/2024 NWS Championships 2024
59	34.84	L	F	Noa Mansill	14	WSS LLD	13/09/2024 Pelicans Age Group Gala
60*	34.87	L	F	Madison Smith	14	CA EKU	18/01/2025 EGA Summer 5
60*	34.87	L	F	Aryana Cloete-Hopkins	14	SSISA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
62*	34.90	L	F	Suri Cloete	14	RFA TSH	07/12/2024 NWS Championships 2024
62*	34.90	L	F	Eleni vd Merwe	14	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
64*	34.93	L	F	Macayla Lamprecht	14	CA EKU	05/12/2024 EGA Summer Championships
64*	34.93	L	P	Kerryn Kotze	14	RACE JHB	29/11/2024 CGA Championships 2024
66	34.94	L	F	Eva Wildman	14	MAKO EKU	26/10/2024 Summer 3 Delville
67	34.95	L	F	Megan Jansen	14	UNI EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
68*	35.11	L	F	Dedre Engelbrecht	14	RBOT BPD	18/01/2025 EGA Summer 5
68*	35.11	L	F	Leah Boardman	14	CA EKU	05/12/2024 EGA Summer Championships
70	35.17	L	F	Maré Coetzee	14	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
71	35.22	L	F	Kirsty Koegelenberg	14	BLUO UGD	07/12/2024 Stingrays Champs 2024
72	35.27	L	P	Kyla Schäfer	14	KNYA EDD	15/06/2024 PEA Winter Gala 2024
73	35.28	L S	F	Lenè Basson	14	TGA WCD	21/09/2024 CTA INVITATIONAL LC MEET
74	35.35	L	F	Taylor Kassebaum	14	AA JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
75	35.37	L S	F	Jasmine Goldman	14	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
76	35.50	L	F	Zané Grobler	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
77	35.54	L	F	Erin Lewin	14	UWCA CPT	02/11/2024 CTA A & B CHAMPS 2024
78	35.65	L	P	Anieke Prinsloo	14	BETH FDD	04/12/2024 Free State Champs 2024
79	35.70	L	F	Isabelle Welgemoed	14	BLSS MAN	15/11/2024 Valsrivier Gala 2024
80*	35.75	L	F	Arne' Dreyer	14	STAQ CED	09/11/2024 Winelands SL4
80*	35.75	L	P	Rachel Fairweather	14	WATR JHB	29/11/2024 CGA Championships 2024
82	35.78	L	P	Anri Maree	14	BS LLD	04/12/2024 Free State Champs 2024
83	35.87	L	P	Chelsea-Jean Botha	14	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
84	35.89	L	P	Lillee Evans	14	RACE JHB	29/11/2024 CGA Championships 2024
85	35.91	L	P	Marina Cussons	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
86	35.93	L	F	Sophia Wener	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
87	35.94	L	F	Ella Jv Rensburg	14	SS MPD	12/10/2024 Limpopo Age Group 4
88	35.95	L	F	Marguerite Cockeran	14	DRGN EKU	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
89	36.00	L	P	Gemma Goelst	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
90*	36.02	L	P	Shayla Whyte	14	MDOL JHB	29/11/2024 CGA Championships 2024
90*	36.02	L	P	Riley Girodo	14	SGUL ETH	02/07/2024 Prestige Tournament 2024
92	36.03	L	F	Tanita Packery	14	USC BUF	22/11/2024 BCA Long Course Championships 2024
93	36.08	L	F	Takalani Mudau	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
94	36.25	L	P	Huei-Ing Chen	14	DORE JHB	29/11/2024 CGA Championships 2024
95	36.27	L	P	Kapitolina Xaba	14	SASE JHB	29/11/2024 CGA Championships 2024
96	36.32	L S	F	Lily Otterbach	14	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
97	36.51	L	F	Tiffany Prins	14	KTS	15/11/2024 AGE GROUP 2 KATHU 2024
98	36.60	L	P	Jessica Miller	14	CRSC JHB	29/11/2024 CGA Championships 2024
99	36.61	L	F	Nadia Van Schalkwyk	14	EXP TSH	01/02/2025 EGA Last Chance Gala
100	36.65	L	P	Isla Leiper	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
101*	36.66	L	P	Caitlin Knight	14	WATR JHB	29/11/2024 CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
101*	36.66	L	P	Madison Harper	14	KNYA	EDD	15/06/2024 PEA Winter Gala 2024
103	36.67	L	F	Sade Santos	14	MANT	CPT	02/11/2024 CTA A & B CHAMPS 2024
104	36.70	L	P	Talitha Schuch	14	LEGC	ETH	02/07/2024 Prestige Tournament 2024
105	36.86	L	F	Suné Coetzee	14	POTC	KKD	07/12/2024 NWS Championships 2024
106	36.96	L	F	Zoe Janse van Vuuren	14	CSA	EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
107	36.97	L	F	Elin Huang	14	PAC	FSH	13/09/2024 NTS September Age Group 2024
108	37.04	L	F	Katie Van Wyk	14	BLMA	CPT	17/10/2024 43rd Freda Barnard Invitational Gala
109	37.13	L	F	Nika Saayman	14	PLAY	GED	17/10/2024 43rd Freda Barnard Invitational Gala
110*	37.18	L	F	Isabella Scarpa	14	VINE	CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
110*	37.18	L	F	Ava Lambropoulos	14	TRAZ	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
112	37.24	L S	F	Alexa Heldsinger	14	SSISA	CPT	21/09/2024 CTA INVITATIONAL LC MEET
113*	37.29	L	P	Cecilia Breedt	14	DORE	JHB	29/11/2024 CGA Championships 2024
113*	37.29	L	F	Chara De Wit	14	CASC	CPT	02/11/2024 CTA A & B CHAMPS 2024
115	37.45	L	F	Emily Watson	14	ELEC	FSH	13/09/2024 NTS September Age Group 2024
116	37.52	L	F	Ange Dore	14	RSA		04/10/2024 Curro AquaElite Gala
117	37.59	L	P	Elme Swanepoel	14	BETH	FDD	04/12/2024 Free State Champs 2024
118	37.71	L	F	Leané Swanepoel	14	FISH	EDD	17/10/2024 43rd Freda Barnard Invitational Gala
119	37.74	L	F	Danique Hefer	14	ELRAS	WBD	29/11/2024 Limpopo Champs 2024
120	37.76	L	F	Anabella Borges	14	SWIM1	JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
121	37.79	L	F	Yolanda Noble	14	ROA	EDD	17/10/2024 43rd Freda Barnard Invitational Gala
122	37.86	L	F	Lechelle Rossouw	14	BLNE	MAN	04/12/2024 Free State Champs 2024
123	37.97	L	P	Anje Stoltz	14	UNIU	EZD	29/11/2024 Mpumalanga Championships 2024
124	38.04	L	F	Anna-Belle Slabbert	14	PSC	FSH	18/10/2024 NTS Level 3+ October Age Group 2024
125	38.17	L	P	Rachel Smith	14	LEGC	ETH	02/07/2024 Prestige Tournament 2024
126*	38.18	L	F	Lirese Meintjes	14	HBV	MP	01/02/2025 Limpopo School Champs & Limpopo AG
126*	38.18	L	P	Evalyn Brown	14	LEGC	ETH	02/07/2024 Prestige Tournament 2024
128	38.30	L	P	Amber Leibbrandt	14	SEAL	UMD	02/07/2024 Prestige Tournament 2024
129	38.44	L	F	Lehane Lategan	14	FAAC		19/10/2024 NCASA AGE GROUP 1 KBY 2024
130	38.59	L	F	Hyzel Hutchison	14	GHSK		05/10/2024 FLAMINGO GALA OCT 2024
131	38.64	L	P	Victoria Bulhakova	14	SWIFT	EKU	05/12/2024 EGA Summer Championships
132*	38.65	L	F	Taylor Tredoux	14	BLMA	CPT	17/10/2024 43rd Freda Barnard Invitational Gala
132*	38.65	L	F	Samantha Gwamure	14	TUKS	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
134	38.74	L	F	Tamsyn Thomson	14	BULS	MAN	13/09/2024 Pelicans Age Group Gala
135	38.82	L	F	Ella Maurice	14	RSA		04/10/2024 Curro AquaElite Gala
136	38.83	L	P	Tuduetso Onyadiile	14	BLSS	MAN	04/12/2024 Free State Champs 2024
137	38.84	L	P	Anna Cloete	14	QUES	JHB	29/11/2024 CGA Championships 2024
138	38.85	L	P	Kyra Home	14	AA	JHB	29/11/2024 CGA Championships 2024
139	38.98	L	F	Paityn Wilson	14	BEST	NMA	13/12/2024 NMBA Championships 2024
140	39.15	L	P	Vyasti Lachman	14	WATR	JHB	29/11/2024 CGA Championships 2024
141	39.16	L	F	Kara Barnard	14	TRALI	MAN	01/02/2025 Heidedal & Sentraal Galal
142	39.41	L	F	April Allam	14	NWUC	KKD	07/12/2024 NWS Championships 2024
143	39.48	L	F	Menincke Genis	14	UNI	EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
144	39.59	L	F	Emma Clouston	14	HAAG	UTD	11/01/2025 Uthukela District Age Group Gala
145	39.63	L	F	Kaylee Myburgh	14	PAC	FSH	13/09/2024 NTS September Age Group 2024
146	39.66	L	F	Kayden Mauer	14	USC	BUF	13/12/2024 NMBA Championships 2024
147	39.67	L	F	Paige Rich	14	RSA		04/10/2024 Curro AquaElite Gala
148*	39.70	L S	F	Jessie Ludick	14	CASC	CPT	21/09/2024 CTA INVITATIONAL LC MEET
148*	39.70	L	F	Christa de Beer	14	POTC	KKD	07/12/2024 NWS Championships 2024
150	39.82	L	P	Janke Steenkamp	14	UNIU	EZD	29/11/2024 Mpumalanga Championships 2024
151*	39.90	L	P	Mienke Vd Bank	14	CUHE	OBD	05/12/2024 Western Cape LC-A Championship 2024
151*	39.90	L	F	Melinda Dippenaar	14	BS	LLD	25/10/2024 Neptunes Gala
153	39.93	L	F	Marlo Lensing	14	UPSK	ZMD	05/10/2024 FLAMINGO GALA OCT 2024
154	39.94	L	F	Mia-Ann Van der Westhuizen	14	LALE	GED	09/11/2024 Winelands SL4
155	40.00	L	F	Carli Coetzee	14	QUES	JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
156	40.04	L	F	Emma Mostert	14	DDA	FSH	13/09/2024 NTS September Age Group 2024
157	40.09	L	P	Anouk Atkinson	14	SWAR	WCD	05/12/2024 Western Cape LC-A Championship 2024
158	40.12	L	F	Takiyah Maclou	14	AA	JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
159	40.19	L	F	Kasia Morris	KN	VASA	EKU	12/10/2024 EGA Summer 2
160*	40.22	L	F	Jhuliana Lamprecht	14	CA	EKU	12/10/2024 EGA Summer 2

Individual Top Times

Times since: 01-May-24

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	Time	P/F/S	Name	Age/Yr			
160*	40.22	L	F	Willow Hunter	14	BULS MAN	10/08/2024 Kovsies Gala 1
162	40.34	L	F	Ashleigh Goncalves	14	CA EKU	18/01/2025 EGA Summer 5
163	40.42	L	F	Alwande Hlatshwayo	14	USH KCD	25/01/2025 uShaka Champs 2025
164*	40.61	L	F	Ane' Claassen	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
164*	40.61	L	P	Therese Van den Berg	14	CRSC JHB	29/11/2024 CGA Championships 2024
166	40.66	L	F	Leandri Haasbroek	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
167	40.71	L S	F	Taaliah Williams	14	MANT CPT	21/09/2024 CTA INVITATIONAL LC MEET
168	40.88	L	P	Kitana Govender	14	BEAV ETH	02/07/2024 Prestige Tournament 2024
169	41.06	L	P	Gabriella Goncalves	14	SOUL EKU	05/12/2024 EGA Summer Championships
170	41.26	L	F	Miya Krog	14	SAAW CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
171	41.29	L	F	Maria Erhard	14	CA EKU	18/01/2025 EGA Summer 5
172	41.33	L S	F	Chloe Damons	14	SSISA CPT	21/09/2024 CTA INVITATIONAL LC MEET
173*	41.37	L	F	Holly McAfee	14	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
173*	41.37	L	F	Aeshah Hendricks	14	WALM CPT	02/11/2024 CTA A & B CHAMPS 2024
175	41.46	L	F	Leah Davel	14	PHS CCD	08/10/2024 Limpopo Top 8 - High Schools
176	41.48	L S	F	Nasheetah Jephta	14	MANT CPT	21/09/2024 CTA INVITATIONAL LC MEET
177	41.50	L	F	Lurette du Toit	14	BLOT MAN	25/10/2024 Neptunes Gala
178	41.69	L	F	Isabella September	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
179	41.81	L	F	Elizma Jacobs	14	RBUR BPD	18/01/2025 EGA Summer 5
180	41.92	L	F	Genevieve Agudo	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
181	41.97	L	P	Nenekazi Taole	14	SWIFT EKU	05/12/2024 EGA Summer Championships
182	41.99	L	F	Layla Cronin	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
183	42.04	L S	F	Jasmine Hirshovitz	14	ASAC CPT	21/09/2024 CTA INVITATIONAL LC MEET
184	42.12	L	F	Summer du Plessis	14	BLOT MAN	09/11/2024 Bull Sharks Gala
185	42.13	L S	F	Giselle Engelbrecht	14	HTSA CPT	21/09/2024 CTA INVITATIONAL LC MEET
186	42.14	L	F	Rerapetse Ramohale	14	RBOT BPD	07/12/2024 NWS Championships 2024
187	42.16	L	F	Silizwe Giyose	14	USC BUF	13/07/2024 1st A League Gala 2024
188	42.17	L	P	Marubini Matumba	14	JAQ EKU	05/12/2024 EGA Summer Championships
189	42.30	L	F	Margit Mihalik	14	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
190	42.88	L	P	Aalia Naidoo	14	BEAV ETH	02/07/2024 Prestige Tournament 2024
191	42.98	L	F	Sabrina Oaten	14	SFSC CPT	02/11/2024 CTA A & B CHAMPS 2024
192	43.00	L	F	Mamello Mabuza	14	ESP EKU	01/02/2025 EGA Last Chance Gala
193	43.11	L	P	Bianca Rayfield	14	SASE JHB	29/11/2024 CGA Championships 2024
194	43.14	L S	F	Helena Rookan-Smith	14	LALE CED	21/09/2024 CTA INVITATIONAL LC MEET
195	43.15	L	F	Lo-Marie Rossouw	14	XCEL CPT	02/11/2024 CTA A & B CHAMPS 2024
196	43.25	L	F	Emilia de Freitas	14	MAKO EKU	12/10/2024 EGA Summer 2
197*	43.36	L	F	Drishti Rawjee	14	MAKO EKU	18/01/2025 EGA Summer 5
197*	43.36	L	F	Emma Fourie	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
199*	43.44	L	F	Lintle Ramone	14	MATL KKD	07/12/2024 NWS Championships 2024
199*	43.44	L	F	Emily Crozier	14	FAAC	19/10/2024 NCASA AGE GROUP 1 KBY 2024
201	43.85	L	F	Gabriella Oelofse	14	TNDER FDD	27/09/2024 Seals Gala 2
202	43.89	L	F	Mieke-Lee Mulder	14	LSPHA MP	02/11/2024 Limpopo LS - Top 8 skole 2024
203	43.93	L	F	Lesedi Mashabela	14	TUKS TSH	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
204	44.04	L	P	Shelby Trollip	14	UNIUI EZD	29/11/2024 Mpumalanga Championships 2024
205	44.16	L	P	Johandri Pool	14	BLSS MAN	04/12/2024 Free State Champs 2024
206	44.24	L	F	Alri Venter	14	POLSC CCD	29/11/2024 Limpopo Champs 2024
207	44.26	L	F	Robynn Coetzer	14	RBOT BPD	09/11/2024 NWS Age Group 1 & 2 2024
208	44.29	L	F	Hannaan Mia	14	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
209	44.34	L	F	Kelsey-Lee Wagner	14	AA JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
210	44.44	L	P	Zahra Bawa	14	ATLA JHB	29/11/2024 CGA Championships 2024
211	44.49	L	F	Mika Fourie	14	NWUC KKD	23/11/2024 NWS Age Group 3 + 4 2024
212	44.65	L	F	Leahtilia van Rensburg	14	VREDE TMD	19/10/2024 Pelicans Gala 2
213	44.68	L	P	Melissa Beasley	14	H2O EKU	05/12/2024 EGA Summer Championships
214	44.70	L	F	Boipelo Onyadile	14	BLSS MAN	27/09/2024 Seals Gala 2
215	44.75	L	P	Skyla Reddy	14	SWIFT EKU	05/12/2024 EGA Summer Championships
216	44.79	L	F	Luné Fouche	14	CUHE QBD	17/10/2024 43rd Freda Barnard Invitational Gala
217	44.89	L	F	Clarisse Barnard	14	BLSS MAN	13/09/2024 Pelicans Age Group Gala
218	44.92	L	F	Tina-Marie Nel	14	STELL RMD	09/11/2024 NWS Age Group 1 & 2 2024
219	45.12	L	F	Hailey Hinze	14	UNI EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
220	45.42 L	F	Miane Van Veelen	14	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
221	45.73 L	F	Hannah Landsberg	14	SS MPD	09/11/2024	Limpopo Age Group 5
222	46.23 L	F	Shiloh Paulse	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
223	47.42 L	F	Karla Lemmer	14	USH KCD	25/01/2025	uShaka Champs 2025
224	47.46 L	F	Susara Putter	14	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
225	47.74 L	F	Mine Joubert	14	BETH FDD	27/09/2024	Seals Gala 2
226	48.48 L	F	Victoria Hofield	14	CA EKU	12/10/2024	EGA Summer 2
227	48.50 L	F	Leruschke Van Heerden	14	HBV MP	01/02/2025	Limpopo School Champs & Limpopo AG
228	49.09 L	P	Mpho Mwanza	14	ESP EKU	05/12/2024	EGA Summer Championships
229	49.51 L	F	Gerda Clarke	14	DESA NMA	31/01/2025	Infinity Gala 2025
230	49.59 L	P	Emma Bartholomew	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
231	50.37 L	F	Jayme Roebuck	14	CA EKU	12/10/2024	EGA Summer 2
232	50.39 L	F	Alexi Schuch	14	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
233	50.80 L	F	Oratilwe Mooko	14	PGAC EKU	26/10/2024	Summer 3 Delville
234	50.88 L	F	Meecca Edwards	14	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
235	50.93 L	F	Zahiyah Khan	14	BLSS MAN	19/10/2024	Pelicans Gala 2
236	50.97 L	P	Nikkie Klink	14	JAQ EKU	05/12/2024	EGA Summer Championships
237	50.98 L	F	Lulu Salie	14	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
238	51.62 L	F	Thobeka Khumalo	14	JAQ EKU	18/01/2025	EGA Summer 5
239	52.74 L	F	Leungo Sebele	14	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
240	53.19 L S	F	Keona Carpenter	14	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
241	53.53 L	P	Lisa Getye	14	AQUA BUF	15/06/2024	PEA Winter Gala 2024
242	55.03 L	F	Tiana Ziervogel	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
243	56.75 L	F	Robyn Belcham	14	HURA CPT	09/11/2024	Swartland Prestige Gala 2024
244	57.45 L	F	Lutendo Mphelo	14	BLSS MAN	27/09/2024	Seals Gala 2
245	1:06.93 L	F	Skylor Smith	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
246	1:12.91 L	F	Takira Petersen	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
247	1:22.88 L	F	Lekeshia Cameron	14	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
248	1:24.83 L	F	Anuschka Swanepoel	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024
249	1:34.28 L	F	Usenathi Segone	14	BLNE MAN	25/10/2024	Neptunes Gala
Women 14-14 100 Fly							
1	1:04.66 L	F	Giuliana Vyncke	14	TUKS TSH	29/11/2024	Mpumalanga Championships 2024
2	1:05.02 L	F	Jemmah Roman	14	INFA NMA	13/12/2024	NMBA Championships 2024
3	1:06.14 L	F	Sienna Gous	14	INFA NMA	15/06/2024	PEA Winter Gala 2024
4	1:07.77 L S	F	Simonè Gerber	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
5	1:07.97 L S	F	Arabella Bayly	14	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
6	1:09.38 L	F	Maya Mgcina	14	RSA	19/06/2024	BRICS Games Swimming 2024 Russia
7	1:09.87 L	F	Riziki Magotsi	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
8	1:10.23 L	F	Zuria Venter	14	CA EKU	01/02/2025	EGA Last Chance Gala
9	1:10.37 L	F	Bellame Mostert	14	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
10	1:10.72 L	F	Kacey Hughes	14	STSC KCD	25/01/2025	uShaka Champs 2025
11	1:11.34 L S	F	Caitlin Evans	14	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
12	1:11.43 L S	F	Cara Visser	14	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
13	1:11.55 L	F	Arabelle Grütter	14	ROA EDD	15/06/2024	PEA Winter Gala 2024
14	1:11.68 L	F	Emily Higgins	14	CA EKU	05/12/2024	EGA Summer Championships
15	1:11.89 L	F	Shalem Mashingaidze	14	WATR JHB	29/11/2024	CGA Championships 2024
16	1:11.93 L	F	Camilla Heuer	14	USC BUF	02/07/2024	Prestige Tournament 2024
17	1:12.14 L	F	Indigo Woodburn	14	MDOL JHB	15/11/2024	Summer 4 Delville
18	1:12.89 L	F	Mila Fourie	14	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
19	1:13.17 L	F	Cassidy Dewart	14	CA EKU	05/12/2024	EGA Summer Championships
20	1:13.18 L	F	Taylor Foster	14	RSA	04/10/2024	Curro AquaElite Gala
21	1:13.19 L	F	Lily Solomon	14	WATR JHB	29/11/2024	CGA Championships 2024
22	1:14.82 L S	F	Demi Putter	14	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
23	1:15.39 L	F	Minette Van Zyl	14	INFA NMA	31/01/2025	Infinity Gala 2025
24	1:15.54 L	P	Kaia Lin	14	WATR JHB	29/11/2024	CGA Championships 2024
25	1:16.00 L	F	Marny Du Plessis	14	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
26	1:16.02 L	P	Isabel Kuhn	14	PEAS NMA	15/06/2024	PEA Winter Gala 2024
27	1:16.93 L S	F	Mikalla Laubscher	14	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
28	1:16.94 L	F	Marion Alala	14	TUKS TSH	07/12/2024	NCSA INVITATIONAL SWIMMING

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
29	1:17.16	L	F	Dayna Van Niekerk	14	BLNE MAN	11/10/2024	Otters Prestige Gala 2024
30	1:17.23	L	F	Emma Pretorius	14	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
31	1:17.29	L	F	Sabella Serdyn	14	INFA NMA	31/01/2025	Infinity Gala 2025
32	1:17.38	L	F	Sharni-Marie Watson	14	HPS TSH	13/09/2024	NTS September Age Group 2024
33	1:17.53	L	F	Scarlett Friis	14	KLOO ETH	02/07/2024	Prestige Tournament 2024
34	1:17.63	L	F	Odette Upton	14	TKS WBD	29/11/2024	Limpopo Champs 2024
35	1:18.15	L	F	Izibelle Van Der Wath	14	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
36	1:18.59	L S	F	Noa Mansill	14	WSS LLD	04/12/2024	Free State Champs 2024
37	1:18.74	L S	F	Juanè Burger	14	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
38	1:19.27	L	F	Annabelle Van Heerden	14	WSTV ETH	25/01/2025	uShaka Champs 2025
39	1:19.61	L	F	Beané Noeth	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
40	1:19.68	L	F	Maya Meyer	14	BULS MAN	02/11/2024	Heidedal
41	1:20.35	L	F	Darina Milanova	14	PAC TSH	13/09/2024	NTS September Age Group 2024
42	1:20.58	L	F	Sienna Kidgell	14	AZON ETH	25/01/2025	uShaka Champs 2025
43	1:21.13	L	F	Ella-Mae Henning	14	VRC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
44	1:21.35	L	F	Madison Smith	14	CA EKU	05/12/2024	EGA Summer Championships
45	1:21.83	L	F	Eliecia Chivandire	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
46	1:21.95	L	F	Zané Grobler	14	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
47	1:22.00	L	F	Eleni vd Merwe	14	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
48	1:22.13	L	P	Micah Marx	14	CA EKU	05/12/2024	EGA Summer Championships
49	1:22.26	L	F	Macayla Lamprecht	14	CA EKU	05/12/2024	EGA Summer Championships
50	1:22.67	L	F	Minette Swartz	14	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
51	1:22.82	L	F	Tanita Packery	14	USC BUF	22/11/2024	BCA Long Course Championships 2024
52	1:22.85	L S	F	Minke Bester	14	POTC KKD	07/12/2024	NWS Championships 2024
53	1:22.86	L	F	Nia O'Carroll	14	STAQ CED	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
54	1:22.96	L	F	Marina Cussons	14	UNI EZD	29/11/2024	Mpumalanga Championships 2024
55	1:23.15	L S	F	Caitlin Rossiter	14	HREF BPD	07/12/2024	NWS Championships 2024
56	1:23.66	L S	F	Dedre Engelbrecht	14	RBOT BPD	07/12/2024	NWS Championships 2024
57	1:23.98	L S	F	Lechelle Rossouw	14	BLNE MAN	04/12/2024	Free State Champs 2024
58	1:24.22	L	F	Zoe Janse van Vuuren	14	CSA EZD	29/11/2024	Mpumalanga Championships 2024
59	1:24.29	L	F	Kate Douglas	14	BAS EKU	12/10/2024	EGA Summer 2
60	1:24.47	L	F	Kayden O'connor	14	PEAS NMA	31/01/2025	Infinity Gala 2025
61	1:24.48	L S	F	Erin Lewin	14	UWCA CPT	02/11/2024	CTA A & B CHAMPS 2024
62	1:24.91	L	F	Lillee Evans	14	RACE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
63	1:27.91	L S	F	Suné Coetzee	14	POTC KKD	07/12/2024	NWS Championships 2024
64	1:27.92	L	F	Brogan Torrie	14	RSA	04/10/2024	Curro AquaElite Gala
65	1:28.05	L	P	Huei-Ing Chen	14	DORE JHB	29/11/2024	CGA Championships 2024
66	1:28.19	L	F	Anieke Prinsloo	14	BETH FDD	25/10/2024	Neptunes Gala
67	1:29.38	L	F	Meandri De Vos	14	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
68	1:30.00	L	F	Nadia Van Schalkwyk	14	EXP TSH	13/09/2024	NTS September Age Group 2024
69	1:30.07	L	F	Isabelle Welgemoed	14	BLSS MAN	31/08/2024	Seals Gala
70	1:31.39	L S	F	Lily Jason	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
71	1:31.69	L	P	Emma Nolan	14	MDOL JHB	29/11/2024	CGA Championships 2024
72	1:31.70	L	F	Anri Maree	14	BS LLD	01/02/2025	Heidedal & Sentraal Galal
73	1:31.79	L	F	Marlo Lensing	14	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
74	1:31.95	L	F	Danique Hefer	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024
75	1:32.90	L	F	Tiffany Prins	14	KTS	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
76	1:34.19	L	F	Isabella September	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
77	1:34.28	L	F	Menincke Genis	14	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
78	1:35.29	L S	F	Giselle Engelbrecht	14	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
79	1:36.26	L	F	Taaliah Williams	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
80	1:36.43	L	P	Kyla Schäfer	14	KNYA EDD	15/06/2024	PEA Winter Gala 2024
81	1:36.66	L S	F	Melinda Dippenaar	14	BS LLD	04/12/2024	Free State Champs 2024
82	1:37.47	L	P	Anabella Borges	14	SWIM1 JHB	29/11/2024	CGA Championships 2024
83	1:38.38	L	F	Aalia Naidoo	14	BEAV ETH	02/07/2024	Prestige Tournament 2024
84	1:38.72	L	F	Sade Santos	14	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
85	1:39.14	L S	F	Nasheetah Jephtha	14	MANT CPT	21/09/2024	CTA INVITATIONAL LC MEET
86	1:39.22	L	F	Kayden Mauer	14	USC BUF	13/12/2024	NMBA Championships 2024
87	1:39.35	L	F	Rerapetse Ramohale	14	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
88	1:39.67	L S	F	Robynn Coetzer	14	RBOT BPD	07/12/2024	NWS Championships 2024
89	1:39.81	L	F	Leah Davel	14	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
90	1:40.33	L	P	Victoria Bulhakova	14	SWIFT EKU	05/12/2024	EGA Summer Championships
91	1:40.79	L S	F	Jessie Ludick	14	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET
92	1:41.03	L	F	Alwande Hlatshwayo	14	USH KCD	09/11/2024	KCDA Age Goup 2 2024
93	1:41.41	L	F	Anna-Belle Slabbert	14	PSC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
94	1:42.45	L S	F	Tuduetso Onyadiile	14	BLSS MAN	04/12/2024	Free State Champs 2024
95	1:42.60	L	F	Ashleigh Goncalves	14	CA EKU	01/02/2025	EGA Last Chance Gala
96	1:42.84	L	F	Tamsyn Thomson	14	BULS MAN	25/10/2024	Neptunes Gala
97	1:44.35	L	P	Melissa Beasley	14	H2O EKU	05/12/2024	EGA Summer Championships
98	1:46.46	L	F	Annika Engelbrecht	14	PAC TSH	13/09/2024	NTS September Age Group 2024
99	1:47.48	L	F	Willow Hunter	14	BULS MAN	24/08/2024	Kovsie Gala 2
100	1:49.86	L	F	Samantha Gwamure	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
101	1:53.27	L	F	Mamello Mabuza	14	ESP EKU	01/02/2025	EGA Last Chance Gala
102	1:58.27	L	F	Mpho Mwanza	14	ESP EKU	12/10/2024	EGA Summer 2
103	1:59.04	L	P	Gerda Clarke	14	DESA NMA	15/06/2024	PEA Winter Gala 2024
104	1:59.52	L	F	Emilia de Freitas	14	MAKO EKU	12/10/2024	EGA Summer 2
105	2:00.80	L	F	Maria Erhard	14	CA EKU	15/11/2024	Summer 4 Delville
106	2:15.31	L	F	Leruschke Van Heerden	14	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
Women 14-14 200 Fly								
1	2:30.20	L	F	Jemmah Roman	14	INFA NMA	13/12/2024	NMBA Championships 2024
2	2:33.84	L	F	Caitlin Evans	14	TYGE CPT	09/11/2024	Winelands SL4
3	2:38.15	L	F	Sienna Gous	14	INFA NMA	03/08/2024	2nd A League Gala 2024
4	2:42.84	L	F	Simonè Gerber	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
5	2:44.47	L	F	Arabelle Grütter	14	ROA EDD	05/10/2024	4th A League Gala 2024
6	2:56.31	L	F	Cara Visser	14	CYBE CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
7	2:58.87	L	F	Indigo Woodburn	14	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
8	2:59.42	L	F	Demi Putter	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
9	3:01.38	L	F	Mila Fourie	14	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
10	3:02.67	L	F	Marny Du Plessis	14	HMER MP	01/02/2025	Limpopo School Champs & Limpopo AG
11	3:06.85	L	F	Dayna Van Niekerk	14	BLNE MAN	04/12/2024	Free State Champs 2024
12	3:07.20	L	F	Marlo Lensing	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
13	3:14.31	L	F	Maya Meyer	14	BULS MAN	05/10/2024	FLAMINGO GALA OCT 2024
14	3:18.16	L	F	Dedre Engelbrecht	14	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
15	3:24.48	L	F	Anri Maree	14	BS LLD	04/12/2024	Free State Champs 2024
16	3:51.15	L	F	Melinda Dippenaar	14	BS LLD	04/12/2024	Free State Champs 2024
17	4:04.93	L	F	Hannah Landsberg	14	SS MPD	29/11/2024	Limpopo Champs 2024
Women 14-14 200 IM								
1	2:30.83	L	F	Giuliana Vyncke	14	TUKS TSH	29/11/2024	Mpumalanga Championships 2024
2	2:31.24	L	F	Caitlin Evans	14	TYGE CPT	15/06/2024	PEA Winter Gala 2024
3	2:31.74	L	F	Simonè Gerber	14	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
4	2:31.98	L	F	Zuria Venter	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
5	2:34.20	L	F	Cara Visser	14	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
6	2:34.28	L	F	Arabelle Grütter	14	ROA EDD	05/12/2024	Western Cape LC-A Championship 2024
7	2:36.27	L	F	Gemma Walters	14	DORE JHB	29/11/2024	CGA Championships 2024
8	2:36.31	L	F	Jemmah Roman	14	INFA NMA	13/12/2024	NMBA Championships 2024
9	2:36.93	L	F	Clarisë Van Niekerk	14	TUKS TSH	13/12/2024	NMBA Championships 2024
10	2:37.52	L	F	Sienna Gous	14	INFA NMA	31/01/2025	Infinity Gala 2025
11	2:37.75	L	P	Izibelle Van Der Wath	14	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024
12	2:38.03	L	F	Kate Douglas	14	BAS EKU	05/12/2024	EGA Summer Championships
13	2:38.45	L	F	Emily Higgins	14	CA EKU	26/10/2024	Summer 3 Delville
14	2:38.60	L	F	Maya Mgcina	14	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
15	2:38.90	L	F	Kaia Lin	14	WATR JHB	29/11/2024	CGA Championships 2024
16	2:39.14	L	F	Taylor Foster	14	RSA	04/10/2024	Curro AquaElite Gala
17	2:39.16	L	P	Christina Orchard	14	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
18	2:39.34	L	F	Camilla Heuer	14	USC BUF	02/07/2024	Prestige Tournament 2024
19	2:39.48	L	F	Bellame Mostert	14	PEAS NMA	13/12/2024	NMBA Championships 2024
20	2:40.07	L	F	Lily Solomon	14	WATR JHB	29/11/2024	CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
21	2:40.33	L	F	Kacey Hughes	14	STSC KCD	25/01/2025 uShaka Champs 2025
22	2:40.95	L	P	Zané Grobler	14	FISH EDD	05/12/2024 Western Cape LC-A Championship 2024
23	2:41.69	L	F	Taylor Kassebaum	14	AA JHB	29/11/2024 CGA Championships 2024
24	2:41.79	L	F	Noa Mansill	14	WSS LLD	04/12/2024 Free State Champs 2024
25	2:41.88	L S	F	Mikalla Laubscher	14	ASAC CPT	21/09/2024 CTA INVITATIONAL LC MEET
26	2:42.43	L	P	Caitlin Rossiter	14	HREF BPD	07/12/2024 NWS Championships 2024
27	2:42.99	L	P	Zora Melka	14	TUKS FSH	05/12/2024 EGA Summer Championships
28	2:44.04	L	F	Meandri De Vos	14	BLOT MAN	04/12/2024 Free State Champs 2024
29	2:44.34	L	F	Kirsty Koegelenberg	14	BLUO UGD	07/12/2024 Stingrays Champs 2024
30	2:44.37	L	P	Paige Meeser	14	CA EKU	05/12/2024 EGA Summer Championships
31	2:45.03	L	P	Caitlin Crowther	14	TUKS FSH	05/12/2024 EGA Summer Championships
32	2:45.20	L	F	Isabel Kuhn	14	PEAS NMA	16/11/2024 5th A League Gala 2024
33	2:45.38	L	F	Micah Marx	14	CA EKU	26/10/2024 Summer 3 Delville
34	2:45.88	L	P	Juanè Burger	14	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
35	2:47.11	L	P	Sadie Roberts	14	ASA ILD	02/07/2024 Prestige Tournament 2024
36	2:47.18	L	F	Kerryn Kotze	14	RACE JHB	29/11/2024 CGA Championships 2024
37	2:47.34	L	F	Odette Upton	14	TKS WBD	29/11/2024 Limpopo Champs 2024
38	2:47.38	L	P	Madison Thirsk	14	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
39	2:47.40	L	F	Hailey Blewett	14	HREF BPD	07/12/2024 NWS Championships 2024
40	2:47.47	L	F	Amy Walton	14	RSA	04/10/2024 Curro AquaElite Gala
41	2:47.48	L	F	Scarlett Friis	14	KLOO ETH	02/07/2024 Prestige Tournament 2024
42	2:47.98	L	F	Kayden O'connor	14	PEAS NMA	13/12/2024 NMBA Championships 2024
43	2:48.17	L	P	Indigo Woodburn	14	MDOL JHB	29/11/2024 CGA Championships 2024
44	2:48.26	L	F	Sabella Serdyn	14	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
45	2:48.37	L	P	Nia O'Carroll	14	STAQ CED	05/12/2024 Western Cape LC-A Championship 2024
46	2:48.43	L	P	Rachel Sheard	14	SEAL UMD	02/07/2024 Prestige Tournament 2024
47	2:48.50	L	F	Kyla Schäfer	14	EDA ED	11/01/2025 EDEN INTER DISTRICT PRESTIGE
48	2:48.56	L	F	Mila Fourie	14	MATL KKD	09/11/2024 NWS Age Group 1 & 2 2024
49	2:48.74	L	P	Kirsten Pirow	14	WATR JHB	29/11/2024 CGA Championships 2024
50	2:49.08	L	F	Minette Van Zyl	14	INFA NMA	31/01/2025 Infinity Gala 2025
51	2:49.20	L	F	Kaitlyn Ramos	14	SEAL UMD	25/01/2025 uShaka Champs 2025
52	2:49.25	L	F	Riziki Magotsi	14	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
53	2:49.55	L	F	Logan Riley	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
54	2:50.03	L	F	Marion Alala	14	TUKS FSH	07/12/2024 NCSA INVITATIONAL SWIMMING
55	2:50.51	L	P	Alexandra Hodgson-Jervis	14	AA JHB	29/11/2024 CGA Championships 2024
56	2:50.81	L	F	Cassidy Dewart	14	CA EKU	05/12/2024 EGA Summer Championships
57	2:50.91	L	F	Emma Pretorius	14	BLOT MAN	24/08/2024 Kovsie Gala 2
58	2:51.06	L	F	Minette Swartz	14	NHS EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
59	2:51.25	L	P	Minke Bester	14	POTC KKD	07/12/2024 NWS Championships 2024
60	2:51.38	L	P	Megan Mayhew	14	WATR JHB	29/11/2024 CGA Championships 2024
61	2:51.85	L	P	Madison Smith	14	CA EKU	05/12/2024 EGA Summer Championships
62	2:51.87	L	F	Summer du Plessis	14	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
63	2:52.02	L	F	Mia Du Plessis	14	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
64	2:52.24	L	P	Arne' Dreyer	14	STAQ CED	05/12/2024 Western Cape LC-A Championship 2024
65	2:52.30	L	F	Marny Du Plessis	14	HMER MP	01/02/2025 Limpopo School Champs & Limpopo AG
66	2:52.58	L	P	Cailyn Clowes	14	PSCP UMD	02/07/2024 Prestige Tournament 2024
67	2:52.93	L S	F	Chelsea-Jean Botha	14	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
68	2:52.96	L	F	Elicia Chivandire	14	RSA	04/12/2024 XX AA Zone IV LC Championships 4-7
69	2:53.15	L	P	Peyton Mathews	14	KLOO ETH	02/07/2024 Prestige Tournament 2024
70	2:53.50	L	F	Katie Van Wyk	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
71	2:53.54	L	P	Jasmine Goldman	14	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
72	2:53.59	L	P	Alexa Heldsinger	14	SSISA CPT	05/12/2024 Western Cape LC-A Championship 2024
73	2:53.92	L	P	Shalem Mashingaidze	14	WATR JHB	29/11/2024 CGA Championships 2024
74	2:54.30	L	F	Maya Meyer	14	BULS MAN	02/11/2024 Heidedal
75	2:54.85	L	F	Emma Nolan	14	MDOL JHB	10/01/2025 2024 Grand Prix Invitation Swimming
76	2:54.92	L	P	Jade Van Vuuren	14	WATR JHB	29/11/2024 CGA Championships 2024
77	2:54.94	L	F	Macayla Lamprecht	14	CA EKU	05/12/2024 EGA Summer Championships
78	2:55.06	L	P	Caitlin Knight	14	WATR JHB	29/11/2024 CGA Championships 2024
79	2:55.11	L	F	Isabelle Welgemoed	14	BLSS MAN	04/12/2024 Free State Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
80	2:55.41	L	F	Dedre Engelbrecht	14	RBOT	BPD	07/12/2024 NWS Championships 2024
81	2:55.63	L	F	Deryn Filday	14	AZON	ETH	25/01/2025 uShaka Champs 2025
82	2:55.70	L	F	Marlo Lensing	14	NC	FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
83	2:55.93	L	F	Dayna Van Niekerk	14	BLNE	MAN	25/10/2024 Neptunes Gala
84	2:56.50	L	P	Rachel Fairweather	14	WATR	JHB	29/11/2024 CGA Championships 2024
85	2:56.54	L	F	Riley Girodo	14	RSA		04/10/2024 Curro AquaElite Gala
86	2:56.59	L	F	Ella-Mae Henning	14	VRC	FSH	18/10/2024 NTS Level 3+ October Age Group 2024
87	2:56.79	L	F	Kristen Mans	14	TUKS	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
88	2:56.96	L	F	Lizelle Venter	14	TUKS	FSH	13/09/2024 NTS September Age Group 2024
89	2:56.97	L	F	Menincke Genis	14	NHS	EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
90	2:57.12	L	F	Katya O'Brien	14	MDOL	JHB	10/01/2025 2024 Grand Prix Invitation Swimming
91	2:57.49	L	F	Amore Oosthuizen	14	CSA	EZD	29/11/2024 Mpumalanga Championships 2024
92	2:57.98	L	F	Maria Barreiros	14	ELEC	FSH	18/10/2024 NTS Level 3+ October Age Group 2024
93	2:58.46	L	P	Lillee Evans	14	RACE	JHB	29/11/2024 CGA Championships 2024
94	2:58.64	L	F	Ella Jv Rensburg	14	SS	MPD	12/10/2024 Limpopo Age Group 4
95	2:59.39	L	P	Lechelle Rossouw	14	BLNE	MAN	04/12/2024 Free State Champs 2024
96	2:59.79	L	P	Erin van der Linde	14	SOUL	EKU	05/12/2024 EGA Summer Championships
97	2:59.88	L	F	Alexis Muller	14	AZON	ETH	02/07/2024 Prestige Tournament 2024
98*	3:00.42	L	F	Talitha Schuch	14	LEGC	ETH	01/02/2025 KCDA Age Group 4 2024
98*	3:00.42	L	P	Lenè Basson	14	TGA	WCD	05/12/2024 Western Cape LC-A Championship 2024
100	3:00.48	L	P	Victoria Bulhakova	14	SWIFT	EKU	05/12/2024 EGA Summer Championships
101	3:00.54	L	P	Maré Coetzee	14	POTC	KKD	07/12/2024 NWS Championships 2024
102	3:00.68	L	F	Kristen Billett	14	ELEC	FSH	13/09/2024 NTS September Age Group 2024
103	3:00.84	L	F	Chloe Struwig	14	OHAN	ILD	25/01/2025 uShaka Champs 2025
104	3:01.43	L	F	Nika Saayman	14	PLAY	GED	17/10/2024 43rd Freda Barnard Invitational Gala
105	3:01.48	L	P	Marguerite Cockeran	14	DRGN	EKU	29/11/2024 CGA Championships 2024
106	3:01.52	L	F	Jo Otto	14	ELEC	FSH	13/09/2024 NTS September Age Group 2024
107	3:01.62	L	F	Marina Cussons	14	UNI	EZD	29/11/2024 Mpumalanga Championships 2024
108	3:01.85	L	F	Miya Krog	14	SAAW	CPT	02/11/2024 CTA A & B CHAMPS 2024
109	3:01.90	L	F	Holly McAfee	14	FISH	EDD	31/01/2025 Infinity Gala 2025
110	3:02.78	L	F	Leah Boardman	14	CA	EKU	10/01/2025 2024 Grand Prix Invitation Swimming
111	3:02.81	L	P	Madison Harper	14	KNYA	EDD	05/12/2024 Western Cape LC-A Championship 2024
112	3:02.94	L	F	Taaliah Williams	14	MANT	CPT	02/11/2024 CTA A & B CHAMPS 2024
113	3:03.15	L	F	Evalyn Brown	14	LEGC	ETH	02/07/2024 Prestige Tournament 2024
114	3:03.16	L	F	Zoe Janse van Vuuren	14	CSA	EZD	10/01/2025 2024 Grand Prix Invitation Swimming
115	3:03.29	L	F	Tanita Packery	14	USC	BUF	22/11/2024 BCA Long Course Championships 2024
116	3:03.45	L	F	Megan Jansen	14	ROB	EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
117	3:03.47	L	P	Huei-Ing Chen	14	DORE	JHB	29/11/2024 CGA Championships 2024
118	3:03.94	L S	F	Lily Otterbach	14	TYGE	CPT	21/09/2024 CTA INVITATIONAL LC MEET
119	3:04.40	L	P	Jessica Miller	14	CRSC	JHB	29/11/2024 CGA Championships 2024
120	3:04.62	L	F	Ava Lambropoulos	14	TRAZ	FSH	13/09/2024 NTS September Age Group 2024
121	3:04.63	L	P	Kapitolina Xaba	14	SASE	JHB	29/11/2024 CGA Championships 2024
122	3:04.72	L	P	Keira Palmer	14	CRSC	JHB	29/11/2024 CGA Championships 2024
123	3:04.86	L	P	Tuduetso Onyadile	14	BLSS	MAN	04/12/2024 Free State Champs 2024
124*	3:05.05	L	F	Jeane Smith	14	VRC	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
124*	3:05.05	L	F	Dylan Van Vuuren	14	ANAX	CPT	09/11/2024 Swartland Prestige Gala 2024
126	3:05.30	L	P	Cecilia Breedt	14	DORE	JHB	29/11/2024 CGA Championships 2024
127	3:05.64	L	P	Anabella Borges	14	SWIM1	JHB	29/11/2024 CGA Championships 2024
128	3:05.99	L	F	Eva Wildman	14	MAKO	EKU	26/10/2024 Summer 3 Delville
129	3:06.52	L	P	Paige Van Niekerk	14	PER	JHB	29/11/2024 CGA Championships 2024
130	3:06.65	L	F	Yolanda Noble	14	ROA	EDD	17/10/2024 43rd Freda Barnard Invitational Gala
131	3:06.67	L	P	Ella-Jane Johnson	14	AAS	JHB	29/11/2024 CGA Championships 2024
132	3:07.51	L	F	Brogan Torrie	14	AZON	ETH	25/01/2025 uShaka Champs 2025
133	3:08.03	L	F	Jessica Matthysen	14	CSA	EZD	29/11/2024 Mpumalanga Championships 2024
134	3:08.24	L	P	Anieke Prinsloo	14	BETH	FDD	04/12/2024 Free State Champs 2024
135	3:08.73	L	F	Kirsten Myers	14	SSISA	CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
136	3:08.89	L	F	Emmelize Loots	14	TYGE	CPT	02/11/2024 CTA A & B CHAMPS 2024
137	3:09.22	L	F	Hyzel Hutchison	14	GHSK		05/10/2024 FLAMINGO GALA OCT 2024
138	3:09.25	L	F	Lika Vd Merwe	14	TUKS	FSH	11/10/2024 NTS Level 1+2 October Age Group 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
139	3:09.39	L	F	Suri Cloete	14	RFA TSH	13/09/2024 NTS September Age Group 2024
140	3:09.44	L S	F	Erin Lewin	14	UWCA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
141	3:09.71	L	F	Danique Hefer	14	ELRAS WBD	29/11/2024 Limpopo Champs 2024
142	3:09.76	L	P	Anri Maree	14	BS LLD	04/12/2024 Free State Champs 2024
143	3:09.79	L	P	Suné Coetzee	14	POTC KKD	07/12/2024 NWS Championships 2024
144	3:09.82	L	F	Christa de Beer	14	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
145	3:09.85	L	F	Paityn Wilson	14	BEST NMA	13/12/2024 NMBA Championships 2024
146	3:09.93	L	P	Therese Van den Berg	14	CRSC JHB	29/11/2024 CGA Championships 2024
147	3:10.16	L	F	Kayden Mauer	14	USC BUF	13/07/2024 1st A League Gala 2024
148	3:10.70	L	P	Mienke Vd Bank	14	CUHE OBD	05/12/2024 Western Cape LC-A Championship 2024
149	3:10.79	L	F	Emily Crozier	14	FAAC	05/10/2024 FLAMINGO GALA OCT 2024
150	3:10.81	L	F	Giselle Engelbrecht	14	HTSA CPT	02/11/2024 CTA A & B CHAMPS 2024
151	3:10.95	L	P	Rachel Smith	14	LEGC ETH	02/07/2024 Prestige Tournament 2024
152	3:11.14	L	F	Jeandré Lodewyks	14	INFA NMA	31/01/2025 Infinity Gala 2025
153	3:11.21	L	P	Riley Gouws	14	ASA ILD	02/07/2024 Prestige Tournament 2024
154	3:11.83	L	F	Sanaa Talip	14	WALM CPT	02/11/2024 CTA A & B CHAMPS 2024
155	3:12.54	L	F	Emily Coetzer	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
156	3:12.71	L	F	Riley Prinsloo	14	ELEC TSH	13/09/2024 NTS September Age Group 2024
157	3:13.38	L	F	Mieke Griffiths	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
158	3:13.50	L	P	Carli Coetzee	14	QUES JHB	29/11/2024 CGA Championships 2024
159	3:13.56	L	P	Emma Gallant Da Silva	14	MDOL JHB	29/11/2024 CGA Championships 2024
160	3:14.55	L	F	Maria Davids	14	AQUA BUF	31/01/2025 Infinity Gala 2025
161	3:15.31	L	F	Taylor Tredoux	14	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
162	3:15.67	L	P	Melinda Dippenaar	14	BS LLD	04/12/2024 Free State Champs 2024
163	3:15.69	L	F	Tiffany Prins	14	KTS	05/10/2024 FLAMINGO GALA OCT 2024
164	3:16.65	L	F	Silizwe Giyose	14	USC BUF	13/07/2024 1st A League Gala 2024
165	3:16.84	L	F	Robynn Coetzer	14	RBOT BPD	09/11/2024 NWS Age Group 1 & 2 2024
166	3:17.25	L	F	Ane' Claassen	14	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
167	3:17.37	L	F	Jessie Ludick	14	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
168	3:17.67	L	P	Johandri Pool	14	BLSS MAN	04/12/2024 Free State Champs 2024
169	3:18.04	L S	F	Zoe Mills	14	DESA NMA	17/01/2025 6th A League Gala 2025
170	3:18.56	L	F	Susara Putter	14	TRAZ TSH	13/09/2024 NTS September Age Group 2024
171	3:18.99	L	F	Dune Haasbroek	14	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
172	3:19.24	L	P	Elme Swanepoel	14	BETH FDD	04/12/2024 Free State Champs 2024
173	3:19.61	L	F	Mikaela Johst	14	ELEC TSH	13/09/2024 NTS September Age Group 2024
174	3:20.03	L	F	Margit Mihalik	14	RFA TSH	13/09/2024 NTS September Age Group 2024
175	3:20.12	L	F	Anje Stoltz	14	UNI EZD	29/11/2024 Mpumalanga Championships 2024
176	3:20.14	L	P	Taylor Reichman-Israelsohn	14	WATR JHB	29/11/2024 CGA Championships 2024
177	3:20.53	L	F	Alri Venter	14	POLSC CCD	29/11/2024 Limpopo Champs 2024
178	3:20.77	L	F	Lurette du Toit	14	RSA	04/10/2024 Curro AquaElite Gala
179	3:21.15	L	F	Hailey Hinze	14	UNI EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
180	3:21.36	L	P	Anna Cloete	14	QUES JHB	29/11/2024 CGA Championships 2024
181	3:21.52	L	P	Rerapetse Ramohale	14	RBOT BPD	07/12/2024 NWS Championships 2024
182	3:22.22	L	F	Sade Santos	14	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
183	3:22.28	L	F	Gabriella Goncalves	14	SOUL EKU	26/10/2024 Summer 3 Delville
184	3:22.47	L	F	Emma Clouston	14	HAAG JTD	11/01/2025 Uthukela District Age Group Gala
185	3:23.40	L S	F	Sabrina Oaten	14	SFSC CPT	21/09/2024 CTA INVITATIONAL LC MEET
186	3:23.70	L	F	Lexi Schou	14	SFSC CPT	02/11/2024 CTA A & B CHAMPS 2024
187	3:23.83	L	P	Neha Pillay	14	KLOO ETH	02/07/2024 Prestige Tournament 2024
188	3:24.40	L	F	Kaylee Myburgh	14	PAC TSH	13/09/2024 NTS September Age Group 2024
189	3:24.41	L	F	Jani Brink	14	QSAW CED	09/11/2024 Winelands SL4
190	3:24.54	L	P	Nenekazi Taole	14	SWIFT EKU	05/12/2024 EGA Summer Championships
191	3:24.66	L S	F	Luca Alexander	14	MARL CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
192	3:24.81	L	F	Jhuliana Lamprecht	14	CA EKU	18/01/2025 EGA Summer 5
193	3:25.95	L	F	Shane Swarts	14	PSA ZLD	26/10/2024 Froggies Aquatics Championships 2024
194	3:26.17	L	F	April Allam	14	NWUC KKD	23/11/2024 NWS Age Group 3 + 4 2024
195	3:26.40	L	P	Ashleigh Goncalves	14	CA EKU	05/12/2024 EGA Summer Championships
196	3:26.73	L	P	Marubini Matumba	14	JAQ EKU	05/12/2024 EGA Summer Championships
197	3:27.50	L	F	Willow Hunter	14	BULS MAN	25/10/2024 Neptunes Gala

Individual Top Times

Times since: 01-May-24

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	Time	P/F/S	Name	Age/Yr			
198	3:27.63 L	F	Arike Juul	14	WELL CED	09/11/2024	Winelands SL4
199	3:28.42 L	F	Aliyah Lizen	14	AQUA UTD	11/01/2025	Uthukela District Age Group Gala
200	3:28.99 L	P	Kitana Govender	14	BEAV ETH	02/07/2024	Prestige Tournament 2024
201	3:29.33 L	P	Drishti Rawjee	14	MAKO EKU	05/12/2024	EGA Summer Championships
202	3:30.12 L	F	Luné Fouche	14	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
203	3:30.70 L	P	Aalia Naidoo	14	BEAV ETH	02/07/2024	Prestige Tournament 2024
204	3:31.85 L	P	Skyla Reddy	14	SWIFT EKU	05/12/2024	EGA Summer Championships
205	3:32.26 L	F	Elizma Jacobs	14	RBUR BPD	09/11/2024	NWS Age Group 1 & 2 2024
206	3:33.36 L	F	Jasmine Hirshovitz	14	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
207	3:33.73 L	F	Gerda Clarke	14	DESA NMA	31/01/2025	Infinity Gala 2025
208	3:33.90 L	F	Samantha Gwamure	14	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
209	3:34.16 L	F	Kara Barnard	14	TRALI MAN	25/10/2024	Neptunes Gala
210	3:34.55 L	F	Tamsyn Thomson	14	BULS MAN	02/11/2024	Heidedal
211	3:34.57 L	F	Paige Rich	14	RSA	04/10/2024	Curro AquaElite Gala
212	3:34.59 L	F	Annabel Janse Van Rensburg	14	RSA	04/10/2024	Curro AquaElite Gala
213	3:34.60 L	F	Boipelo Onyadile	14	BLSS MAN	19/10/2024	Pelicans Gala 2
214	3:35.85 L	F	Annika Engelbrecht	14	PAC TSH	13/09/2024	NTS September Age Group 2024
215	3:36.22 L	F	Leahtilia van Rensburg	14	VREDE TMD	15/11/2024	Valsrivier Gala 2024
216*	3:36.78 L	F	Alwande Hlatshwayo	14	USH KCD	26/10/2024	Froggies Aquatics Championships 2024
216*	3:36.78 L	F	Karla Lemmer	14	USH KCD	28/09/2024	KCDA Age Group 1 2024
218	3:36.99 L	F	Hannah Landsberg	14	SS MPD	29/11/2024	Limpopo Champs 2024
219	3:38.74 L	P	Oratilwe Mooko	14	PGAC EKU	05/12/2024	EGA Summer Championships
220	3:42.81 L	P	Melissa Beasley	14	H2O EKU	05/12/2024	EGA Summer Championships
221	3:43.09 L	F	Jayme Roebuck	14	CA EKU	26/10/2024	Summer 3 Delville
222	3:43.83 L	F	Lulu Salie	14	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
223	3:44.34 L	F	Abi Daniel	14	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
224	3:45.27 L	F	Janke Steenkamp	14	ROB EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
225	3:45.75 L	F	Nikkie Klink	14	JAQ EKU	26/10/2024	Summer 3 Delville
226	3:48.48 L	F	Lisa Getye	14	AQUA BUF	15/06/2024	PEA Winter Gala 2024
227	3:48.86 L	F	Thobeka Khumalo	14	JAQ EKU	26/10/2024	Summer 3 Delville
228	3:49.15 L	P	Oresiametse Sekonya	14	MATL KKD	07/12/2024	NWS Championships 2024
229	3:49.39 L	P	Emma Bartholomew	14	LEGC ETH	02/07/2024	Prestige Tournament 2024
230	3:51.40 L	F	Alexi Schuch	14	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
231	3:52.13 L S	F	Shiloh Pause	14	KHAY CPT	21/09/2024	CTA INVITATIONAL LC MEET
232	3:52.22 L	F	Mika Fourie	14	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024
233	3:52.96 L	F	Victoria Hofheld	14	CA EKU	26/10/2024	Summer 3 Delville
234	3:54.21 L	F	Lintle Ramone	14	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
235	3:56.89 L	F	Mpho Mwanza	14	ESP EKU	18/01/2025	EGA Summer 5
236	3:59.22 L	F	Anna Janse Van Rensburg	14	ROA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
237	4:01.39 L	F	Tina-Marie Nel	14	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
238	4:01.67 L	P	Thenysia Padmanathan	14	SOUL EKU	05/12/2024	EGA Summer Championships
239	4:02.66 L	P	Mamello Mabuza	14	ESP EKU	05/12/2024	EGA Summer Championships
240	4:14.84 L	F	Lelanie Marais	14	LAD UTD	02/11/2024	Uthukela District Age Group Gala
241	4:19.91 L	F	Tiana Ziervogel	14	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
242	4:20.07 L	F	Anika Le Roux	14	AASC EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
243	4:23.89 L	F	Lutendo Mphelo	14	BLSS MAN	27/09/2024	Seals Gala 2
244	5:03.65 L	F	Robyn Belcham	14	HURA CPT	09/11/2024	Swartland Prestige Gala 2024
245	5:40.45 L	F	Anuschka Swanepoel	14	ELRAS WBD	29/11/2024	Limpopo Champs 2024
Women 14-14 400 IM							
1	5:15.78 L	F	Caitlin Evans	14	TYGE CPT	09/11/2024	Winelands SL4
2	5:20.39 L	F	Kylie De Bruyn	14	TUKS TSH	13/12/2024	NMBA Championships 2024
3	5:32.10 L	F	Arabelle Grütter	14	ROA EDD	31/01/2025	Infinity Gala 2025
4	5:32.66 L	F	Zuria Venter	14	CA EKU	12/10/2024	EGA Summer 2
5	5:37.18 L	F	Cara Visser	14	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
6	5:38.80 L	F	Gemma Walters	14	DORE JHB	29/11/2024	CGA Championships 2024
7	5:44.94 L	F	Izibelle Van Der Wath	14	KNYA EDD	31/01/2025	Infinity Gala 2025
8	5:48.08 L	F	Zané Grobler	14	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
9	5:48.30 L	F	Caitlin Rossiter	14	HREF BPD	07/12/2024	NWS Championships 2024
10	5:49.91 L	F	Taylor Kassebaum	14	AA JHB	29/11/2024	CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
11	5:53.01 L	F	Mikalla Laubscher	14	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
12	5:56.97 L	F	Kayden O'connor	14	PEAS NMA	13/12/2024	NMBA Championships 2024
13	6:00.87 L	F	Noa Mansill	14	WSS LLD	15/11/2024	Valsrivier Gala 2024
14	6:03.68 L	F	Indigo Woodburn	14	MDOL JHB	15/11/2024	Summer 4 Delville
15	6:04.06 L	F	Kyla Schäfer	14	KNYA EDD	05/12/2024	Western Cape LC-A Championship 2024
16	6:04.90 L	F	Mila Fourie	14	MATL KKD	07/12/2024	NWS Championships 2024
17	6:07.12 L	F	Micah Marx	14	CA EKU	05/12/2024	EGA Summer Championships
18	6:10.13 L	F	Madison Smith	14	CA EKU	05/12/2024	EGA Summer Championships
19	6:19.34 L	F	Minette Swartz	14	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
20	6:20.37 L	F	Marlo Lensing	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
21	6:33.99 L	F	Ankia Avenant	14	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
22	7:07.68 L	F	Melinda Dippenaar	14	BS LLD	04/12/2024	Free State Champs 2024
23	7:28.29 L	F	Victoria Bulhakova	14	SWIFT EKU	12/10/2024	EGA Summer 2